

## The Pact Sampson Davis

In the vein of *The Glass Castle*, *Breaking Night* is the stunning memoir of a young woman who at age fifteen was living on the streets, and who eventually made it into Harvard. Liz Murray was born to loving but drug-addicted parents in the Bronx. In school she was taunted for her dirty clothing and lice-infested hair, eventually skipping so many classes that she was put into a girls' home. At age fifteen, Liz found herself on the streets. She learned to scrape by, foraging for food and riding subways all night to have a warm place to sleep. When Liz's mother died of AIDS, she decided to take control of her own destiny and go back to high school, often completing her assignments in the hallways and subway stations where she slept. Liz squeezed four years of high school into two, while homeless; won a New York Times scholarship; and made it into the Ivy League. *Breaking Night* is an unforgettable and beautifully written story of one young woman's indomitable spirit to survive and prevail, against all odds.

Presents information on creating problem-solving ventures, with advice on identifying a social issue, doing research, creating a business plan, soliciting support from friends and adults, planning an event, raising funds, and using social media for promotion.

Following on the heels of his bestselling collection of political reminiscences, former Canadian prime minister Jean Chrétien still has a few more stories to tell. With anecdotes and reflections both serious and light-hearted, *My Stories, My Times, Volume 2* is a unique window on our country from one of its greatest statesmen and patriots. With a career that spanned decades and an active retirement after that, it should come as no surprise that Jean Chrétien's illuminating, perceptive and often humorous stories could not be contained in just one book. This collection of essays features his trademark candour and ever-sharp political acumen, with plenty of wit to accompany the wisdom. With a delightful randomness, he remembers events and personalities that shaped our nation in a multitude of ways, and offers his views on international current events, including Canada-China relations, Brexit, and interprovincial dealings. Jean Chrétien's stories serve to remind us that there is more to unite than divide us as a country, and that we have institutions we can take enormous pride in and values we must strive to maintain and keep building upon. Above all, these stories illustrate Jean Chrétien's firm belief that we must never cease searching for common ground despite our differences.

A brilliant, heartbreaking novel from a Canadian icon that tackles the theme of debt, and what we owe each other, through three unforgettable characters. This is Richards' best and most complex work since his Giller-winning *Mercy Among the Children*, and a fitting companion to that novel. Howard, Evan and Ian are inseparable as boys--so much so that one night, abandoned in the forest by the careless adults around them, and raging against society and the uncaring gods others worship, they seal their undying brotherhood with a blood bond. But soon after, a horrific accident scars each of them in a different way, testing their bonds and leaving each with a debt to be paid. As adults, seeking to rise above debt and advance in life, each man decides upon a very different path--but over time, all three discover they are tied to each other in intricately tangled, sometimes violent, and surprising ways that none of them has been wise enough to foresee. In *Crimes Against My Brother*, literary legend David Adams Richards is at his finest, reprising some of his most complex and beloved characters (such as Sydney Henderson from *Mercy Among the Children*), introducing unforgettable new ones (such as the beautiful but fatally foolish Annette Brideau; and the wily, charming, money-hungry manipulator Lonnie Sullivan), and weaving a tale of such force, gravitas, complexity, universality, and compassionate understanding that he reaffirms his status as a master storyteller who has, book by book, used his rare genius to create an entire, teeming universe alongside a river in a small northern part of the world.

Three young friends on the rough streets of Newark, NJ, make a pact to become doctors ... And succeed.

Follows the experiences of the authors, three friends who grew up in impoverished families in Newark, New Jersey, and who supported one another in their dreams of becoming doctors in spite of tremendous disadvantages.

From actress Sanaa Lathan to Georgia State Supreme Court chief justice Leah Ward Sears, many African-American women attribute much of their success to having a positive father figure In *Daughters of Men*, author Rachel Vassel has compiled dozens of stunning photographs and compelling personal essays about African-American women and their fathers. Whether it's a father who mentors his daughter's artistic eye by taking her to cultural events or one who unwaveringly supports a risky career move, the fathers in this book each had his own unique and successful style of parenting. The first book to showcase the importance of the black father's impact on the accomplishments of his daughter, *Daughters of Men* provides an intimate look at black fatherhood and the many ways fathers have a lasting impact on their daughters' lives.

A national bestseller by Drs. Sampson Davis, George Jenkins, and Rameck Hunt with Lisa Frazier Page, is the true story of how three young men join forces to beat the odds and become doctors. They grew up on the streets of Newark, facing city life's temptations, pitfalls, even jail. But one day these three young men made a pact. They promised each other they would all become doctors, and stick it out together through the long, difficult journey to attain that dream. Sampson Davis, George Jenkins, and Rameck Hunt are not only friends to this day--they are all doctors. This is a story about the power of friendship. Of joining forces and beating the odds. A story about changing your life, and the lives of those you love most--together.

**NEW YORK TIMES BESTSELLER** • From the veteran political journalist and 60 Minutes correspondent, a deep dive into the history, evolution, and current state of the American presidency, and how we can make the job less impossible and more productive—featuring a new post-2020–election epilogue “This is a great gift to our sense of the actual presidency, a primer on leadership.”—Ken Burns Imagine you have just been elected president. You are now commander-in-chief, chief executive, chief diplomat, chief legislator, chief of party, chief voice of the people, first responder, chief priest, and world leader. You’re expected to fulfill your campaign promises, but you’re also expected to solve the urgent crises of the day. What’s on your to-do list? Where would you even start? What shocks aren’t you thinking about? The American presidency is in trouble. It has become overburdened, misunderstood, almost impossible to do. “The problems in the job unfolded before Donald Trump was elected, and the challenges of governing today will confront his successors,” writes John Dickerson. After all, the founders never intended for our system of checks and balances to have one superior Chief Magistrate, with Congress

demoted to “the little brother who can’t keep up.” In this eye-opening book, John Dickerson writes about presidents in history such as Washington, Lincoln, FDR, and Eisenhower, and in contemporary times, from LBJ and Reagan and Bush, Obama, and Trump, to show how a complex job has been done, and why we need to reevaluate how we view the presidency, how we choose our presidents, and what we expect from them once they are in office. Think of the presidential campaign as a job interview. Are we asking the right questions? Are we looking for good campaigners, or good presidents? Once a candidate gets the job, what can they do to thrive? Drawing on research and interviews with current and former White House staffers, Dickerson defines what the job of president actually entails, identifies the things that only the president can do, and analyzes how presidents in history have managed the burden. What qualities make for a good president? Who did it well? Why did Bill Clinton call the White House “the crown jewel in the American penal system”? The presidency is a job of surprises with high stakes, requiring vision, management skill, and an even temperament. Ultimately, in order to evaluate candidates properly for the job, we need to adjust our expectations, and be more realistic about the goals, the requirements, and the limitations of the office. As Dickerson writes, “Americans need their president to succeed, but the presidency is set up for failure. It doesn’t have to be.”

Television journalist Elliott Lewis weaves his memoirs as a black-and-white biracial American with the voices of dozens of multiracial people who are challenging how we think and speak about race today. "What are you?" This seemingly ordinary but politically charged question has become a touchstone for debate around race and ethnicity. Now, more than ever, mixed race Americans are calling themselves biracial and multiracial rather than feeling forced to choose only one race. Nearly seven million people checked more than one racial category in the 2000 US census, the first time in history Americans had the option to mark more than one box. With *Fade*, Lewis offers a comprehensive look at the multiracial state of the union. Here he speaks with dozens of individuals, tackling hot button issues such as the often complicated lives of multiracial people in communities of color, interracial dating, transracial adoption, and the birth of the multiracial movement. The author also shares his own moving — and often humorous — firsthand experiences with race, along with intimate stories from those at the forefront of nationwide efforts to formally recognize the multiracial population.

**NATIONAL BESTSELLER** A deeply personal account of love's restorative ability as it leads renowned novelist Donna Morrissey through mental illness, family death, and despair to becoming a writer--told with charm and inimitable humour. When Donna Morrissey left the only home she had ever known, an isolated Newfoundland settlement, at age 16, she was ready for adventure. She had grown up without television or telephones but had absorbed the tragic stories and comic yarns of her close-knit family and community. The death of her infant brother marked the family, and years later, Morrissey suffers devastating guilt about the accidental death of her teenage brother, whom she'd enticed to join her in the oilfields. Her misery was compounded by her own misdiagnosis of a terminal illness, all of which contributed to crippling anxiety and an actual diagnosis of PTSD. Many of those events and themes would eventually be transformed and recast as fictional gold in Morrissey's novels. In another writer's hands, Morrissey's account of her personal story could easily be a tragedy. Instead, she combines darkness and light, levity and sadness into her tale, as her indomitable spirit and humour sustain her. Morrissey's path takes her from the drudgery of being a grocery clerk (who occasionally enlivens her shift with recreational drugs) to western oilfields, to marriage and divorce and working in a fish-processing plant to support herself and her two young children. Throughout her struggles, she nourishes a love of learning and language. Morrissey layers her account of her life with stories of those who came before her, a breed rarely seen in the modern world. It centers around iron-willed women: mothers and daughters, wives, sisters, teachers and mentors who find the support, the wind for their wings, outside the bounds given to them by nature. And it is a mysterious older woman she meets in Halifax who eventually unleashes the writer that Morrissey is destined to become. An inspiring and insightful memoir, *Pluck* illustrates that even when you find yourself unravelling, you can find a way to spin the yarns that will save you--and delight readers everywhere.

What drove three young black men, each from America's most urban environments, to achieve their dreams of becoming doctors? The answer is in the *Pulse of Perseverance*. In 1998, Max Madhere, Pierre Johnson, and Joe Semien were three young, black, premedical students at Xavier University of Louisiana. Each was struggling with the demands of Xavier's rigorous curriculum, yet each was determined to succeed, even if the statistics, or the stereotypes about black men, said otherwise. By drawing on each other's determination and individual strengths, they forged a brotherhood and created a bond so strong that it would carry them through college, medical school, and well beyond. Now they've come together in *Pulse* to share their stories and encourage young people of color to pursue high-level careers. Max grew up in New York City and Washington D.C., Pierre in Chicago, and Joe in New Orleans. Underperforming schools, instability in the home, the trappings of street life, or simply being "expected" to fail could have derailed their aspirations, yet all three men refused to accept failure as an option. No obstacle was too great, no ambition too high. Today, Dr. Maxime Madhere, Dr. Pierre Johnson, and Dr. Joseph W. Semien Jr. are each board-certified physicians, as well as fathers and community mentors. Their message in *Pulse* is both simple and complex: no matter where you're from, no matter what "society" tells you, you can realize your dreams with hard work, determination, and God's guidance.

**NEW YORK TIMES BESTSELLER** • The “compassionate” (*People*), “startling” (*Baltimore Sun*), “moving” (*Chicago Tribune*) true story of two kids with the same name from the city: One went on to be a Rhodes Scholar, decorated combat veteran, White House Fellow, and business leader. The other is serving a life sentence in prison. In development as a feature film executive produced by Stephen Curry, who selected the book as his “Underrated” Book Club Pick with *Literati* The chilling truth is that his story could have been mine. The tragedy is that my story could have been his. In December 2000, the *Baltimore Sun* ran a small piece about Wes Moore, a local student who had just received a Rhodes Scholarship. The same paper also ran a series of articles about four young men who had allegedly killed a police officer in a spectacularly botched armed robbery. The

police were still hunting for two of the suspects who had gone on the lam, a pair of brothers. One was named Wes Moore. Wes just couldn't shake off the unsettling coincidence, or the inkling that the two shared much more than space in the same newspaper. After following the story of the robbery, the manhunt, and the trial to its conclusion, he wrote a letter to the other Wes, now a convicted murderer serving a life sentence without the possibility of parole. His letter tentatively asked the questions that had been haunting him: Who are you? How did this happen? That letter led to a correspondence and relationship that have lasted for several years. Over dozens of letters and prison visits, Wes discovered that the other Wes had had a life not unlike his own: Both had had difficult childhoods, both were fatherless; they'd hung out on similar corners with similar crews, and both had run into trouble with the police. At each stage of their young lives they had come across similar moments of decision, yet their choices would lead them to astonishingly different destinies. Told in alternating dramatic narratives that take readers from heart-wrenching losses to moments of surprising redemption, *The Other Wes Moore* tells the story of a generation of boys trying to find their way in a hostile world. BONUS: This edition contains a new afterword and a *The Other Wes Moore* discussion guide.

A personal memoir of the war in Vietnam, in which the author first served as a Marine and which he later covered as a reporter.

Three boys, who made a pact to stick together through the rough times in their impoverished Newark neighborhood, found the strength to work through their difficulties and complete high school, college, and medical school together.

Making a pact to stick together through the rough times in their impoverished Newark neighborhood, three boys found the strength and determination to work through their difficulties in order to complete high school, get through college, and attend medical school together. Sampson, George, and Rameck could easily have followed their childhood friends into drug dealing, gangs, and prison. When they met in high school, they recognized in each other the desire and ability to "beat the street." Along the way they made mistakes, faced disappointments, and nearly failed, but by working hard, finding positive role models, resisting negative influences, and supporting each other at every turn, they achieved their goals, and more. Today they call themselves the Three Doctors, and work in the same community where they grew up--where they run The Three Doctors Foundation, creating opportunities for inner-city communities through education, mentoring, and health awareness.--From publisher description.

A NEW YORK TIMES NOTABLE BOOK • The dramatic story of the Flint water crisis, by a relentless physician who stood up to power. "Stirring . . . [a] blueprint for all those who believe . . . that 'the world . . . should be full of people raising their voices.'"—The New York Times "Revealing, with the gripping intrigue of a Grisham thriller." —O: The Oprah Magazine Here is the inspiring story of how Dr. Mona Hanna-Attisha, alongside a team of researchers, parents, friends, and community leaders, discovered that the children of Flint, Michigan, were being exposed to lead in their tap water—and then battled her own government and a brutal backlash to expose that truth to the world. Paced like a scientific thriller, *What the Eyes Don't See* reveals how misguided austerity policies, broken democracy, and callous bureaucratic indifference placed an entire city at risk. And at the center of the story is Dr. Mona herself—an immigrant, doctor, scientist, and mother whose family's activist roots inspired her pursuit of justice. *What the Eyes Don't See* is a riveting account of a shameful disaster that became a tale of hope, the story of a city on the ropes that came together to fight for justice, self-determination, and the right to build a better world for their—and all of our—children. Praise for *What the Eyes Don't See* "It is one thing to point out a problem. It is another thing altogether to step up and work to fix it. Mona Hanna-Attisha is a true American hero."—Erin Brockovich "A clarion call to live a life of purpose."—The Washington Post "Gripping . . . entertaining . . . Her book has power precisely because she takes the events she recounts so personally. . . . Moral outrage present on every page."—The New York Times Book Review "Personal and emotional. . . She vividly describes the effects of lead poisoning on her young patients. . . . She is at her best when recounting the detective work she undertook after a tip-off about lead levels from a friend. . . . ?Flint will not be defined by this crisis,' vows Ms. Hanna-Attisha."—The Economist "Flint is a public health disaster. But it was Dr. Mona, this caring, tough pediatrician turned detective, who cracked the case."—Rachel Maddow

Three men from Newark share anecdotes from their childhoods, teen years, and young adult lives after they pledge in high school to stay safe from drugs, gangs, and crime, and work to become doctors. The text contains violence.

A lyric narrative by a Pulitzer Prize-winning former U.S. poet laureate, inspired by the life of a nineteenth-century virtuoso violinist, traces the early years of George Polgreen Bridgetower as a son of a white woman and an "African prince," his acclaim in Vienna, and his break with Beethoven after a dispute over a woman.

A finalist for the National Book Critics Circle Award, this memoir of one woman's later in life career change is "a smart, funny and compelling case for going after your heart's desires, no matter your age" (*Essence*). Following her retirement from Princeton University, celebrated historian Dr. Nell Irvin Painter surprised everyone in her life by returning to school—in her sixties—to earn a BFA and MFA in painting. In *Old in Art School*, she travels from her beloved Newark to the prestigious Rhode Island School of Design; finds meaning in the artists she loves, even as she comes to understand how they may be undervalued; and struggles with the unstable balance between the pursuit of art and the inevitable, sometimes painful demands of a life fully lived. How are women and artists seen and judged by their age, looks, and race? What does it mean when someone says, "You will never be an artist"? Who defines what an artist is and all that goes with such an identity, and how are these ideas tied to our shared conceptions of beauty, value, and difference? Bringing to bear incisive insights from two careers, Painter weaves a frank, funny, and often surprising tale of her move from academia to art in this "glorious achievement—bighearted and critical, insightful and entertaining. This book is a cup of courage for everyone who wants to change their lives" (Tayari Jones, author of *An American Marriage*).

Dr. Hunt presents his first medical book, *The NO GUESSWORK Diet*, based on his unique program that has helped hundreds of his patients lose weight and keep it off. Dr. Hunt's weight management center in Princeton, New Jersey is the only one of its kind in the area. Now, in this book, he shares all the guidance and information that is available in his clinic. With so many gimmicks out there about how to lose weight, many people are confused about what to do. This book takes the guesswork out of weight management, explaining the science simply and laying out the research that shows that this plan is the most effective approach for losing weight and not regaining it. How does the plan work? By taking into account the bodily processes that lead to

obesity and explaining what it takes to reverse those processes. Dr. Hunt has devised a unique system that teaches the reader to find their individualized carb number (#WhatsYourCarbNumber) that will allow them to predictably lose 1lb to 2lbs per week. His easy-to-follow, low-carb program leaves readers feeling full and satisfied, and includes an extensive follow-up plan for maintaining your weight. Through it all, Dr. Hunt takes the radical position that a person with obesity is not at fault and that losing weight and maintaining that loss is about more than just will power. In doing so, he takes away the blame and allows readers to focus on the science to help them get to a healthier, sustainable weight. In his three previous books Dr. Hunt worked to motivate readers and help them to see a different life for themselves. NGW is no different. It is written to inspire readers to desire a healthier lifestyle and begin doing the work to get there.

From the New York Times-bestselling authors of THE PACT Drs. Sampson Davis, George Jenkins, and Rameck Hunt discovered early in their friendship that they shared a disturbing trait: as children, they navigated dangerous inner-city life without a father's guidance. In spite of this, they escaped delinquency and crime to form the Pact, dedicated to putting themselves on the road to success. Now, the Three Doctors make a new promise: to set aside their resentment, and rebuild the relationships with their fathers—men they barely recognize. Told in alternating voices between father and son, *The Bond* explores the hard lessons of growing up without a father and suggests ways to stem the tide of fatherlessness in communities across the country. Honest, brave, and poignant, *The Bond* is a book for every child and every family.

"I'm sick of you punks," Micaela said. "And I'm warning you now. I'm going to get you for that murder!" In the title story, the Latino community in East L.A. suffers horrible gang-related violence. Children are killed in the crossfire and young people use and sell drugs. But the rape and murder of a 15-year-old girl is the last straw for Micaela Clemencia, a local teacher. With the help of other women in the neighborhood, Micaela keeps her promise to punish the murderer. And much to the dismay of the police and other city officials, the women take control of the barrio, their "little nation." While some characters face a violent world driven by greed, others long for a sense of belonging or a place to call their own. In "Mama Concha," a grandmother shares her ancient wisdom with her grandson, teaching him to appreciate the land and the fruits and vegetables she grows. In "The Gardens of Versailles," a home with beautiful gardens is a local favorite, until it stands in the way of "progress" that will benefit the entire community. And in "Prickles," an artist who is a grotesque oddity because of the thorny tumors that sprout all over his body develops a special, unusual relationship with the Virgin of Guadalupe. Alejandro Morales returns to his native Southern California community of Montebello in four of these five stories. Originally written in Spanish, this volume includes the first-ever English translation of these thought-provoking stories, in which Morales explores the Chicano community's marginalization and search for a space to call its own.

An urgent picture of medical care in our cities, written by an emergency room physician (and co-author of the New York Times bestseller *The Pact*) who grew up in the very neighborhood he is now serving "A pull-no-punches look at health care from a seldom-heard sector . . . Living and Dying isn't a sky-is-falling chronicle. It's a real, gutsy view of a city hospital."—*Essence* In this book, Dr. Sampson Davis looks at the healthcare crisis in the inner city from a rare perspective: as a doctor who works on the front line of emergency medical care in the community where he grew up, and as a member of that community who has faced the same challenges as the people he treats every day. He also offers invaluable practical advice for those living in such communities, where conditions like asthma, heart disease, stroke, obesity, and AIDS are disproportionately endemic. Dr. Davis's sister, a drug addict, died of AIDS; his brother is now paralyzed and confined to a wheelchair as a result of a bar fight; and he himself did time in juvenile detention—a wake-up call that changed his life. He recounts recognizing a young man who is brought to the E.R. with critical gunshot wounds as someone who was arrested with him when he was a teenager during a robbery gone bad; describes a patient whose case of sickle-cell anemia rouses an ethical dilemma; and explains the difficulty he has convincing his landlord and friend, an older woman, to go to the hospital for much-needed treatment. With empathy and hard-earned wisdom, *Living and Dying in Brick City* is an important resource guide for anyone at risk, anyone close to those at risk, and anyone who cares about the fate of our cities.

From the New York Times bestselling author of *The Good Lord Bird*, winner of the 2013 National Book Award for Fiction, and Deacon King Kong James McBride's powerful memoir, *The Color of Water*, was a groundbreaking literary phenomenon that transcended racial and religious boundaries, garnering unprecedented acclaim and topping bestseller lists for more than two years. Now McBride turns his extraordinary gift for storytelling to fiction—in a universal tale of courage and redemption inspired by a little-known historic event. In *Miracle at St. Anna*, toward the end of World War II, four Buffalo Soldiers from the Army's Negro 92nd Division find themselves separated from their unit and behind enemy lines. Risking their lives for a country in which they are treated with less respect than the enemy they are fighting, they discover humanity in the small Tuscan village of St. Anna di Stazzema—in the peasants who shelter them, in the unspoken affection of an orphaned child, in a newfound faith in fellow man. And even in the face of unspeakable tragedy, they—and we—learn to see the small miracles of life. This acclaimed novel is now a major motion picture directed by Spike Lee.

This unforgettable memoir, by one of our most gifted writers, introduces us to the young Toby Wolff, by turns tough and vulnerable, crafty and bumbling, and ultimately winning. Separated by divorce from his father and brother, Toby and his mother are constantly on the move, yet they develop an extraordinarily close, almost telepathic relationship. As Toby fights for identity and self-respect against the unrelenting hostility of a new stepfather, his experiences are at once poignant and comical, and Wolff does a masterful job of re-creating the frustrations and cruelties of adolescence. His various schemes - running away to Alaska, forging checks, and stealing cars - lead eventually to an act of outrageous self-invention that releases him into a new world of possibility.

Everyone has difficult moments in life. But everyone also has the ability to overcome hardships—and to not only survive but thrive. Discover how to realize your own potential with "one of the most inspiring and motivating books of our time" (Wes Moore, New York Times bestselling author). In the face of impossible odds—maybe the devastating consequences of a personal loss, the pain of a collapsed career, the struggle against a powerful disease, or a destructive and toxic relationship—how do you keep going? We may wonder if we have the strength to survive this ordeal before us. Dr. Sampson Davis and Sharlee Jeter want to prove that we do. No strangers to adversity themselves, Dr. Sampson Davis and Sharlee Jeter created *The Stuff Movement* by interviewing dozens of survivors to discover how they triumphed over their challenges. These inspirational interviews reveal eleven core elements—founded on attributes we all possess—that empower us to not only survive through hardship, but also thrive. You already have the Stuff. Now learn to use it. "Sampson and Sharlee's message of the power of positivity, hard work, and resilience is one that we need to hear right now" (Chris Gardner, #1 New York Times bestselling author) and you can join the conversation at [TheStuffMovement.com](http://TheStuffMovement.com). Featuring stories from John O'Leary (*On Fire*), Mercy Alexander, Rich Ruffalo, Mindee Hardin, Glenn and Cara O'Neill, Sean Swarner, Traci Micheline, Wess Stafford (*Too Small to Ignore*), Austin Hatch, Debra Peppers, Christine Magnus Moore, Martha Hawkins, Ali Stroker (*Glee*), Susan Scott Krabacher, Deval Patrick, and more. Sylvia is shocked and confused when she is asked to be one of the first black students to attend Central High School, which is scheduled to be integrated in the fall of 1957, whether people like it or not.

Before Sylvia makes her final decision, smoldering racial tension in the town ignites into flame. When the smoke clears, she sees clearly that nothing is going to stop the change from coming. It is up to her generation to make it happen, in as many different ways as there are colors in the world.

For everyone who has ever yearned for a better life and a better world, Craig and Marc Kielburger share a blueprint for personal and social change that has the power to transform lives, one act at a time. Through inspirational contributions from people from all walks of life, the Kielburgers reveal that a more fulfilling path is ours for the taking when we find the courage to reach out. Me To We is an approach to life that leads us to recognize what is truly valuable, make new decisions about the way we want to live, and re-define the goals we set for ourselves and the legacy we want to leave. Written by individuals who have followed the Me To We philosophy, including Oprah Winfrey, Richard Gere, Queen Noor, and Archbishop Desmond Tutu. Above all, it creates new ways of measuring happiness, meaning, and success in our lives, and makes sure these elusive goals are attainable at last. Best of all, Me to We is relevant to all readers including parents, young people, seniors and business leaders providing practical ways on how to incorporate this philosophy into your lives. Be inspired and share the feeling with your neighbours, friends and family. Your life will never be the same!

The inspiring, instructive, and ultimately triumphant memoir of a man who used hard work and a Master Plan to turn a life sentence into a second chance. Growing up in a tough Washington, D.C., neighborhood, Chris Wilson was so afraid for his life he wouldn't leave the house without a gun. One night, defending himself, he killed a man. At eighteen, he was sentenced to life in prison with no hope of parole. But what should have been the end of his story became the beginning. Deciding to make something of his life, Chris embarked on a journey of self-improvement--reading, working out, learning languages, even starting a business. He wrote his Master Plan: a list of all he expected to accomplish or acquire. He worked his plan every day for years, and in his mid-thirties he did the impossible: he convinced a judge to reduce his sentence and became a free man. Today Chris is a successful social entrepreneur who employs returning citizens; a mentor; and a public speaker. He is the embodiment of second chances, and this is his unforgettable story.

ALA Best Fiction for Young Adults \* New York Public Library Books for the Teen Age A riveting, scorching—and hilarious—autobiography by the award-winning author of *Staying Fat for Sarah Byrnes* and *Deadline*. From trying to impress a member of the girls' softball team (with disastrous dental results) to enduring the humiliation of his high school athletic club initiation (olives and oysters play unforgettable roles), Chris Crutcher's memoir of the tricky road to adulthood is candid, disarming, laugh-out-loud funny, relevant, and never less than riveting. He vividly describes a temper that was always waiting to trip him up even as it sustained him through some of the most memorable mishaps any child has survived. And how did this guy (he lifted his brother's homework through the entire tenth grade) ever become a writer, not to mention the author of fourteen critically acclaimed books for young people? The frontier may be mild, but the book is not. Fans of Tara Westover's *Educated*, Jack Gantos's *Hole in My Life*, and Walter Dean Myers's *Bad Boy* will laugh, will cry, and will remember. "Funny, bittersweet and brutally honest. Readers will clasp this hard-to-put-down book to their hearts even as they laugh sympathetically."—Publishers Weekly (starred review)

The unusual and often stunning world of tramp art is revealed in an illustrated introduction to this unique art form, which was mostly created by itinerant artists and often exchanged for food during the Depression.

Style icon India Hicks's charming take on entertaining, featuring dreamy tablescapes, found centerpieces, and enjoyable family anecdotes. Daughter of the late David Hicks and goddaughter to Prince Charles, India Hicks is known for her irreverent take on style. In her previous books, she invited readers into her homes on Harbour Island and in England. For her third book, India presents her own slightly madcap spin on entertaining. Organized by meal, the book begins marvelously with the most important meal of the day--cocktail hour--and ends with breakfast. In between, there are family suppers and big dinners, birthday cakes and Christmas crackers, great British breakfasts, quick teas and long lunches, mustard pots as vases, and bedcovers for tablecloths. Like India, these stories are full of personality, from the Panic Dinner (or what to do when you suddenly have a crowd descending) to the Naked Cake (cake decorating for the harried or untalented) to a White Christmas in the Bahamas. Each celebration includes clever advice and inspiration for place settings, homemade flower arrangements, table design, and more. These are parties that make use of what is on hand, whether it's beach towels thrown down a long table, children's candy piled in cups on a tray, or massing palm fronds collected from the lawn. Beautifully photographed and embellished here and there with a bit of Hicks family lore, the book is rounded out with a sprinkling of recipes from India's beloved cook, Claire Williams, fondly known as Top Banana, and other family members, from traditional English fare such as Victoria Sponge to tropical treats such as the Marquess's Banana Daiquiri.

Visitors to the Blalock Building at the Johns Hopkins University Medical Center are greeted by portraits of two great men. One, of renowned heart surgeon Alfred Blalock, speaks for itself. The other, of highschool graduate Vivien Thomas, is testimony to the incredible genius and determination of the first black man to hold a professional position at one of America's premier medical institutions. Thomas's dreams of attending medical school were dashed when the Depression hit. After spending some time as a carpenter's apprentice, Thomas took what he expected to be a temporary job as a technician in Blalock's lab. The two men soon became partners and together invented the field of cardiac surgery. *Partners of the Heart* is Thomas's extraordinary autobiography. Trained in laboratory techniques by Alfred Blalock and Joseph W. Beard, Thomas remained Blalock's principal technician and laboratory chief for the rest of Blalock's distinguished career. Thomas very rapidly learned to perform surgery, to do chemical determinations, and to carry out physiologic studies. He became a phenomenal technician and was able to carry out complicated experimental cardiac operations totally unassisted and to devise new ones. In addition to telling Thomas's life story, *Partners of the Heart* traces the beginnings of modern cardiac surgery, crucial investigations into the nature of shock, and Blalock's methods of training surgeons.

NEW YORK TIMES BESTSELLER • The heart-wrenching, uplifting tale about a woman named Cupcake “[Cupcake] Brown’s confessional . . . memoir is one you can’t easily put down. Her life is nothing short of a miracle.”—Chicago Sun-Times There are shelves of memoirs about overcoming the death of a parent, childhood abuse, rape, drug addiction, miscarriage, alcoholism, hustling, gangbanging, near-death injuries, drug dealing, prostitution, and homelessness. Cupcake Brown survived all these things before she'd even turned twenty. And that's when things got interesting. . . Orphaned by the death of her mother and left in the hands of a sadistic foster parent, young Cupcake Brown learned to survive by turning tricks, downing hard liquor, and ingesting every drug she could find while hitchhiking up and down the California coast. She stumbled into gangbanging, drug dealing, hustling, prostitution, theft, and, eventually, the best scam of all: a series of 9-to-5 jobs. *A Piece of Cake* is unlike any memoir you'll ever read. Moving in its frankness, this is the most satisfying, startlingly funny, and genuinely affecting tour through hell you'll ever take. Praise for *A Piece of Cake* “[Brown] reflects now with insight and honesty on her experiences. . . . An engaging account . . . of a remarkable life filled with pain and wisdom, hope and redemption.”—San Francisco Chronicle “Dazzles you with the amazing change that is possible in one lifetime.”—Washington Post

The #1 New York Times bestseller, now revised and updated, filled with tools and advice that can take you from a place of financial fear to a place of financial security. WHAT WILL YOU LEARN IN THE MONEY CLASS? How to find the courage to stand in your truth and why it is a place of power. What daily actions will restore the word “hope” to your vocabulary. Everything you need to know about taking care of your family, your home, your career, and planning for retirement—no matter where you are in your life or where the economy is heading. In nine electrifying, empowering classes, Suze Orman teaches us how to navigate these unprecedented financial times. With her trademark directness, she shows us how to tackle the complicated mix of money and family, how to avoid making costly mistakes in real estate, and how to get traction in your career or rebuild after a professional setback. And in what is the most comprehensive retirement resource available today, Suze presents an attainable strategy, for every reader, at every age. In The Money Class you will learn what you need to know in order to feel hopeful, once again, about your future.

A NEW YORK TIMES BESTSELLER A remarkable story about the power of friendship. Chosen by Essence to be among the forty most influential African Americans, the three doctors grew up in the streets of Newark, facing city life’s temptations, pitfalls, even jail. But one day these three young men made a pact. They promised each other they would all become doctors, and stick it out together through the long, difficult journey to attaining that dream. Sampson Davis, George Jenkins, and Rameck Hunt are not only friends to this day—they are all doctors. This is a story about joining forces and beating the odds. A story about changing your life, and the lives of those you love most... together.

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