

## The Red And Green Life Machine

+ FREE SIRT FOOD Healthy Eating Recipe PDF Book The beauty and personal care business is HUGE. We are set (or set ourselves) ever higher standards and expectations, and we use a LOT of cosmetics and products to try and achieve those aims, at a huge cost to our health, our pocket and the environment. We need to green up our act when it comes to the products we use. DID YOU KNOW: The products you are using to make yourself clean and beautiful contain toxic chemicals that can have an adverse impact on your health and the environment? THIS BOOK WILL HELP YOU: Avoid those nasty chemicals by identifying the ingredients in the product labels EMPOWER YOU: To make good, green, safe choices SHARE WITH YOU: Twenty Five SIMPLE, CHEAP and EASY natural beauty recipes (and tips) that you can make at home using readily available ingredients MAKE YOU: Think about what you put ON and IN your body. Beauty does in fact come from within! We all want to look our best but, but are we dying to be beautiful? This book will show you the way to a naturally beautiful you without compromising your health or our planet. BUY your Copy Now For more than a century, Mars has been at the center of debates about humanity's place in the cosmos. Focusing on perceptions of the red planet in

scientific works and science fiction, *Dying Planet* analyzes the ways Mars has served as a screen onto which humankind has projected both its hopes for the future and its fears of ecological devastation on Earth. Robert Markley draws on planetary astronomy, the history and cultural study of science, science fiction, literary and cultural criticism, ecology, and astrobiology to offer a cross-disciplinary investigation of the cultural and scientific dynamics that have kept Mars on front pages since the 1800s. Markley interweaves chapters on science and science fiction, enabling him to illuminate each arena and to explore the ways their concerns overlap and influence one another. He tracks all the major scientific developments, from observations through primitive telescopes in the seventeenth century to data returned by the rovers that landed on Mars in 2004. Markley describes how major science fiction writers—H. G. Wells, Kim Stanley Robinson, Philip K. Dick, Edgar Rice Burroughs, Ray Bradbury, Robert Heinlein, and Judith Merril—responded to new theories and new controversies. He also considers representations of Mars in film, on the radio, and in the popular press. In its comprehensive study of both science and science fiction, *Dying Planet* reveals how changing conceptions of Mars have had crucial consequences for understanding ecology on Earth. *What's Your Green Goldfish* is based on the simple premise that employees are the key drivers of

customer experience and that "Happy Employees Create Happy Customers." The book focuses on 15 different ways to drive employee engagement and reinforce a strong corporate culture. It's the second book in the goldfish trilogy. The first book was an Amazon Best Seller entitled, What's Your Purple Goldfish. Purple focused on customers, whereby Green focuses on employees. Both books are based on a revolutionary new approach called marketing g.l.u.e. (marketing by giving little unexpected extras). The book is based on the findings of the Green Goldfish Project, an effort which crowd sourced 1,001 examples of signature added value for employees. Key themes emerged from the Project. The book is filled with over 200 examples. PRAISE FOR WHAT'S YOUR GREEN GOLDFISH "Stan is the sherpa that guides executives along the journey between the heart and mind of business stakeholders. Stakeholders aren't always customers though. At a time when company vision and culture matters more than ever, it takes inspired and engaged employees to bring them to life." - Brian Solis, author of What's the Future of Business #WTF, The End of Business as Usual and Engage "So often overlooked, and so very vital to building company value... empowering employees to support each other and the brand. Stan Phelps 'gets' it and Green Goldfish will walk you step-by-step though achieving this critical goal." - Ted Rubin, author of

Return on Relationship "Great customer centric organizations only exist because of engaged and empowered employees. The Green Goldfish is packed with awesome examples of what world class companies are doing today to inspire and reward their employees. If you see value in truly building an "A Team," Green Goldfish will be, without question, your single best reference." - Chris Zane, Founder and President of Zane's Cycles, author of Reinventing the Wheel, the Science of Creating Lifetime Customers "Stan Phelps takes customer service to a whole new level by focusing on EMPLOYEE service, and how to do well by your employees - so they take care of your customers. Packed with stories, insights and R.U.L.E.S. any company can follow, this book is a must-read for managers of companies of all shapes and sizes who know that employees don't leave jobs - they leave managers, especially when they don't feel your love and appreciation. Pick this up, and start engaging your team and making more GREEN - Phil Gerbyshak, author of The Naked Truth of Social Media "Our large-scale research shows unequivocally that engaged employees are more likely to work longer, try harder, make more suggestions for improvement, recruit others to join their company, and go out of their way to help customers. They even take less sick time. Companies can tap into the enormous value of

engaged employees by following the 15 ideas that Stan lays out in this book." - Bruce Temkin, author of The Six Laws of Customer Experience "Too often, the actual employment experience delivered on the job does not measure up to the version sold to job candidates during the interview process. In What's Your Green Goldfish, Stan Phelps offers 15 ways to close the gap." - Steve Curtin, author of Delight Your Customers: 7 Simple Ways to Raise Your Customer Service from Ordinary to Extraordinary (AMACOM, June 2013) "In What's Your Green Goldfish, Stan Phelps brilliantly applies the idea of 'doing a little something extra' for employees. You know, those people that actually get the work done and keep customers happy. Read it, put some of the ideas to work, and soon you'll be reaping more 'green' from your customers." - Bob Thompson, Founder and CEO, CustomerThink Corp.

Daniel Nash struggles to reconcile his feelings of betrayal with his desire to understand his life. His hopes of uncovering the secrets revealed in his father's journals are quickly dashed, and he works with a private investigator to discover the truth. Worry about his wife, Sarah, combines with his efforts to cope with his childhood trauma, an unexpected death, and the recent revelations. His obsession with the past threatens to destroy his stable life. Meanwhile, Sarah and her father, Tristan, continue to combat the lingering discord that

developed between them years before but refuse to take their main focus from Daniel. As he reviews his biological father's efforts to be a good man, Daniel searches for a way to comprehend shocking disclosures. He questions his own goodness as he fights not to emotionally withdraw from those around him, especially the two people he knows will always love him, Sarah and Tristan.

Reproduction of the original: William Sharp by Elizabeth A. Sharp

In less than a month in 1960 two murders traumatize the sleepy village of Adams Creek in Northcentral Indiana. Over the three years leading up to the murders, young Kurt Baumann's world had been rocked by the loss of his dad, his best friend, and his precious dog, leading him to doubt the existence of God. A year after losing his father, a retired Pullman Porter, and a founder of the Brotherhood of Sleeping Car Porters, Dutch Clemons, moved into a small shack across the river from the small Baumann farm. Change colored the air. Kurt now had a new friend, a father figure, and a self-educated historian, who disrupted and enlivened Kurt's segregated life with tales around the supper table, and while lolling the day away bass fishing down the riverbank. Sharing the farm with his mom and big brother, the family forged ahead on hard work, meager income, and the mother's faith. *Blackberries Are Red When Green* is a story about coming-of-age, the slow arc of racial

change, and a place time has forgotten.

**NALI** By Esther Henry In an era of darkness, mystery, tropical jungles and cannibalism, Nali tries to buck the ancient traditions, only to find herself deeply entrenched in them. As a young girl full of dreams, she is given to a tribal elder in marriage and quickly learns that her girlhood dreams could be shattered overnight. The rain forest held a secret refuge that only Nali knew, where she took her dreams and her delusions. Will she be forced to succumb to a subservient role the rest of her life, or can she overcome the hopelessness that comes with isolation, ignorance and tradition? Deep in the heart of New Guinea lies the village of Mendoka, beautifully camouflaged from the rest of the world. Although the village has yet to be discovered, the outside world would soon have an influence on their lives. An interruption to their peaceful simplicity would both terrify them and cause them to search for answers. Readers will be able to follow the lives of those who lived in a much simpler time and become immersed in the culture that controlled their everyday existence.

This new reading of a unique Egyptian spell illuminates Egypt's Graeco-Roman Period. The author considers such linguistic features as taboo, the efficacy of magical words and names, and the role of stars and fate in the slaughter of divine enemies as portrayed in the text.

God can't find three spaceships...He hasn't been paying attention!!! conventional unconventionality of post-modern novels. literary agent totalising explanations for the way the world is. theatre programme disrupts all the conventional circuits printed in our minds. old friend of the author

With millions of followers nationwide, award-winning nutrition expert Ann Louise Gittleman has revolutionized dieting, helping people melt away fat through detoxifying one's body. Fat Flushing nourishes glowing skin, reduces the appearance of cellulite, increases energy levels, and improves overall wellness. It's no wonder Fat Flushing has become synonymous with looking and feeling younger. Now she reveals the brand new secrets of Fat Flush for Life: a seasonal approach to burn stubborn body fat all year long! Fat Flush for Life integrates groundbreaking new Fat Flush diets with corresponding fitness and wellness programs. Dr. Gittleman not only explains how to detoxify the liver and lymphatic system to get rid of bloat, belly fat, and cellulite, but also how to optimize weight loss through GI-enhancing beneficial bacteria (probiotics), balancing thyroid function, and taking advantage of your body's natural response to the seasons to keep you thin and healthy for life. "The influence of the seasons on the delicate balance of your body is one of the most vital but overlooked aspects of total health," says Dr. Gittleman. Based on cutting-edge science, you'll find year-round healing strategies, including:

- Winter Fat Flush: Jumpstart your metabolism and protect your immunity
- Spring Fat Flush: Nourish the body while releasing liver toxins
- Summer Fat Flush: Accelerate your detox to burn fat faster
- Autumn Fat Flush: Go vegetarian for optimum cleansing
- The 5 Day Hot Metabolism Booster: A fail-safe plateau-buster to take weight loss to the next level

Fat Flush for Life also includes more than 75 brand new delicious recipes and menu plans for everyday eating and holiday celebrations. Uniquely effective,

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Fat Flush for Life offers an enjoyable and nutritionally-sound method to keep the pounds off permanently.

Ceres had never met anyone like Liam before. It wasn't his looks or anything physical that made him different, but was something that was impossible to see and even harder to describe. It was the way that he made her feel. As if a world filled with the reanimated dead wasn't enough, a new, even more insidious threat has now reared its ugly head. They tore her away from him and made her fight for her life. Cornered and hopelessly outnumbered she was about to succumb when an unexpected ally intervened to save her life. Ceres has now joined the resistance, literally under ground – a covert alliance known as CATO – between humans and an alien race known as the Gray. But after decades of mistrust and misinformation the alliance is on the brink of collapse. As her world becomes stranger and uncomfortably complex she focuses on a live overhead satellite image of Liam – her beacon of hope, harmony and sanity in an inhuman and insane world. Time is running out for the survival of the human race and the odds are stacked heavily against the unstable alliance known as CATO. Can Ceres find a way to make a difference before it's too late? *STILL ALIVE* is a genre-crossing thrill ride which takes the reader from narrowly surviving a zombie outbreak to learning that the plague is just the pre-cursor to something even larger and much more sinister. Just when solo running and gunning seems like the epitome of surviving a running-zombie infested world *STILL ALIVE* leads us to the cusp of hard science fiction, reinventing the zombie 'virus' while at the same time upgrading it to seeming plausibility.

When orphaned elfin child Varuthir discovers that she is the last survivor of her house and destined to destroy the hundred kingdoms, she makes many sacrifices on her way to becoming the powerful Queen Vielissiar Farcarinon.

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Everyone knows they need to eat more fruits and vegetables, but consuming even the minimum FDA-recommended five servings a day can be challenging. In *Green for Life*, raw foods pioneer Victoria Boutenko presents an overlooked powerhouse of nutrition in this equation: greens. For their bounty of minerals and nutrients, greens exceed other vegetables in value. *Green for Life* details the immense health benefits of greens and suggests an easy way to consume them in sufficient quantities: the green smoothie. This quick, simple drink benefits everyone, regardless of lifestyle, diet, or environment. Green smoothies eliminate toxins, correct nutritional deficiencies, and are delicious as well. *Green for Life* includes the latest information on the abundance of protein in greens, the benefits of fiber, the role of greens in homeostasis, the significance of stomach acid, how greens make the body more alkaline, the healing power of chlorophyll, and more. Also included are the results of a pilot study demonstrating the effectiveness of adding just one quart of green smoothies a day to one's diet, without changing anything else in dietary intake. Green smoothie testimonials and recipes give readers confidence and motivation in exploring green smoothies for themselves. This updated edition offers important new research on the role that omega-3 and omega-6 fatty acids play in metabolic health and includes nutritional data on select green smoothies and updated findings on organic versus conventional produce. Offering more in-depth nutritional and experiential information than Boutenko's recently released *Green Smoothie Revolution*, *Green for Life* makes an ideal companion piece to its recipe-rich successor. From the Trade Paperback edition. An Irish family becomes involved in events leading up to the Easter Rebellion.

Finalist for the Pulitzer Prize and the National Book Critics Circle Award in Biography • "One of the most beautiful

biographies I've ever read." —Glennon Doyle, author of #1 New York Times Bestseller, *Untamed* The highly anticipated biography of Sylvia Plath that focuses on her remarkable literary and intellectual achievements, while restoring the woman behind the long-held myths about her life and art. With a wealth of never-before-accessed materials, Heather Clark brings to life the brilliant Sylvia Plath, who had precocious poetic ambition and was an accomplished published writer—even before she became a star at Smith College. Refusing to read Plath's work as if her every act was a harbinger of her tragic fate, Clark considers the sociopolitical context as she thoroughly explores Plath's world: her early relationships and determination not to become a conventional woman and wife; her troubles with an unenlightened mental health industry; her Cambridge years and thunderclap meeting with Ted Hughes; and much more. Clark's clear-eyed portraits of Hughes, his lover Assia Wevill, and other demonized players in the arena of Plath's suicide promote a deeper understanding of her final days. Along with illuminating readings of the poems themselves, Clark's meticulous, compassionate research brings us closer than ever to the spirited woman and visionary artist who blazed a trail that still lights the way for women poets the world over. All fiction is character-driven, according to William Bernhardt, despite what you might have heard elsewhere. If your characters don't interest readers, even the most exciting plots will fail. "Action is character," Aristotle wrote, but what does that mean, and how can you use that fundamental principle to create dynamic fiction that will captivate readers? This book explains the relationship between character and plot, and how the perfect melding of the two produces a mesmerizing story. Using examples spanning from *The Odyssey* to *The Da Vinci Code*, Bernhardt discusses the art of character creation in a direct and easily comprehended manner. The book also

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includes exercises designed to help writers apply these ideas to their own work. William Bernhardt is the author of more than thirty novels, including the blockbuster Ben Kincaid series of legal thrillers. Bernhardt is also one of the most sought-after writing instructors in the nation. His programs have educated many authors now published by major houses. He is the only person to have received the Southern Writers Gold Medal Award, the Royden B. Davis Distinguished Author Award (U Penn) and the H. Louise Cobb Distinguished Author Award (OSU), which is given "in recognition of an outstanding body of work that has profoundly influenced the way in which we understand ourselves and American society at large." The Red Sneaker Writing Center is dedicated to helping writers achieve their literary goals. What is a red sneaker writer? A committed writer seeking useful instruction and guidance rather than obfuscation and attitude. Red sneakers get the job done, and so do red sneaker writers, by paying close attention to their art and craft, committing to hard work, and never quitting. Are you a red sneaker writer? If so, this book is for you.

Environmental studies is a multidisciplinary subject that integrates the study of environment with social studies and sciences. The present series In Search of Green Life aims to develop an understanding of one's surroundings along with respect for local, national and global environment. We feel it is important for children to be aware and sensitive to contrasting opportunities and constraints under which people live. The focus has been on developing independent thinking through a number of activities, Project Work has been provided in each unit to inculcate collaborative learning and communication skills among students. The book is interactive in nature as it provides for a lot of Fun Facts, Learning by Doing and ideas for discussion.

Childhood obesity has reached epidemic proportions: More

than 18 million American children are considered obese and are at risk for health problems. In fact, today's generation of kids may be the first to experience shorter life spans than their parents. Leading pediatrician Dr. Joanna Dolgoff's Red Light, Green Light, Eat Right teaches kids how to make healthy choices based on the principles of the traffic light: green light foods are nutritious, yellow light foods are eaten in moderation, and red light foods are occasional treats. The program, which has a proven 96 percent success rate, can be tailored to suit any child's age, gender, and weight goals. Snacks and meals are designed to ensure that kids get the nutrients they need to not only lose or maintain weight, but to grow strong, healthy bodies. Complete with sample menus, recipes, and an index of more than 1,000 color-coded foods, Red Light, Green Light, Eat Right provides a practical solution for one of the biggest health crises facing America's children.

While many books have been written on the Falklands War, this is the first to focus on the vital aspect of logistics. The challenges were huge; the lack of preparation time; the urgency; the huge distances involved; the need to requisition ships from trade to name but four.??After a brief discussion of events leading to Argentina's invasion the book describes in detail the rush to re-organise and deploy forces, despatch a large task force, the innovative solutions needed to sustain the Task Force, the vital staging base at Ascension Island, the in-theatre resupply, the set-backs and finally the restoring of order after victory.??Had the logistics plan failed, victory would have been impossible and humiliation inevitable, with no food for the troops, no ammunition for the guns, no medical support for casualties etc.??The lessons learnt have never been more important with increasing numbers of out-of-area operations required in remote trouble spots at short notice. The Falklands experience is crucial for the education of new generations of military planners and fascinating for

military buffs and this book fills an important gap.

This book explores how military memoirs come to be written and published. Looking at the journeys through which soldiers and other military personnel become writers, the authors draw on over 250 military memoirs published since 1980 about service with the British armed forces, and on interviews with published military memoirists who talk in detail about the writing and production of their books. A range of themes are explored including: the nature of the military memoir; motivations for writing; authors' reflections on their readerships; inclusions and exclusions within the text; the memories and materials that authors draw on; the collaborations that make the production and publication of military memoirs possible; and the issues around the design of military memoirs' distinctive covers. Written by two leading commentators on the sociology of the military, *Bringing War to Book* offers a new and original argument about the representations of war and the military experience as a process of social production. The book will be of interest to students and scholars across a range of disciplines including sociology, history, and cultural studies.

Upton Sinclair, one of America's foremost and most prolific authors, addresses the cultivation of the mind and the body in this 1922 volume. Sinclair's goal was to attempt to tell the reader how to live, how to find health, happiness and success, and how to develop fully both the mind and the body. Part One: *The Book of the Mind* covers such subjects as faith, reason, morality, and the subconscious. Part Two: *The Book of the Body* develops such subjects as errors in diet, the fasting cure, food and poisons, work and play, and diseases and their cures .

A green lion. A red light. And one very unusual day. As a green lion waits for a green traffic light, some surprises appear, such as lightning, a lilac, library books and lima

beans. Or rather, “li-ghtning,” “li-lac,” “li-brary books,” and “li-ma beans” because each spread ends with “Red light, green li-,” and the reader must turn the page to see the whole word — and what’s happened. Through it all, the lion calmly and helpfully deals with whatever shows up, and philosophically muses about the way life can be. “Some days are not like most days,” the lion explains. But as all children know: those days are usually the most fun!

Rick Jolly was the Senior Medical Officer in the Falklands, setting up and running the field hospital at Ajax Bay, where he and his Royal Marine and Parachute Regiment medical teams treated a total of 580 casualties, of which only 3 died of wounds. The building itself was a derelict meat-packing factory, hastily converted to treat incoming wounded – both British and Argentine – even though two unexploded bombs lay at the back of the building. Rick’s diary of the campaign and its aftermath is a fast-paced and gripping account of war experience that covers the entire conflict from initial preparations and passage to the South Atlantic on the requisitioned liner Canberra to daily action reports, and observations and interaction with the key players of the conflict – Col. H. Jones, Brian Hanrahan, Julian Thompson and Max Hastings. Incredible human stories abound, as Rick, a trained commando, dangles from the rescue winch of a Sea King helicopter, saving lives on a daily basis. Yet he also confronts death in a thoughtful, reflective and considered way, helping others to deal with the trauma of war. Now revised and brought fully up to date, this book is a unique first-hand narrative of a conflict that inspired individual and collective heroism among British armed forces, inspiring great pride in ‘our boys’ by the public back at home, but which also provoked – and continues to provoke – fierce debate.

**#1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired millions of readers through**

the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN

"McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of *The Subtle Art of Not Giving a F\*ck* I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights." So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seens, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more

greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck.

What an achievement! It is a major work. The letters taken together with the excellent introductory sections - so balanced and judicious and informative - what emerges is an amazing picture of William Sharp the man and the writer which explores just how fascinating a figure he is. Clearly a major reassessment is due and this book could make it happen. ? —Andrew Hook, Emeritus Bradley Professor of English and American Literature, Glasgow University

William Sharp (1855-1905) conducted one of the most audacious literary deceptions of his or any time. Sharp was a Scottish poet, novelist, biographer and editor who in 1893 began to write critically and commercially successful books under the name Fiona Macleod. This was far more than just a pseudonym: he corresponded as Macleod, enlisting his sister to provide the handwriting and address, and for more than a decade "Fiona Macleod" duped not only the general public but such literary luminaries as William Butler Yeats and, in America, E. C. Stedman. Sharp wrote "I feel another self within me now more than ever; it is as if I were possessed by a spirit who must speak out". This three-volume collection brings together Sharp's own correspondence – a fascinating trove in its own right, by a Victorian man of letters who was on intimate terms with writers including Dante

Gabriel Rossetti, Walter Pater, and George Meredith – and the Fiona Macleod letters, which bring to life Sharp's intriguing "second self". With an introduction and detailed notes by William F. Halloran, this richly rewarding collection offers a wonderful insight into the literary landscape of the time, while also investigating a strange and underappreciated phenomenon of late-nineteenth-century English literature. It is essential for scholars of the period, and it is an illuminating read for anyone interested in authorship and identity.

Gold Medal Winner, 2013 Independent Publisher Book Awards, Religion Category  
Claiming Society for God focuses on common strategies used by religiously orthodox (what some would call "fundamentalist") movements around the world.

Rather than using armed struggle or terrorism, as much of post-9/11 thinking suggests, these movements use a patient, under-the-radar strategy of taking over civil society. Claiming Society for God tells the stories of the Muslim Brotherhood in Egypt, the Sephardi Torah Guardians or Shas in Israel, Comunione e Liberazione in Italy, and the Salvation Army in the United States, showing how these movements, grounded in a communitarian theology, are building massive grassroots networks of religiously based social service agencies, hospitals and clinics, rotating credit societies, schools, charitable organizations, worship centers, and

businesses. These networks are already being called states within states, surrogate states, or parallel societies, and in Egypt brought the Muslim Brotherhood to control of parliament and the presidency. This bottom-up, entrepreneurial strategy is aimed at making religion the cornerstone of society.

We all know about the Earth's environmental crisis, but there is someone who can truly make a difference: you. If you text your friends or chat with them online, download music to your iPod, or toss bottles and papers into recycling bins, you're already more eco-savvy than you think. It's just as easy to do even more to help save the earth, and Generation Green shows you how. This book: Lays out the inside scoop on the biggest issues affecting our planet, such as global warming and overflowing landfills Offers dozens of tips on how to shop, dress, eat, and travel the green way Includes interviews with teens like you who are involved with fun, innovative green causes Shows that being environmentally conscious can be a natural part of your life -- and your generation's contribution to turning things around. It doesn't matter if you can't vote or drive. Your efforts -- big or small -- will contribute to saving the planet. It's time for all of us to take action. It's time to go green!

“A rich, sensual, bewitching adventure of good vs. evil with love as the prize.” ~Publisher’s Weekly on

ETERNITY 300 years ago, Raven St. James was hanged for witchcraft. But she revives among the dead to find herself alive. She is an Immortal High Witch, one of the light. A note from her mother warns that there are others, those of the Dark, who preserve their own lives by taking the hearts of those like her. Duncan Wallace's forbidden love for the secretive lass costs him his life. 300 years later, he loves her again, tormented by hazy memories of a past that can't be real. She tells him of another lifetime, claims to be immortal. Though he knows she's deluded, he can't stay away. And the Dark Witch after her heart is far closer than either of them know. If you liked the TV Series HIGHLANDER, you will LOVE this series. Don't miss Book 2, INFINITY. "A hauntingly beautiful story of a love that endures through time itself." ~New York Times Bestselling Author, Kay Hooper "This captivating story of a love that reaches across the centuries, becomes as immortal as the lover's themselves, resonates with timeless passion, powerful magic, and haunting heartbreak." ~BN.com's official review

Red, Bill and Harold, flushed out by their international success on the small screen are proud to being the Possum's-eye-view of the world to Canadian literature. It's all here — the Possum Lodge Charter and Pledge, camping tips, ice fishing hints, the Buddy System, Red Talks to Teens, Buying Tips, Handyman Corner, classifieds, and more songs and

poems than you'll know what to do with. And this handy little gadget you have in your hand works even if the dog has hidden the remote.

Describes how to create an effective learning environment in which students share common interests and goals.

Harald Braem, born in Berlin in 1944. Studies: visual communication, psychology and marketing. Worked with Young & Rubicam in the "purple Milka cow" team; worked with Compton/Saatchi & Saatchi as a creative director and head of international marketing campaigns. Professor of colour theory and colour psychology at the University of Applied Sciences in Wiesbaden from 1981 to 2000. Member of the expert team in the Federal Association of German psychologists. Lecturer at the Gutshofakademie Frielendorf. Braem contributed to numerous radio and television programmes on the subject (for example Terra X „Die Magie der Farben“, 2015, ZDF). In 2005 the documentary „Farbpsychologie. Entdecken Sie Ihre Wohlfühlumgebung“ (colour psychology – discover your feel-good setting) by Rainer Wälde won the prestigious World Media Award.

Ann Wigmore's Recipe for Longer Life describes her transition from a conventional diet to one of natural raw foods, sprouts, and food combining. Includes sprouting techniques, fermenting of vegetables, and menus for all day.

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Homespun wisdom from Japan updated for today's "green lifestyle" choices.

Little Boys have secrets, Most secrets don't hurt, Men in high places want this secret - They will Kill for it - The First Book of the Jeremy Ruhl saga! The son of the English explorer Lord Baron Ruhl, Jeremy Ruhl, is lost in America. In the late 1800's The civil war is over, balloons dot the skies of Europe, and a boy begins an adventure! The original masterpiece of Action and adventure as Jeremy Ruhl, raised as a prince, and his friends want to find adventure, their adventure turns into a nightmare because of a secret Jeremy does not even know about, and people will kill for for that secret. 412 Pages of pure action and adventure. Rated YA 10 and up, some mild violence.

Mr. Simpson's copious documentation and fact-based findings chart the trajectory of the refugee resettlement industry. The Red-Green Axis illuminates the impetus that industry received early on via the United Nation's Human Settlement Policy - a plan to redistribute, not just wealth, but population and land. Mr. Simpson proceeds to show how this plan is being inexorably advanced by today's secretive and unaccountable federal refugee resettlement programs - operations that have brought nearly 2 million refugees from Muslim nations to this country since September 11, 2001.

On a block dressed up in Red and Green one house shone Blue and White. It's a holiday season that both Isaac, whose family is Jewish, and Teresa, whose family is Christian, have looked forward to for months! They've been counting the days, playing in the snow, making

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cookies, drawing (Teresa) and writing poems (Isaac). They enjoy all the things they share, as well as the things that make them different. But when Isaac's window is smashed in the middle of the night, it seems like maybe not everyone appreciates "difference." Inspired by a true story, this is a tale of a community that banded together to spread light.

First multi-year cumulation covers six years: 1965-70.

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