

The Shropshire Way And Wild Edrics Way Midlands

This exciting, inspiring and informative guide is perfect for anyone who loves a challenge and an adventure. There are soaring ridgelines to run, exciting river descents to swim, secret coves to explore by boat, and achievable interesting scrambles, all in stunning locations. Each of the 150 featured adventures, which are arranged by geographical region, has been carefully chosen for being exhilarating, achievable by any reasonably active person, and as safe as possible. You'll be taken on a tour of the country and discovering where to do things you never thought possible in the UK – exploring the caves and creeks of Cornwall by kayak, sleeping under the stars surrounded by the towering mountains of the Cuillin Ridge, or swimming in the faery pools at Glen Brittle on Skye. The Adventurer's Guide to Britain puts together some of the very best experiences from the different worlds of adventure sport, to create the ultimate outdoor bible for those who love getting outside, challenging themselves and exploring beautiful Britain.

Adventures, games and crafts to get you outdoors all the year round. Playing outdoors should be an essential part of growing up; developing your imagination, keeping fit and letting the wild world weave its magic spell on you. In The Wild Year Book, Fiona and Jo have selected 70 of their favourite activities to help you enjoy spending time outdoors, season by season. Perhaps you'll want to play camouflage games in Spring and make enormous bubbles in the summer, challenge your friends to a foraging bake-off in the autumn, or create ice mobiles in the winter. With this book you will never be short of inspiration! Over 100,000 copies sold of Fiona and Jo's Going Wild series.

An OCR endorsed textbook Let SHP successfully steer you through the new specification with an exciting, enquiry-based series that invigorates teaching and learning; combining best practice principles and worthwhile tasks to develop students' high-level historical knowledge and skills. - Tackle unfamiliar topics from the broadened curriculum with confidence: the engaging, accessible text covers the content you need for teacher-led lessons and independent study - Ease the transition to GCSE: step-by-step enquiries inspired by best practice in KS3 help to simplify lesson planning and ensure continuous progression within and across units - Build the knowledge and understanding students need to succeed: the scaffolded three-part task structure enables students to record, reflect on and review their learning - Boost student performance across the board: suitably challenging tasks encourage high achievers to excel at GCSE while clear explanations make key concepts accessible to all - Rediscover your enthusiasm for source work: a range of purposeful, intriguing visual and written source material is embedded at the heart of each investigation to enhance understanding - Develop students' sense of period: the visually stimulating text design uses memorable case studies, diagrams, infographics and contemporary photos to bring fascinating events and people to life

Walking the Shropshire Way A two-week circular trail including the Wrekin, Stiperstones and Wenlock Edge Cicerone Press Limited
This fascinating book leads us to Shropshire's beautiful little places (John Ruskin) that inspired great writers, painters, politicians, diplomats and clergymen. In the first part of the book, John Ruskin, the greatest of the great Victorians, is presented among his

stimulating circle of interesting and unusual Shropshire friends such as Broseley-born Osborne Gordon, his sister Jane and her husband John Pritchard; Edward Cheney of Badger Hall, Venice and London. Ruskin's own visits to Shropshire from an early age were inspirational: he returned and sketched among the ruins of Wenlock Priory. In the second part of the book, Henry James, following in the steps of his fellow countryman Henry Adams, discovers Shropshire. James seeks, savours and imbibes impressions in its Abbeys and Castles, not forgetting his rambles high on Wenlock Edge with stunning views over the Shropshire countryside and Wales

A circular route of 136 miles through some of England's finest counties. Hill country at its best, plus history in abundance from industrial Ironbridge to ancient Ludlow. Also described is the shorter Wild Edric's Way, 49 miles.

In *Wilder Ways*, Donald C. Jackson takes readers on a journey into the deep and very personal connections that can develop between people and wild places while hunting, fishing, and rambling across landscapes. Fishing by lantern light late at night for bullhead catfish on a small stream, hunting wood ducks and squirrels on his farm in north Mississippi, bow hunting deer as twilight creeps across a small clearing, handlining crabs in the Pascagoula River estuary, hunting caribou in Alaska and elk in Colorado, searching for blind fish in Ozark caves, and fighting a storm on an Indonesian river: Jackson leads us into reflections of our own journeys and helps us to understand that we can be part of a wilder way, often very near to our homes. We walk with him through the tall grass, wet with early morning dew, light tackle in hand, down to a "ditch" under a Mississippi highway bridge and then discover that the "ditch" is really a very fine stream full of fish. We recapture the essence of hunting by stalking fox squirrels in a small patch of hardwoods. We stand beside him, listening to the whistle of wings as ducks pass overhead in the pre-dawn light and fog that surround a tiny, brushy pond hidden in the woods. We smell the salt air and feel the power of a redfish as it strips line from the fishing reel while the sunset turns marsh to gold. We walk alone under the starlight along an Alaska river after an afternoon of grayling fishing. We fall in love again with tents, tractors, and old brown dogs. Through the shared journeys in *Wilder Ways*, we link with the rhythms of the earth, understanding that the wilds are not something separate from us. We are all somewhat wilder than perhaps we ever imagine.

This text provides a useful information resource for walkers, providing details of over 2000 places to stay in beautiful walking country. Full colour maps featuring long distance paths are included.

The famous swimming Ladies of Hampstead ponds bring us their favourite walks with a dip in London and south east England, all accessible by train. Featuring secret lakes, river meadows and sandy seaside beaches, this is the perfect way to escape the city and leave the car at home this summer.

An illustrated pocket guide to off-the-beaten-track cycling challenges *Really Wild Cycling* follows in the tracks of Chris's bestselling *Wild Cycling*. Most, if not all, the rides are off-road, but each one presents a challenge to inspire readers to train for it and have a go. Most take only a few hours, but some are longer, and a few much longer, taking even the fittest several days. An introduction explains safety techniques and underlines the skills, knowledge, equipment and fitness levels required. The rides are graded in ascending difficulty within each region. Each ride suggests regular escape points to get riders to a safe place should the weather close in and draws attention to places where extra

care should be taken. Some rides are on marked routes, like the Trans-Pennine Trail, some are races or organised challenges, while others are routes the author himself has mapped out. Each ride is illustrated with photos, an annotated map and a profile of the terrain. The text includes a detailed route guide and historical, geological and natural points of interest.

Hot on the success of Wilderness Weekends, one of the top selling guides in 2015, award-winning travel writer Phoebe Smith returns with more great outdoor experiences tailored not just for the hard-core wilderness enthusiast but for novices and newbie hillwalkers alike. Take a friend, or take the kids - or both! - and climb one of Phoebe's favourite hills. There are 60 of them detailed in this easy-to-follow guide which champions a new easy-access approach to hillwalking. With 20 hills each in England, Wales and Scotland, from just 120 metres to a manageable 609 metres, and from Cornwall to the Scottish Highlands, there's bound to be a hill for you. 'When it comes to mountains society seems to be obsessed with height' says Phoebe Smith. 'But those who shun peaks based on measurement are truly missing out. Following on from the success of Wilderness Weekends, people are always asking me where they can take a friend, partner or young child that will help convince them that the outdoors - and hills - are worth the effort. Answering that need is this book, it's all about minimum effort for maximum results.' Each walk also includes tips on safety, kit, weather, walking responsibly, maps, tackling hills sensibly, and taking children, friends and reluctant walkers.

Fiona Danks and Jo Schofield are back with more wonderful ideas for fun outdoors even in the most challenging weather! Imagine - jumping in the biggest puddle you can find! - Or running barefoot and feeling squidgy mud ooze up between your toes! - Or run up the nearest hill to feel the wind try to carry you away! When it's wet, or windy or cold, there's no need to stay cooped up indoors; it's a great opportunity to rush outside for some fun. - Go on an animal hunt and find the creatures that come out in the wet. - Fly a kite in the wind and catch falling leaves. - Take your camera into a white world and see how many different icy patterns and shapes you can find. There are loads of exciting and creative things you can do in the natural world when the weather's wild. So don't wait for the sun: take this book with you and go outdoors for a wild weather adventure!

This guidebook to UK's ultimate challenge walk, the End to End, describes a 1956km (1215 mile) walking route from Land's End in Cornwall to John o' Groats in Scotland's far north - the two points on mainland Britain that are the furthest apart. The recommended route avoids road walking as much as possible and frequently takes advantage of existing long-distance trails, including the South West Coast Path, Pennine Way and West Highland Way. Passing through remote terrain at times and keeping to the hills where practical, it is intended for experienced hill-walkers. The guide includes route description and maps, concentrating on the 'gaps' between the major long-distance trails covered in other Cicerone guides. There is also a wealth of advice to help you prepare for and undertake your walk, covering equipment, safety, supplies and facilities. Notes on history, geography and local sights, along with anecdotes from those who have successfully completed the journey, add interest and inspiration. The route is presented in 61 daily stages (each averaging around 32km), divided into 6 sections; an alternative three-month schedule is also provided. The End to End Trail promises a magnificent adventure through some of the best the British countryside can offer, and a unique sense of achievement on completion of your walk.

In Dip, Andrew Fusek Peters describes an extraordinary year of wild swimming. He leads us to rivers, lakes, waterfalls and hidden pools, into untamed landscapes that have the potential to surprise and move us in unexpected ways. Following in the wake of great writers such as Richard Jefferies and Edward Thomas, Dip combines meditations on place, history and myth with sharp observation and a poet's eye. As he takes the plunge and immerses himself in the elements, Andrew also begins to surface from a deep depression, making Dip at once a

personal journey and about the many ways in which wild water and nature can restore us to ourselves.

The Camino de Santiago de Compostela (Camino Francés or Way of St James) is among the world's most famous pilgrimages: Christian pilgrims have travelled to the shrine of St James in Santiago, northern Spain, since the ninth century. This guide provides all the information you need to successfully cycle the Camino. The Camino Francés is the most popular variant of the Camino, linking St Jean-Pied-de-Port on the French-Spanish border with Santiago via Pamplona, Burgos and León. The guide presents the journey in 18 stages. Two versions of the route are described, the first (770km) based closely on the walkers' route and suitable for hybrid or mountain bikes; the second (798km) a 'road route' for road and touring cycles. It can be cycled in around 10-14 days and is very well provisioned. Clear route description and mapping are accompanied by notes on local points of interest, as well as background information on Spanish history and the history of the Camino. The practicalities are also thoroughly covered, including travel to and from the route, accommodation, facilities, kit and how to qualify for and obtain your Compostela (pilgrims' certificate). Whether you're seeking a spiritual journey, a physical challenge or just a holiday, the Camino promises an unforgettable experience - from the beautiful landscapes, historic towns and rich culture of northern Spain to the famed camaraderie with other wayfarers. Blending information with inspiration, this guide is an ideal companion to cycling this UNESCO-listed route.

Guidebook describing 50 graded day walks in Valais, Switzerland, based around the resort towns of Zermatt and Saas-Fee. The routes cover the Mattertal and Saastal valleys and their surrounding mountains and offer spectacular views of the Swiss 4000m giants, including the Matterhorn and Monte Rosa. Welcoming huts offer refreshment on the routes.

Slow Shropshire Travel Guide - Insider advice and holiday tips on everything from the best local pubs and markets to Shrewsbury highlights and county walking routes. Also featuring UNESCO-listed Ironbridge Gorge, Offa's Dyke, Severn Valley, Shropshire Hills, Ludlow, Welsh Marches, castles and historical sites, and US connections with the University of Minnesota, the Caldecott Medal, and Yale University.

Guidebook to cycling the River Rhine from source to sea, through Switzerland, Germany, France and the Netherlands. The 1368km route from the summit of Oberalppass to the Hook of Holland is split into 27 stages, mostly following well-surfaced cycle tracks. Includes information on facilities, useful contacts and a language glossary.

As the wildest of the northern coast-to-coast cycle routes, the Reivers Route explores the rich Border Reiving history of northern England and the Scottish Borders. Travelling 173 mile (280km) from Whitehaven to Tynemouth, this four-day cycle tour takes in the Cumbrian coast, northern Lake District, Northumberland National Park and North Tynedale, offering memorable off-road cycling through Kershope Forest and around Kielder Water. The route offers both on and off-road cycling, and is suitable for cyclists using touring or hybrid bikes. Places to stay overnight include Carlisle, Bailey Mill and Bellingham. The guidebook also offers the Borderers Ride, an alternative coast-to-coast ride along the England-Scotland border from Gretna to Berwick-upon-Tweed. This route joins up the fantastic middle section of the Reivers Route with a route heading north via Wooler and the Holy Island of Lindisfarne to finish at Berwick-upon-Tweed. Whether on the Reivers Route or the Borderers Ride, these cycle tours offer

exceptional cycling on gated roads and quiet cycle paths as they explore rolling hillsides, remote forests and plenty of historic sites. This guidebook provides everything you need to enjoy a successful cycle tour on the Reivers Route or Borderers Ride. Each stage includes detailed 1:100,000 mapping, profiles and comprehensive route description containing insights into points of interest along the way. The introduction offers plenty of information about the area's history, as well as practical advice about suitable bikes, equipment, and transport to and from the route. The appendices feature useful contacts for bike shops and available accommodation.

This guide covers 34 day walks and one long-distance route in the wild and remote hills of Galloway. Although there are some shorter and easier routes, many of these hill walks are long and on rugged terrain, so are more suitable for experienced walkers. The walks cover the evocative areas of The Merrick, The Awful Hand, The Rhinns of Kells, the Minnigaff hills and Cairnsmore of Fleet, among others. The guide uses OS 1:50,000 maps with detailed route descriptions and inspirational photos accompanying each route. Key information such as distance, time, and ascent are given. A 'harshness' grade gives an indication of how rough the ground is expected to be, and suggestions of variants, shortcuts and ways to extend each walk are also given. Plenty of background information is given on the region's fascinating and important history. If you like your wild landscape really wild? If you like your lakes to have whooper swans in the middle and no ice-cream vans around the edge? If you like to have one foot on bare rock and the other one deep in a peat bog? If you like your granite with goats on? Then Galloway is the place to go.

30 walking routes exploring the North Wessex Downs Area of Outstanding Natural Beauty (AONB). The routes are between 7 and 20km through this peaceful rolling chalk landscape covering parts of four counties: Berkshire, Hampshire, Wiltshire and Oxfordshire, with descriptions to reach the highest points in each one.

In places, Shropshire has traditional patchwork fields and hedgerows; in others, small villages and market towns with black and white half-timbered buildings. But it also has places that are still wild - hills where heather and bracken cling to the rocks while peewits call overhead and strange rock formations just to the sky, casting their shadows over the countryside below. The thirty stories in this new collection have grown out of the county's diverse landscapes: tales of the strange and macabre; memories of magic and other worlds; proud recollections of folk history; stories to make you smile, sigh and shiver. Moulded by the land, weather and generations of tongues wagging, these traditional tales are full of Shropshire wit and wisdom, and will be enjoyed time and again. Honoured in the 'Storytelling Collections' at the Storytelling World Awards - See more at: <http://www.thehistorypress.co.uk/index.php/shropshire-folk-tales.html#sthash.un5jLcDV.dpuf>

This guidebook presents a selection of 23 walking routes on the wild and beautiful southern islands of Scotland's Inner Hebrides, with nine walks on Jura, one on neighbouring Scarba, seven on Islay and five on Colonsay, plus a spectacular 5-day trek along Jura's dramatic west coast. The wildest of the southern Hebrides, the walking on Jura is frequently rugged, with many routes crossing remote and often pathless terrain that calls for fitness, self-reliance and navigational competence. The routes on the other islands are somewhat easier, but should still not be underestimated. In addition to clear route description illustrated with 1:50,000 OS mapping, the guide offers practical advice on the various options for getting to the islands, accommodation and amenities. There are suggestions for linking walks and notes on the islands' bothies and wild-camping recommendations, making it easy to devise longer day walks or multi-day itineraries. Also included are fascinating

overviews of the islands' rich history, geology, plants and wildlife. Beautiful colour photography completes the package. The routes showcase the islands' magnificent scenery, which is as diverse as it is beautiful, ranging from wild moorland to flower-strewn machair and small pockets of native woodland. The coastline is arguably the jewel in the crown, with geological wonders aplenty: sea-cliffs, caves, stacks and arches, sand and shingle bays and the characteristic Hebridean raised beaches. Abundant wildlife and birdlife is a further highlight. These carefully chosen walks will inspire you to get out and discover the magic of these captivating islands.

Wild Times Guide - Travel, nature and outdoor information and tips for 26 suggested British experiences connecting to nature in England, Scotland and Wales, including bushcraft, wild pottery, Dark Sky gazing, horse whispering, rewilding and urban birding. Full of 'how to' information and ideal for eco-lovers, outdoors enthusiasts and nature novices.

A concise guide to cycling LEJOG - Land's End to John o' Groats - describing an idyllic route that follows quieter roads and traffic-free paths but without too much meandering. Covering 1000 miles, the route is divided into 14 stages and can be comfortably ridden in two weeks. Easy-to-follow route descriptions are accompanied by clear mapping and useful gradient profiles, together with route highlights and points of interest, of which there are many. Invaluable tips and tricks are also included from preparing yourself to preparing your bike, together with logistical advice such as getting to and from the start and finish, accommodation options and more. In addition to the main 14-stage schedule (which includes an alternative option through Central Scotland), longer and shorter schedules are also suggested, making it easy to prepare a personally tailored adventure. The route, which passes through a diverse range of landscapes, from almost sea level across the Somerset Levels to over 1400ft through the magnificent Cairngorm Mountains, showcases some of Britain's best cycling. It is a must for anyone who's ever been remotely tempted to take on this iconic end-to-end challenge.

England's landscape is as diverse as its culture. It is a country with magnificent landscapes. This guide looks at the more established places of interest throughout the country, but it also focuses on the more secluded and little known visitor attractions and places to stay, eat and drink.

This new edition is suitable for anybody with an interest in urban wildlife and conservation and is written by the renowned TV presenter Chris Packham. It is an educational and striking guide to the full range of wildlife that can be found in all manner of urban habitats in our towns and cities. Increasingly, wildlife is finding a home in our built-up, concrete and noisy cities. Urban sites such as canals, disused railway embankments, reservoirs, rubbish tips and inner-city gardens are becoming popular abodes for a huge number of species. This book is at once a source to the best urban sites in Britain and the different habitats that exist there, and a revealing field guide to the wildlife inhabiting these city locations. Beautiful illustrations, stunning photographs and informed reference material combine with this popular author's entertaining style to bring a novel look at wildlife away from the countryside.

A guidebook to 32 walking routes on the beautiful Isle of Wight, including the 70 mile Coastal Path - a complete circuit of the island's spectacular coast. Ranging from 4 to 18 miles long, the walks explore clifftops, beaches, forest trails and downland, and visit picturesque villages and the towns of Yarmouth, Cowes and Ventnor. Graded easy to moderate, they are suitable for all abilities and are accessible all year round. The guide contains clear step-by-step route descriptions for each walk, accompanied by an extract from 1:50,000 OS mapping. There is information about refreshment and accommodation options along the route and plenty of details about the island's history and the interesting places encountered. Options for accessing the start and finish using the island excellent public transport are also given for each walk. With an incredible 326 miles of footpaths in a compact area, there is a huge choice of where to walk, which means that walkers can

experience all the diversity the island has to offer - jaw-dropping views such as those from the magnificent coastline of West Wight, St Catherine's Point and the Needles, sweeping downland, as well as 2000 or so listed buildings.

This brand new title in Bradt's acclaimed UK regional Slow series is the only full guide to Cheshire, a county known for its abundance of black-and-white timbered buildings and which was put firmly on the map in the 1990s thanks to then-resident stars Posh and Becks. Cheshire is a county that confounds expectations, from the Cheshire Plain to the hills and moors of the Pennines and Peak District in the east and surprisingly dramatic sandstone ridges in the west, not to mention the Wirral Peninsula, flanked by the major estuaries of the Rivers Mersey and Dee flowing into the Irish Sea. Home to premier league footballers it may be, but it is also a largely rural landscape and an area of farm shops, forests and falconries; meres, marinas and marshes. There is industrial and scientific heritage, too, ranging from Bronze-Age mining sites to the internationally important astronomical observatory and mighty Lovell Telescope at Jodrell Bank. With this new Bradt guide, discover all of this and more: the county town of Chester with its fascinating Roman history, unique double-decker medieval shopping arcades and the most complete city walls in Britain; ruins of ancient castles; and reminders of the salt and silk industries that have been so important in the past. For a truly slow experience, Cheshire also offers a network of canals, perfect for waterside strolls or pootling along in a narrowboat, while Bradt's Slow Cheshire details information for walkers and cyclists, too. Also included in this guide are gardens and parks, grand stately homes and structural legacies of the past (such as Port Sunlight), engaging museums, attractions and events. Local food and drink is covered, along with all types of accommodation, from farm stays and self-catering cottages to guesthouses and hotels.

Make it Wild! shows how children can enjoy the endless opportunities offered by wild places. Looking at what nature has to offer, they explore the potential of diverse raw materials such as snow, leaves, and sticks and suggest how to work with them. The book demonstrates how to use nature's free, renewable resources to make anything from a clay monster to an ice lantern or flaming balloons. Making things outdoors involves creativity and imagination, as well as learning how to solve practical problems, how to work together, the need to see a process through from start to finish, and the safe use of potentially dangerous tools — all of which help children acquire the skills they need to cope with the world and develop a commonsense understanding of the way it works. Offering 40 day walks in Lancashire, this guidebook explores the often-overlooked regions of Forest of Bowland, Ribble Valley and West Pennine Moors. With walks ranging from low-level valley trails to higher hill routes, this guidebook offers plenty of year-round walking options for active families and committed hikers alike. The walks are accessible from a range of nearby villages, towns and cities including Preston, Blackburn, Burnley, Chorley, Lancaster and Clitheroe. Lancashire showcases some of the most varied walking in the UK, featuring the wide expanse of Morecambe Bay, the Forest of Bowland AONB and limestone fringes of the Yorkshire Dales. These walks travel along green valleys, gritstone moors and untamed hillsides to explore remnants of Lancashire's rich history: The War of the Roses, the Pendle witch trials and the industrial heritage of the West Pennine Moors. Providing detailed route description and clear OS mapping for all 40 walks, this guidebook includes an introduction full of

information about the area including accommodation, transport and access. The appendices contain a route summary table to help you plan your days out, while each walk offers notes on wildlife, history, geology and available refreshments.

The stick is a universal toy. Totally natural, all-purpose, free, it offers limitless opportunities for outdoor play and adventure and it provides a starting point for an active imagination and the raw material for transformation into almost anything! As New York's Strong National Museum of Play pointed out when they selected a stick for inclusion in their National Toy Hall of Fame, 'It can be a Wild West horse, a medieval knight's sword, a boat on a stream, or a slingshot with a rubber band . . .' In this book Fiona Danks and Jo Schofield offer masses of suggestions for things to do with a stick, in the way of adventures and bushcraft, creative and imaginative play, games, woodcraft and conservation, music and more.

From getting back to nature with a tent, some matches and a few litres of bottled water, to enjoying a pub dinner and camping out in the garden afterwards, this book shows how to get stuck into wild camping in all its forms. Beautiful wildernesses; tiny budgets; environmentally-friendly... What's not to like? There's an idea that wild camping is illegal in Britain, but it isn't – you just need to know the rules and where to go. This guide will open up this amazing experience for all, covering: - what is wild camping and why bother? - different types (bivvying, tenting, hammocking, on the water) - what the law says (Scotland, England, Northern Ireland, Wales, Ireland, EU, waterways) - how many of the largest landowners in the UK are actively encouraging wild camping - getting started (vital equipment, where to go, when to go, safety) - drinking water and foraging for food The majority of the book features the best places to go in England, Wales, Ireland and Scotland, along with stories, tips, helpful maps and inspiring photos. The new edition includes a Foreword by Ed Stafford, as well as a completely new chapter introducing the exciting new English Coastal Path, opening 2020 after years of campaigning. This fully updated guide will give readers the knowledge and the inspiration to escape the noise, clutter and stress of day to day life and go wild.

A guide to the Tour of the Vanoise, a 150km hut-to-hut trek in the French mountains between Mont Blanc and the Ecrins, described in 11 day stages from Modane. Also included are the Tours des Glaciers de la Vanoise plus suggestions for other multi-day treks in the national park.

This is the official guide to the Shropshire Way, which consists of a northern and southern loop that both start in Shrewsbury. Each loop can be completed in a week or combined to form a two week 182 mile (290km) circuit that visits Stiperstones, Ludlow, Wenlock Edge, Ironbridge and the Wrekin. Split into 15 stages, this walk requires moderate fitness to cover the daily distance of 10 to 15 miles. The guide also includes the Stretton Skyline Walk, a 20 mile (32km) walk over Shropshire's peaks and ridges, which can be split over two days with an overnight stay in Church Stretton. For both the main route and the higher-level Stretton Skyline Walk, this guide provides in-depth route description and 1:50,000 OS mapping to aid navigation, along with information about accommodation, public transport and local services. The guide also offers plenty of insight into Shropshire's vibrant history and fascinating geology. The Shropshire Way visits some of England's most serene and beautiful scenery, as well as key historical sites including Ironbridge, the birthplace of the Industrial Revolution. Through tranquil countryside and medieval market towns, this

route explores all the best that the Shropshire Hills Area of Outstanding National Beauty (AONB) has to offer.

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