

Top Porn Star Sex Tips And Tricks By Becky Moore

Hardcore pornographic films combine fantasy and real sex to create a unique genre of entertainment. Pornographic films are also historical documents that give us access to the sexual behavior and eroticism of different historical periods. This book shows how the making of pornographic films is a social process that draws on the fantasies, sexual scripts, and sexual identities of performers, writers, directors, and editors to produce sexually exciting videos and movies. Yet hardcore pornographic films have also created a body of knowledge that constitutes, in this digital age, an enormous archive of sexual fantasies that serve as both a form of sex education and self-help guides. *Sex, Society, and the Making of Pornography* focuses on sex and what can be learned about it from pornographic representations.

Filled with humor and straight talk, the coauthor of *Sex Tips for Straight Women* reveals the secrets of seducing and pleasing gay men, outlining thirteen types of gay men and the keys to bagging each. Reprint. 15,000 first printing.

The Biggest Names in the Adult Entertainment Biz in One Big Tell-All! "A fascinating peek into the sex lives of porn's top stars. A juicy read!"—Anka Radakovich, sex columnist, *British GQ* "I can't stop reading this! Enlightening and insightful, revealing, arousing, and tips from the pros! This is like the Kinsey Reports of adult entertainment for our generation."—Ron "Bumblefoot" Thal, guitarist for Guns N' Roses "This is the only book that has kept our hands off each other and on the pages! Two peckers up!"—Sal Governale and Richard Christy, *The Howard Stern Show* "Confessions of the Hundred Hottest Porn Stars offers a rare and insightful glimpse into the minds of adult stars—their secret sexual fantasies, preferences, and vulnerabilities. Lainie Speiser has a unique rapport with adult industry actors that enables her to elicit heartfelt revelations from those who are used to hiding behind carefully constructed facades. No other book has ever shed so much light on the inner erotic world of the sexiest and most sexual women and men in the universe. A must-read for anyone who wants to learn about the origin of sexual disinhibition, become a better lover—or simply to get turned on!"—Victoria "Dr. Z" Zdrok, author of *Dr. Z on Scoring* "This book is a pleasurable romp into the secret lives of the most beautiful and intriguing women in the world of porn. As a fellow 'Sexpert,' I found this book to be fascinating as it captures the naughty and nice secrets of porn stars who are usually very elusive. Lainie Speiser is a porn pioneer and this book of short-tales is packed full of secrets that are both sexy and surprising."—Kristin Davis, *The Manhattan Madam*, candidate for governor of New York 2010 "Lainie Speiser has fulfilled every porn fan's fantasy by getting inside the minds—and bedrooms—of the industry's most popular stars. An intimate, fun and sexy read!"—Eric Danville, author of *The Complete Linda Lovelace* The stories don't come any more sexy, funny, or raw than they do in *Confessions of the Hundred Hottest Porn Stars*. They're all here. One-hundred of the world's most famous porn stars—including Nikki Benz, Tera Patrick, Nick Manning, Jesse Jane, Sunny Leone, Tabitha Stevens, Ron Jeremy, Breanne Benson, Brooke Haven, Mr. Marcus, Brittany Andrews, Stoya, Joanna Angel, Lupe Fuentes, James Deen, Bree Olson, Kayden Kross, Kelly Divine, Misty Stone, Peter North, Taylor Wane, Phoenix Marie, Evan Seinfeld, Gina Lynn, and Sophia Santi—and they're not afraid to share their innermost thoughts on: —what really turns them on —their favorite sexual positions—both on- and off-camera —their innermost sexual fantasies —the fun of threesomes, foursomes, and orgies —the joys of double penetration —being married to another porn star and why open marriages and relationship work best Penthouse publicist and columnist Lainie Speiser, who has worked behind the scenes of the adult industry for 20 years, gets the hottest people in the business to open up and share their secrets, offer advice on sex, and tell you about their hidden desires and favorite toys. The stories are shocking, gripping, surprising, and fun, revealing what these porn stars really think about themselves and their sex lives. And each confession is accompanied by the star's favorite photo.

A provocative bedside guide to some of the most captivating sexual advice from pro-lover porn star Mr. Marcus No one knows sex better than all time favorite, awardwinning porn star Mr. Marcus, so who else to turn to when you want to turn up the heat in your bedroom? Humorous, arousing and candid, Mr. Marcus offers a practical approach to achieving a great sex life, by showing you how to feel more confident about yourself, how to achieve greater intimacy with your partner, how to get creative in the bedroom, but also how to keep it creative—in and out of the bedroom. Each chapter contains insider anecdotes from Mr. Marcus' own experiences (on and off screen) to further illuminate his lessons. Some of the chapters you'll find inside are: • Someone for Everyone • What Men Want • What Women Want • The Joy of Oral Sex • The Freak Factor • Positions • Woodwork • and much more! Practical, playful and erotic, The Porn Star's Guide to Great Sex is real advice for real people as Mr. Marcus shows you how to achieve greater sexual satisfaction and how to tap into your own potential for the great sex life that you deserve.

Pragmatic advice on a wide range of problematic situations is featured in an irreverent look at the difficulties and delights facing the modern woman who ventures into the maze of contemporary sexual relationships

'How to Have Sex like a PornStar' is a fun, sexy and practical guide to bringing the frolics you may have seen on screen into the intimacy of your own relationship. If you have ever wanted to learn how to deep throat your man, how to make your woman ejaculate, or even just how to better communicate your sexual needs to your partner, then this guide is for you. Written by a former porn actress with three years' experience at the top of the UK industry, this book also reveals some sexy on-set secrets and busts a few of those porn myths. The manual is divided into two main sections, one for the Studs (him) and one for the Stars (her) and each delivers a unique perspective, as well as being full of tips and tricks to excite your lover. A unique and fresh twist on the traditional sex manual, by an author with plenty of hands-on experience...

The smudge looked suspiciously penis- like. The doctor confirmed: "That's the baby's penis!" which caused not celebration, but panic. Joel pictured having to go camping and fix a car and use a hammer and throw a football and watch professionals throw footballs and figure out whether to be sad or happy about the results of said football throwing. So begins his quest to confront his effete nature whether he likes it or not (he doesn't), by doing a twenty-four-hour shift with L.A. firefighters, going hunting, rebuilding a house, driving a Lamborghini, enduring three days of boot camp with the U.S. Army, day-trading with \$100,000, and going into the ring with UFC Hall of Famer Randy Couture. Seeking help from a panel of experts, including his manly father-in-law, Boy Scouts, former NFL star Warren Sapp, former MLB All-Star Shawn Green, Adam Carolla, and a pit bull named Hercules, he expects to learn that masculinity is defined not by the size of his muscles, but by the size of his heart (also, technically, a muscle). This is not at all what he learns.

From NFL player turned film and TV star Terry Crews comes a wise and warmhearted memoir chronicling his lifelong quest to become a good man, loving husband, and responsible father. What does it mean to be a man? Terry Crews, TV's iconic "Old Spice Guy" and co-star of the hit Golden Globe Award-winning series Brooklyn Nine-Nine, has spent decades seeking the answer to that question. In *Manhood*, he shares what he's learned, telling the amazing story of his rise to fame and offering straight-talking advice for men and the women who love them. A self-described "super-driven superstar alpha male," Terry Crews embodies the manly ideal for millions worldwide. But as he looks back on his difficult childhood and shares hard-learned lessons from the many humbling experiences he endured to get where he is today, he shows how his own conception of manhood is constantly evolving. Crews offers up a lively, clear-eyed account of the ups and downs of his twenty-five-year marriage, revealing the relationship secrets that have kept it going—and the one dark secret that nearly tore it apart. Along the way, he shares his evolving appreciation for looking good, staying fit, and getting it done for the

people you love. Being a man is about more than keeping your core strong. It's about keeping your core values stronger. With insightful observations on spirituality, work, and family, Terry Crews shows men how to face their inner demons, seek forgiveness from those they've wronged, and tear down the walls that prevent them from forging meaningful relationships with others. From the NFL gridiron to the Hollywood backlot, Terry Crews has survived it all with his sense of humor—and his marriage—intact. In *Manhood* he shows men everywhere that real strength is not measured in muscle mass—unless that muscle is the heart.

Porn Star Secrets of SexOver 100 Mind-blowing Tips, Tricks, and Games You Wish You Knew Sourcebooks, Inc.

This one-of-a-kind book shares intimate personal stories of porn performers "coming out" to family, friends, partners, lovers, and community. The contributors represent a wide range of races, ethnicities, and genders. They include Joanna Angel, Annie Sprinkle, Betty Blac, Nina Hartley, Candida Royalle, Conner Habib, Dale Cooper, Christopher Zeischegg, Cindy Gallop, Drew DeVeaux, Erika Lust, Gala Vanting, Casey Calvert, Lorelei Lee, Stoya, Ignacio Rivera AKA Papí Coxxx, and many others. Jiz Lee is a veteran porn performer who had worked in over two-hundred projects within indie, queer, and hardcore gonzo adult genres. Lee is the editor of *Coming Out Like a Porn Star*, and co-editor of the *Porn Studies Journal Special Issue: Porn and Labour*.

LEARN HOW TO BOTTOM WITH THE BOOK PORN STARS SWEAR BY With STUNNING new medical illustrations, *How To Bottom Like A Porn Star* will teach you what it teaches porn stars: how to get squeaky clean, take big guys, and experience the thrill of submitting your body to another man. **GET RID OF BUTT PAIN ONCE AND FOR ALL** With the revolutionary new ":60 Sphincter Release" technique you'll be able to completely relax your sphincter in under a minute. **END YOUR HYGIENE WORRIES RIGHT NOW** Learn new techniques for getting yourself clean- with the help of dramatic, unforgettable and explicit illustrations. **EXPERIENCE THE THRILL OF SUBMISSION!** Do you want to be dominated by a more powerful man? To bottom for him so you can feel the presence of his body in yours? To be "owned" by him? Are you longing for the sexual union that bottoming provides? Start with the book the most talented porn stars use as a reference guide. **ABOUT THE AUTHOR** Michael Alvear has been writing about gay sex for over twenty years. He starred in *The Sex Inspectors*, an international hit TV show that aired in 12 countries, including HBO in the U.S. and Channel 4 in the UK. He's also written for *The New York Times*, *WebMD*, and provided thought-provoking commentary on NPR's *All Things Considered*.

Become a better lover and leave her begging for more when you *Unleash Your Sexual Superpowers*. An epic experiment has played out over the last 20 years. The laboratory where it took place is the San Fernando Valley. The subject of that experiment: Erik Everhard. *Unleash Your Sexual Superpowers* is the result of 20 years of practical, real-world knowledge gleaned from my sexual exploits with over 5,000 women. This definitive manual harnesses real world techniques that actually work and deliver real results. From overcoming performance anxiety, to lasting longer in bed and giving women orgasm after orgasm. These techniques, strategies, and psychological biohacks have all been tested extensively by yours truly so I guarantee they work. This comprehensive guide delivers the top secrets learned from one of the world's top male porn stars specifically designed to help you! Become a better lover and leave her begging for more when you *Unleash Your Sexual Superpowers*.

A comprehensive how-to on what to do, and what not to do when providing oral pleasure, navigating oversized equipment, creating your own home sex video, and keeping it safe. A good marriage includes a happy and fulfilling sex life—that's the way God planned it! The world would have us believe that we're entitled to sex that's frequent, exciting and orgasmic. And if it's not, it's usually our spouse's fault and we should look elsewhere. Whether you're feeling dissatisfied or simply looking for some extra spice, *The Best Sex for Life* will help you to

understand God's purpose for sexuality and to shift your approach to intimacy. It discusses day-to-day activities plus hot topics like premarital sex, infidelity, pornography, sex toys, sexual dysfunctions and variant sexual practices. No matter whether you are engaged, a newlywed or have been married for many years, discover how to have the best sex for life!

Mediated Intimacy looks at contemporary sex and relationship advice, exploring how our intimate lives are shaped through different media, from manuals and magazines to television and Twitter. By exploring how intimacy is constructed through different media texts, the authors consider which ideas and practices these changing forms of 'sexpertise' open up, and which they close down. The book reveals the intimate operation of power in mediated advice, how words and images, stories and sound can work to shore up social injustice. It critically engages with the ideas of choice and responsibility in sex self-help, arguing that these can obscure and/or justify oppression, even if they're sometimes experienced as empowering and/or pleasurable. This bold and incisive book provides a radical challenge to the assumptions underlying the sex advice industry, and presents a critical, collaborative and consensual vision for sex advice of the future.

To make love like an expert, go the experts! Here are the secrets that every call girl knows—500 professional-quality erotic techniques guaranteed to please. A Call Girl's Best Sex Tips covers the full spectrum of sexual experience, from seduction and foreplay to novel sex positions to out-there fantasy and fetish. Women will find all the insider information they desire to expand their repertoire, find new levels of fulfillment for themselves, and give their guys a good time. They'll learn how to role-play and seduce, dress to make him hot, and master red-hot porn star moves with their mouths, hands, and bodies. Everything you need to know is in this ultimate sex manual for the uncommon girl.

Pulitzer prize-winner Chris Hedges charts the dramatic and disturbing rise of a post-literate society that craves fantasy, ecstasy and illusion. Chris Hedges argues that we now live in two societies: One, the minority, functions in a print-based, literate world, that can cope with complexity and can separate illusion from truth. The other, a growing majority, is retreating from a reality-based world into one of false certainty and magic. In this "other society," serious film and theatre, as well as newspapers and books, are being pushed to the margins. In the tradition of Christopher Lasch's *The Culture of Narcissism* and Neil Postman's *Amusing Ourselves to Death*, Hedges navigates this culture — attending WWF contests as well as Ivy League graduation ceremonies — exposing an age of terrifying decline and heightened self-delusion.

Legendary porn star Nina Hartley's guide to thrilling, liberating, mind-blowing, soul-fulfilling, and intimacy-building sex! Witty, smart, and frankly provocative, Nina Hartley knows sex. As a sex performer, sexual adventurer, and sex educator, she's done the fieldwork and has taken extensive notes. Now, she's ready to share her research. Let's just say that she's had all the sex—the good, the bad, and the indifferent—so you won't necessarily have to! *Nina Hartley's Guide to Total Sex* is for sexual pioneers and enthusiastic novices. Unabashedly erotic, the book covers a lot of territory, allowing readers to sample the whole smorgasbord or just nibble at what they see as the choicest bits. To start things off, Nina includes explicitly detailed chapters on foreplay, oral sex, masturbation, toys, and games. Sexual adventurers (and voyeurs) will find chapters on swinging, three-ways, anal sex, erotic domination, sensual submission, and much more. Nina is a strong advocate of safe sex, physically and emotionally, and she helps readers establish personal ground rules. But as a sexual liberationist and a feminist, her core belief is that, between consenting adults, all sexual behaviors are a matter of personal choice. Whether you're trying to reignite the passion with a longtime

spouse, or explore new terrain with a new lover, Nina offers a variety of ideas to achieve exhilarating, deeply satisfying, intimate, and profoundly liberating sex. Can you love more than one person? Have multiple romantic partners, without jealousy or cheating? Absolutely! Polyamorous people have been paving the way, through trial and painful error. Now there's the new book *More Than Two: A practical guide to ethical polyamory* to help you find your own way.

A self-help book for sex workers. Sex work is "easy money"? Hardly. The adult industry is riddled with pitfalls and dangers. Erotic labor is often emotionally demanding, draining, and complex. It can be hard to know who to turn to for advice on keeping yourself safe and sane. Lola Davina, former stripper, dominatrix, porn actress and escort, provides the life skills you need to prosper, including: "Cultivating friendships, community, and romance" "Mastering money" Debunking sex industry myths such as you have to be flawless, or clients hate to hear "no" Avoiding trigger states, like loneliness, fatigue, boredom, anxiety and depression, that lead to bad decision-making and burnout? Surviving bad calls, shifts, and shoots "and so much more" Thriving in sex work means having a healthy body, mind, heart, and bank account. No matter your job title or gender, whether you're independent or work for someone else, if you want to succeed in sex work, then this book is for you.

How Do Gay Porn Stars Make Bottoming Look So Easy? Hung tops stick it in like a glute inject and the bottoms don't even flinch. What's their secret? And what can you learn from them so you can have ecstatic butt sex without any pain? Some of the answers will shock you. Learn porn star secrets to bottoming without pain and start making love with volcanic pleasure. Written by gay sex advice columnist Woody Miller and a team of urologists and colon-rectal specialists, this book combines porn industry secrets with innovative techniques from the latest gay male sex research. *How We Got The Porn Industry's Secrets To Bottoming Without Pain*. We sent a team of researchers to interview a truckload of gay male erotica industry folk—cameramen, scouts, producers, directors and performers. The result is a fascinating, behind-the-scenes, no-holds-barred look into the industry and the secrets they use to get performers to bottom without pain or messy scenes. The main sections: 1: What You Can Learn From Porn Star Bottoms. A fascinating view of bottoming in the porn industry—how gay erotica performers prepare for a shoot, how they can take huge tops without any pain (even if it's their first time) and how they stay loose despite day-long shoots. If you ever had a question about how the porn industry works, this is the place to find answers—from how much money porn stars make to what percent are heterosexual (shocking!) to their favorite brand of douches. 2: Free Your Mind, Your Butt Will Follow. How To Bottom Like A Porn Star: The Ultimate Guide To Gay Sex is part porn exposé, part how-to from the latest gay sex research. In this chapter, we'll look at how "Anticipatory pain" and a perceived loss of masculinity can put your butt in a headlock. We'll show you how to resolve the emotional blocks that stop you from trying or enjoying anal sex with other gay men. 3: Why It Feels Like You're Being Impaled By A Fence Post. From our urologist and colon-rectal experts who specialize in gay male sex: It isn't just your sphincter causing all that pain; it's your "S-curve" as well as involuntary puborectal contractions. Learn your anatomical structure so you can make the tips in this book work better. 4: How Porn Star Bottoms Relax Their Sphincters. Not all do it, or need to, but the gay men in the sex industry that do swear

by it. Find out whether you should use their controversial method. 5: The Porn Star Method Of Eliminating Pain. Find out the shocking things gay male erotica stars do to eliminate pain. Some cannot be recommended, but others can and we've combined them with a technique that blends systematic desensitization, pattern breathing, progressive muscle relaxation and sexual imagery to completely eliminate pain and heighten pleasure. 6: How Porn Star Bottoms Handle The Ick Factor. Find out their secrets to getting your butt cleaner than a Brady Bunch rerun. 7: A Device That's Better Than A Douche Or An Enema. Enemas and douches are a bad idea (despite the porn industry's reliance on them). Find out why and what product doctors recommend that will get you as clean as a douche without any of the harmful side effects. 8: How To Bottom Without Pain For The First Time. Here you'll learn how to combine the best position with the best angle of entry. Missionary? Doggie-style? Straight in? Angled up? When it comes to gay sex, it matters. 9: A Guided Tour Of A Pain-Free Bottoming Session Between Adam And Steve. A beginner's real-time, step-by-step guide to bottoming—porn style!-- that will light you up like an all-night liquor store. Learn How To Bottom Like A Porn Star With The Ultimate Guide To Gay Sex! Scroll up, click the buy button and start tonight!

The ultimate guide to dating - how to hitch, switch or ditch. This is the definitive guide. From her uncensored and hilarious dating mishaps to unconventional wisdom you won't have heard before, Sam Pease will help you work out whether he's a sleeper, a creeper or a keeper. Sam Pease is the Dating Doctor. With a thousand dates under her belt, numerous marriage proposals and enough dating escapades to write a trilogy, she has first-hand experience of what makes, or breaks, a new bond. In the same way her first book *Eat Less Crap, Lose That Fat* inspired readers to get slim without the gym, this book's positive and humorous style will give readers hope and enthusiasm for the dating scene. *Date Like a Dude* will teach you how to date with your head, not your heart. Whether you're sick of being single, recently separated, a solo mum, or allergic to dating, finding a man is easy with Sam's lessons in chemistry. As Sam says, the biggest mistake women make is assuming all the good ones are taken. "Beautiful, good men are everywhere. You just need to be in the right headspace to see them."

How to Make Love Like a Porn Star, the mega-bestselling memoir, triumphant survival story, and cautionary tale that spent over six weeks on the New York Times bestseller list and rocketed adult film icon Jenna Jameson into the mainstream spotlight, is now in paperback and ebook for the very first time. Her unforgettable memoir, written with master storyteller Neil Strauss, is many things at once: a shocking sexual history; an insider's guide to the secret workings of the billion-dollar adult-film industry; and a gripping thriller that probes deep into Jameson's dark past. With never-before-seen photographs from Jenna's private collection, exclusive photos taken for this book, and original cartoon strips, this memoir is an unparalleled exploration of sexual freedom. In the underbelly of Las Vegas, a cesspool of warring biker gangs and seedy strip clubs, gawky, brace-faced Jenna Massoli was transformed into the bombshell Jenna Jameson. Today, Jenna is the biggest star in the history of adult movies, consistently ranked as one of the most beautiful women alive. But behind the glamour and the meteoric rise to fame was a path paved with tragedy and heartbreak. As a teenager—drawn into a dark and chaotic world where rape, abuse, and murder were commonplace—Jenna began her rapid downward spiral of addiction and degradation . . .

while at the same time becoming the porn world's biggest crossover success story. Welcome to the world of the Digital Native, where self-esteem is measured in Likes, everyone is sexting and 'Pimps and Hoes' is an acceptable party theme. Dates have been replaced with swipes, rape jokes are hilarious and 'No' means 'Yes'. For most parents, the digital landscape that our kids and teens are growing up in is uncharted territory. How do we know if they're happy? How do we talk to them about sex and relationships? How do we give them the new tools they need when we don't have them ourselves? This book is here to help. Based on their professional work with young people, parents and teachers – and their experiences with their own children – Deana Puccio and Allison Havey give you the tools. With top tips, stats and conversation starters on everything from porn to University life, Sex, Likes and Social Media is the indispensable guide to parenting in the digital age. 1 of the 5 Best Parenting Books - the Sun 1 of the 10 Best Parenting Books - the Independent

You don't have to have aspirations to stardom or want any more audience than your own special guy. This guide will show women how to get rid of inhibitions and find new ways to be beautiful and sexy with over 100 mind-blowing tips, tricks and games. Tips and advice cover every aspect of sexual behavior to build a woman's confidence and make her feel like a true sex goddess, including how to: Strip with confidence - there's a reason guys are turned on by just the right amount of teasing. Get comfortable with oral sex - find out how to do it and receive it in ways that will totally enhance your and your partner's libidos. Have multiple orgasms if you want to - why deny yourself this mind-blowing treat? Talk dirty like a pro - a top turn-on and a great way to get what you want in bed. Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades.

The First Sex Guide For Tops! Techniques to keep your partner's sphincter completely relaxed * How to overcome hygiene worries * New speed, depth and thrusting techniques * How to discover your inner top * Getting hard & staying hard, even with a condom * Solutions to emotional blocks * Using the "Erotic Feedback Loop" to maximize pleasure. * Keep His Sphincter Completely Relaxed As You Enter Him Say goodbye to failed attempts at intercourse because your partner couldn't take the pain. This wildly clever method turns a well-known fact of physiology into a little-known secret to complete relaxation. * Overcome Hygiene Worries Learn proven strategies for overcoming the fear and revulsion of undesirable sights and smells. A popular chapter in this gay sex guide. * Learn New Speed, Depth & Thrusting Techniques Along with the single best angle to enter him for the most pleasure and the least pain. * Discover Your Inner Top. Learn how to overcome self-limiting thoughts ("I'm not masculine enough," "My dick isn't big enough") that stop you from trying to top or from doing it successfully. Be A Better Lover With The First Gay Sex Manual For Tops. Stop thinking that all you have to do is get it hard and put it in. Good tops are made not

born. Whether you're a bottom looking to be more versatile or a top who wants a better experience, this book will show you how to give and get more pleasure as the penetrator in gay sex. Express The Kind Of Masculinity You Feel Comfortable With. You don't have to act like a cop to be a top. Choose from a spectrum of possibilities you hadn't thought of to have the kind of topping experience that personally appeals to you. Take the Erotic Temperature Quiz in this gay sex instruction book and find out your "topping personality." Generate More Passion By Engaging The Erotic Feedback Loop. This book on male anal sex has plenty of tips to sharpen your techniques. But stopping there would just make you a skilled worker. Being good in bed isn't about what you can do to him; it's about where you can take him. While you can't "learn" passion, you can learn how to set the stage to express it in your own unique way. That's where the "Erotic Feedback Loop" approach comes in. It creates an energy spiral that'll book your partner on an inter-planetary flight. It's easy to learn and even easier to apply. Solutions To Performance Anxiety. Find out how to deal with these erection-killing thoughts: * You won't get hard enough * Your dick isn't big enough * You will disappoint your partner * Your partner will compare you to other guys * Your partner will judge you and tell the world * You'll ejaculate too soon * You'll take forever to ejaculate Keeping It Hard For The Condom. There you are with a raging hard-on but the second the condom goes on you go limp. This gay anal sex guide shows you three of the most effective things you can do to keep an erection with a condom on. How To Last Longer In Bed. Premature ejaculation is the most common sexual dysfunction in men under 40. Use our step-by-step "Stop/Start" method to go from two-pump chump to long-time champ. How To Stop Worrying That Your Penis Isn't Big Enough To Top. Read the Journal of Sex's latest penis size stats for white, black & Hispanic men. After you get over the shock of how small the average is, compare by measuring yourself with a step-by-step guide urologists use to measure penis size. You'll Also Find Answers To Fascinating Questions Like... * Should your partner use poppers? * How to wring up to 10% more semen out of your ejaculation (a STELLAR tip). * Do guys with big dicks have more trouble with erections? * How it's possible for tops to get HIV. * How many drinks can you have before you start having erection trouble?

Do you suffer from performance anxieties or sexual difficulties that are restricting your sex life? Would you like to learn the secrets of male sexual performance and female sexual awakening known only to porn stars, escorts, and sex coaches? In [i]Sex Tips for Men[/i] Player Mastermind highlights the psychological techniques required for dependable male performance without pharmaceuticals and break down all of the most reliable techniques for female multiple orgasms, squirting orgasms, dirty talk to the point of orgasm on command, and hot kinky sex. This is the real-deal advice for men to keep the women [i]coming[/i] back again and again...

"A must-read for women even if they're one of the lucky ones with no pressing

body image issues, and couples who want to strengthen their relationships or just have more fun in bed." — Sex tips for women, Lifebytes books *Is Your Body Image Getting In The Way Of Intimacy And Desire?* Fifty percent of women put off sex—even when they're in the mood—because they feel too fat. Even normal- and below-normal-weight women can't seem to let go and enjoy themselves in bed because they're worried their bodies aren't good enough for their partners. *How A Bad Body Image Impacts Women's Sexual Desire*. Do you find yourself avoiding or postponing sex because you're too self-conscious about your body? Have you started putting "conditions" on sex—only with the lights out, only with cover-up clothing, only in positions that prevent your partner from seeing or touching perceived imperfections? *Not Tonight Dear, I Feel Fat* will change your love life tonight with surprising solutions from the latest sex research. Find out proven ways to:

- Shut off the negative thoughts about your body before, during and after sex.
- Use sex techniques that will make you forget to "check" your thighs or worry about your partner seeing something you're ashamed of.
- Stop panicking when your partner touches a body part you're self-conscious about.
- Stay present, attend to your pleasure and engage with your partner.

The Sex Drive Solution For Women Who Struggle With Body Image Issues Women with body image issues also experience a noticeable drop in their sexual desire. That's because negative body esteem creates low libido in women. By reducing sexual desire it helps them avoid the fear of being shamed in the bedroom. *Not Tonight Dear* provides the most innovative solutions for low libido, including these sex tips for women:

- The 'Flicker Stage' technique—it'll make your sexual desire go from zero to sixty in minutes.
- Situational and contextual 'cuing'—prompt your sex drive in conscious and subconscious ways. Read the comprehensive list of sex cues that might be right for you.
- The "20/70" exercise—an exercise proven over and over to significantly, sometimes dramatically, raise sexual desire in low libido women—even in those taking antidepressants.

Learn How To Fully Enjoy Sex Without Worrying About How You Look *Not Tonight Dear, I Feel Fat* will help you build body confidence, heal your relationship and provide the blueprint for a vibrant, rewarding sex life. Remember, sex is not the reward for a perfect body. It's the reward for being human.

How to be a Sex Goddess! Porn stars know everything there is about having a mindblowing sex life. Admit it, you want to know their secrets for crushing inhibitions and finding the sexy vixen within. Whether you're inexperienced or always orgasmic, these porn star secrets are perfect for anyone who loves sex- and wants to make it even better. **STRIPPING WITH CONFIDENCE...**He aches to be teased... Going beyond missionary...ease into positively perfect positions... **GETTING COMFORTABLE WITH ORAL SEX...**thrilling ways to give and receive... Pushing the **BOUNDARIES...**as little or as much as you want-games, toys, and DVDs, oh my!

Times have changed, and so have the rules. Modern grownups need a sex-positive guide to communicating digitally with their lover, and sex guru Tina Horn

is here to help you with you swipe right, sext like a pro, and take superb selfies. How frequently should you text a friend with benefits? When is it okay to send someone a nude pic? Modern sex is full of confusing questions that Dear Abby never had to deal with. But don't lose hope if you're feeling confused about erotic etiquette: the Sex Rules series is here to answer all the little questions about how to handle sexual situations--even the ones you didn't know you had. Sexting covers all types of digital flirting. Sexy texts require timing and style, while erotic pictures and steamy selfies may require caution about the cloud. White-hot videos can take you from FaceTime to Oh-FaceTime if you know what you're doing. Learn the dos and don'ts for when, how, and what to include in a great sexting session and turn your phone into a hot sexting machine! Endorsements: "Tina Horn transmutes experiences most people have never had into tasty brain candy and challenging, informative walks on the wild side. I'd trust this writer to take me pretty much anywhere." - Carol Queen, PhD, Author, Real Live Nude Girl and The Leather Daddy and the Femme "Tina Horn is a compelling public speaker and ingenious educator. Her writing on BDSM and sex worker rights explores some of the most important social issues of our time. In her writing and on her podcast, she manages to make complex issues accessible without dumbing anything down. Having worked with her at several sexuality conferences, I can attest that she is as professional as she is original. " - Tristan Taormino, author of The Ultimate Guide to Anal Sex for Women and Opening Up, host of Sex Out Loud on The VoiceAmerica Talk Radio Network, founder and producer of The Feminist Porn Conference "Tina Horn reverently unearths the details of the lives of the sex workers she profiles, revealing fetishes, passions, kinks and quirks from an insider perspective. She showcases the artistry inherent in their jobs, lives and sexuality, and by doing so, opens up these underground worlds to curious readers." - Rachel Kramer Bussel, author of Sex & Cupcakes, editor of The Big Book of Orgasms

Our communities are in trouble. Our children and grandchildren are not safe from the predators the enemy uses to destroy our families. We can't be so busy doing church that we do not see what is happening right before our eyes. They are hidden in plain sight. They are in our churches, schools, grocery stores, malls, nail salons, sporting events, and even our families. We must make our 8, 9, 10 year-olds aware of the danger lurking on social media sites since many grown men seek to sleep with underage children. Christian Men Speak Up informs you of the root causes of sex trafficking and the steps your church or faith-based organization can take to make a difference in your community today.

Learn How To Top With EYE-POPPING Medical Illustrations! The 2nd Edition of this classic bestseller includes: 24 GRAPHIC ILLUSTRATIONS THAT TEACH YOU HOW TO TOP These critically-acclaimed medical illustrations make you think you're seeing sex with x-ray glasses. They'll help you understand the best way to top in ways that words alone can't. They'll show you how to get harder than a roll of quarters, get in the best positions, use the most effective angles of entry and pleasure with creative thrusting patterns. They will improve your ability to recall facts, retain important concepts and yes, give you a slight but unmistakable stiffy. You're

welcome. TEACH YOUR PARTNERS THE :60 SPHINCTER RELEASE METHOD This new method completely relaxes your partner's sphincter in under a minute. Based on a relaxation technique called PNF, Proprioceptive Neuromuscular Facilitation, you'll never struggle with getting it in again. A QUICK GLANCE AT THE CHAPTERS ? Discovering Your Inner Top Expressing The Kind Of Masculinity You Feel Comfortable With ? What's That Smell? Real-World Tactics For Overcoming The Yuck Factor ? A Pain In The Butt What You Can Do To Ease Your Partner's Pain ? The :60 Sphincter Release Teaching Your Partner How To Relax His Butt ? Getting Him To Want You In The Worst Way The Path To Glory Is In Him Aching For Your Penis ? How The Best Tops Approach Foreplay Furniture-Breaking Sex Starts With Fluffing Up The Pillows ? Best Positions and Angles of Entry Missionary? Doggie-Style? Straight in? Angled Up? It Matters. ? Enter The Dragon Using The :60 Sphincter Release On Your Partner ? Thrusting Techniques Getting The Most Pleasure Out Of Being Inside Him ? You're Not In Charge The Boss Is The Guy Underneath You ? How To Get Harder Than A Roll Of Quarters Improve Your Erections And Reduce Performance Anxiety ? The Cure For Condom-induced Impotence What To Do When Latex Makes Your Willy Go Nilly ? How Alcohol Affects Your Erection A Little Will Raise It. A Lot Will Ruin It. ? Coming Soon: YOU How To Deal With Premature Ejaculation ? Worried Your Penis Isn't Big Enough? Compare Yourself Against The Latest Studies In Penis Size About The Author Michael Alvear has been writing about gay sex for over twenty years. He starred in an international hit TV show called The Sex Inspectors that aired in 12 countries, including HBO in the U.S. and Channel 4 in the UK. He's also written several sex books and writes a popular, syndicated column.

Brazen, uproarious, slyly prescriptive, and always entertaining, Ali Adler is a sex and relationship guru who knows what women want. As a gay woman, she has both the equipment and the experience to give straight men (and the women who love them) advice on both how to get more sex and how to get this job done right. In her day job as a comedy writer and TV producer, Ali is sometimes the only woman in a room full of comedy writers. She became legendary for offering frank, sometimes insightful, often bossy reality checks and for translating female sexuality into words a man could understand. In her book, How to F*ck a Woman — 20 percent explicit instructions, 80 percent relationship advice, and 100 percent hilarious — she brings together essential advice for men (even the ones who insist they could write this book) and the women who want their lovers to truly understand them, both mind and body. With illustrations by New Yorker cartoonist Liza Donnelly.

Sex is a bit like a secret society; everyone's doing it, it's just that no one talks about it. Kinkly's mission is to start that conversation, answer your questions and help you discover new and exciting things about sex, love, and your body. Guaranteed to be illuminating, enlightening, fun ... and a little kinky. And that's OK with us! Sex Hacks will encourage you and your lover to get away from the daily grind to get down and dirty. If you're a newbie to the adventurous scene, or are looking to add to your already stacked repertoire, this handy guide has something for everyone. The tips and tricks vary from foreplay to fetishes, from new positions to variations on old favorites, and features: • 150 hacks to build a better sex life • 75 color photographs for clarity Brought to you from the bloggers at Kinkly.com, with contributions from their readers, Sex Hacks has sex tips, techniques, and titillating tidbits from experts and practitioners alike. No innuendos, no judgments, and no apologies, just fearless, straight-up talk about sex.

Adam Glasser, aka successful porn star Seymour Butts, has slept with more than 600 women, on and off camera. Drawing on his extensive experience, Rock Her World covers everything you need to know to give and receive perfect pleasure. With explicit illustrations and riotous anecdotes from Adam's own escapades, it also includes: - sexercises to keep your equipment in top shape for improved performance - eye-opening explanations of a woman's orgasm and female ejaculation - how to handle embarrassing/messy situations - sex toys, anal sex (Adam's

favourite subject) and spanking - the truth about erectile dysfunction Rock Her World will educate you about the ins and outs of male and female sexuality and show you how to truly satisfy a woman in fantastic, juicy detail.

How Do Gay Porn Stars Make Bottoming Look So Easy? Hung tops stick it in like a glute inject and the bottoms don't even flinch. What's their secret? And what can you learn from them so you can have ecstatic butt sex without any pain? Some of the answers will shock you. Learn porn star secrets to bottoming without pain and start making love with volcanic pleasure.

Written by gay sex advice columnist Woody Miller and a team of urologists and colon-rectal specialists, this book combines porn industry secrets with innovative techniques from the latest gay male sex research. How We Got The Porn Industry's Secrets To Bottoming Without Pain. We sent a team of researchers to interview a truckload of gay male erotica industry folk-cameramen, scouts, producers, directors and performers. The result is a fascinating, behind-the-scenes, no-holds-barred look into the industry and the secrets they use to get performers to bottom without pain or messy scenes. The main sections: 1: What You Can Learn From Porn Star Bottoms. A fascinating view of bottoming in the porn industry-how gay erotica performers prepare for a shoot, how they can take huge tops without any pain (even if it's their first time) and how they stay loose despite day-long shoots. If you ever had a question about how the porn industry works, this is the place to find answers-from how much money porn stars make to what percent are heterosexual (shocking!) to their favorite brand of douches. 2: Free Your Mind, Your Butt Will Follow. How To Bottom Like A Porn Star: The Ultimate Guide To Gay Sex is part porn expose, part how-to from the latest gay sex research. In this chapter, we'll look at how "Anticipatory pain" and a perceived loss of masculinity can put your butt in a headlock. We'll show you how to resolve the emotional blocks that stop you from trying or enjoying anal sex with other gay men. 3: Why It Feels Like You're Being Impaled By A Fence Post. From our urologist and colon-rectal experts who specialize in gay male sex: It isn't just your sphincter causing all that pain; it's your "S-curve" as well as involuntary puborectal contractions. Learn your anatomical structure so you can make the tips in this book work better. 4: How Porn Star Bottoms Relax Their Sphincters. Not all do it, or need to, but the gay men in the sex industry that do swear by it. Find out whether you should use their controversial method. 5: The Porn Star Method Of Eliminating Pain. Find out the shocking things gay male erotica stars do to eliminate pain. Some cannot be recommended, but others can and we've combined them with a technique that blends systematic desensitization, pattern breathing, progressive muscle relaxation and sexual imagery to completely eliminate pain and heighten pleasure. 6: How Porn Star Bottoms Handle The Ick Factor. Find out their secrets to getting your butt cleaner than a Brady Bunch rerun. 7: A Device That's Better Than A Douche Or An Enema. Enemas and douches are a bad idea (despite the porn industry's reliance on them). Find out why and what product doctors recommend that will get you as clean as a douche without any of the harmful side effects. 8: How To Bottom Without Pain For The First Time. Here you'll learn how to combine the best position with the best angle of entry. Missionary? Doggie-style? Straight in? Angled up? When it comes to gay sex, it matters. 9: A Guided Tour Of A Pain-Free Bottoming Session Between Adam And Steve. A beginner's real-time, step-by-step guide to bottoming-porn style!-- that will light you up like an all-night liquor store. Learn How To Bottom Like A Porn Star With The Ultimate Guide To Gay Sex!

Relationships are a minefield, especially relationships with women! If only they were more like cars – see one you like, get the money from the bank, pay the salesman, rev her engine and drive away. Unfortunately it's a little more complicated than that – try to treat a woman like this and she's likely to drive her car over you. This little book equips you with 20 great tips, from dating do's and don'ts to ways to ensure she's always impressed by you. And just to make sure the information is the very best we've infiltrated the enemy camp and come out with some ideas straight from the horses mouth. Use them wisely – and good luck!

It's a porn star's job to make sex look good, but re-enacting what they project on screen is not necessarily the best way to really enjoy yourself. In *Secrets of porn star sex* real-life porn stars, including Taylor Wane and Stormy Daniels give you their personal tips on how to really heat up your sex life. Former escort Veronica Monet shows you how to make you and your lover feel like a million dollars. Legendary porn icon Paul Thomas, a man with more than a little experience, tells you what men really want in bed. The first female to male transsexual porn star, Buck Angel, demonstrates how sex is really mind over matter – he's more able to enjoy his female anatomy as a man! There's also valuable tips from newcomers Gry Bay and Thomas Lundy, regular actors who just happened to give it their all in the award winning film, *All About Anna*, where the sex is integral to the story and not its *raison d'être*. From newbies to seasoned performers, we've got the low-down on how to get it on. Sometimes professional sex work is not fun. Our sexperts want to ensure you avoid some of the common mistakes they made. They want you to gain from the benefit of their experience and attain the inner poise and confidence that's a prerequisite of a professional. Let's make all your sexual fantasies come true.

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