

## Tudor Chirila Exercitii De Echilibru

In this candid and moving memoir, John W. Evans articulates the complicated joys of falling in love again as a young widower. Though heartbroken after his wife's violent death, Evans realizes that he cannot remain inconsolable and adrift, living with his in-laws in Indiana. Motivated by a small red X on a map, Evans musters the courage for a cross-country trip. From the Badlands to Yellowstone to the foothills of the Sierra Mountains, Evans's hope and determination propel him even as he contemplates his vulnerability and the legacy of a terrible tragedy. *Should I Still Wish* chronicles Evans's efforts to leave an intense year of grief behind, to make peace with the natural world again, and to reconnect with a woman who promises, like San Francisco itself, a life of abundance and charm. With unflinching honesty Evans plumbs the uncertainties, doubts, and contradictions of a paradoxical experience in this love story, celebration of fatherhood, meditation on the afterlife of grief and resilience, and, ultimately, showcase for life's many profound incongruities.

David Suzuki's autobiography limns a life dedicated to making the world a better place. The book expands on the early years covered in *Metamorphosis* and continues to the present, when, at age 70, Suzuki reflects on his entire life — and his hopes for the future. The book begins with his life-changing experience of racism interned in a World War II concentration camp, and goes on to discuss his teenage years, his college and postgraduate experiences in the U.S., and his career as a geneticist and then as the host of *The Nature of Things*. With characteristic candor and passion, he describes how he became a leading environmentalist, writer, and thinker; the establishment of the David Suzuki

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Foundation; his world travels and meetings with luminaries like Nelson Mandela and the Dalai Lama; and the abiding role of nature and family in his life. David Suzuki is an intimate and inspiring look at a modern-day visionary.

In 2011, Jennifer Pharr Davis became the overall record holder on the Appalachian Trail. By hiking 2,181 miles in 46 days - an average of 47 miles per day - she became the first female to ever set that mark. But this is not a book about records or numbers; this is a book about endurance and faith, and most of all love. The most amazing part of this story is not found at the finish, but is discovered through the many challenges, lessons and relationships that present themselves along the trail. This is Jennifer's story, in her own words, about how she started this journey with a love for hiking and more significantly a love for her husband Brew. Together, they were able to overcome rugged mountains and raging rivers, sleet storms and 100 degree heat, shin-splints and illnesses. They made new friends and tested old friendships; they shared together laughter, and tears - a lot of tears. But, through it all, they fell more in love with one another and with the wilderness. By completing this extraordinary amateur feat, Jennifer rose above the culture of multi-million dollar sports contracts that is marked by shortcuts and steroids. This is the story of a real person doing something remarkable. Jennifer Pharr Davis is a modern role-model for women - and men. She is an authentic hero." "So compelling in its exploration of the human psyche, it's as hard to put down as a thriller...such a force of energy, intensity, and straightforwardness.

MORE ENTHUSIASTIC IDEAS offers a second year of meditations on words that inspire us to personal growth. Written in the same style as ENTHUSIASTIC IDEAS, this second volume prompts reflection on positive attitudes and character traits. With a challenging essay for each day of the

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year, the reader will ponder a wide range of encouraging words.

The sketchbook has been the one constant in explorers' kits for centuries of adventure. Often private, they are records of immediate experiences and discoveries, and in their pages we can see what the explorers themselves encountered. This remarkable book showcases 70 such sketchbooks, kept by intrepid men and women as they journeyed perilous and unknown environments—frozen wastelands, high mountains, barren deserts, and dense rainforests—with their senses wide open. Figures such as Charles Darwin and Sir Edmund Hillary are joined here by lesser-known explorers such as Adela Breton, who braved the jungles of Mexico to make a record of Mayan monuments. Here are profiles, expedition details, and the artwork of pioneering explorers and mapmakers, botanists and artists, ecologists and anthropologists, eccentrics and visionaries. Here is the art of discovery.

Exerciții de echilibru Words for Women Written by a Man Independently Published

Steven Gerrard - legendary captain of Liverpool and England - tells the story of the highs and lows of a twenty-year career at the top of English and world football. As the only player ever to have scored in a FA cup final, a league cup final, a UEFA cup final and a champion's league final, Steven Gerrard is an inspiration to fans and footballers alike. After joining his beloved Liverpool at the age of eight, he spent the next 28 years, and over 700 games, devoted to this one club. Perhaps the last player of his calibre that we will see display such extraordinary longevity and commitment, his loyalty ensures he will be remembered not only as one of the all-time Anfield greats but one of England's finest footballers. In My Story Gerrard dissects his full playing career. He examines the defining games such as the 2005 Champion's League

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Final when he inspired 'The Miracle of Istanbul' as Liverpool came back from 3-0 down against AC Milan to become champions of Europe. He talks about his 114 caps for England, including World Cup and European Championship campaigns, asking what went right - and wrong. In My Story Gerrard dissects his full playing career. He examines the defining games such as the 2005 Champion's League Final when he inspired 'The Miracle of Istanbul' as Liverpool came back from 3-0 down against AC Milan to become champions of Europe. He talks about his 114 caps for England, including World Cup and European Championship campaigns, asking what went right - and wrong. He writes candidly of those he's played with and competed against, from Luis Suárez to Jose Mourinho, his experiences under Brendan Rodgers and Roy Hodgson. He also has an incredible and rare personal story, telling us of the extraordinary ups and downs of staying loyal to one club for your entire career. Explosive and searingly honest, Steven Gerrard's My Story is the last word from an era-defining player.

Life starts with a woman. They are our mothers, sisters, friends and lovers.....but sometimes they don't see their value. Deep in the thoughts of the women who make our lives wonderful often lies doubt and criticism. These sensitive and powerful people have questions that need answering, if only to put their minds at ease. What can the words of a man do to help the women we love see their true value? Adrian Cutinov has always felt close to the feminine soul, and in this book poured out his heart and beliefs in a hope that a different perspective would help. Women have questions. Do men feel emotions? Are men able to love? Can men really grow? Do they even want to? Has society just become too superficial for deep

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meaningful relationships to ever exist again? Is the age of true love, dead? Adrian sets out to remind women how special they are and to dig into these questions. You'll love his perspective, because maybe it will help you find the love you desire. Get it now.

The Vine Whisperer is a remarkable story about one man's love for the land and his battle to defend it.

What really happens inside America's most active death row chamber? "I can't remember his name or his crime.

What I remember is the nothingness. No family

members, no friends, no comfort. Maybe he didn't want them to come, maybe they didn't care, maybe he didn't

have any in the first place. It was just a prison official and two reporters, including me, looking through the glass at

this man strapped fast to the gurney, needles in both arms, staring hard at the ceiling. When the warden

stepped forward and asked if he wanted to make a last statement, the man barely shook his head, said nothing

and started blinking. That's when I saw it: a single tear at the corner of his right eye. A tear he desperately

wanted to blink away, a tear he didn't want us to see. It pooled there for a moment before running down his

cheek. The warden gave his signal, the chemicals started flowing, the man coughed, sputtered and

exhaled. A doctor entered the room, pronounced the man dead and pulled a sheet over his head." — Michelle

Lyons, from the Prologue. Michelle Lyons witnessed nearly 300 executions at the Texas State penitentiary.

This behind-the-scenes look at those haunting final moments of life relates shocking true stories of the inmate, his/her family members, prison officials, the

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death-row chaplain and the victim's loved ones—all of whom come together in the death chamber.

Diane seems to have the perfect life. She is a wife, mother, and the owner of Happy People Read and Drink Coffee, a cozy literary café in Paris. But when she suddenly loses her husband and daughter in a car accident, the world as she knows it disappears. One year later, Diane moves to a small town on the Irish coast, determined to heal by rebuilding her life alone—until she meets Edward, a handsome and moody photographer, and falls into a surprising and tumultuous romance. But will it last when Diane leaves Ireland for good? At once heartbreaking and uplifting, Diane's story is deeply felt, reminding us that love remembered is love enduring. "A heartbreaking story of love and loss that will twist readers up in knots...essential." —Library Journal

If you're still unsure of what this book is about, it's a collection of interviews with humans of United World College Changshu China. It is our diary, it's a fragment of our hearts, which we have decided to share with you. A unique mix of memoir and how-to that includes practical daily Pagan rituals, this inspiring book shows how one woman blended Christian traditions with the magic and beauty of a Wiccan practice. Raised in the Catholic faith, yet strongly drawn to Paganism, Adelina St. Clair spent many years questioning and soul-searching before she found a way to blend aspects of Wicca and Christianity into a vibrant and loving belief system. Filled with personal anecdotes, this book tells the story of St. Clair's journey of self-discovery and revelation, from her initial fear and guilt to her ultimate

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sense of peace and joy. With warmth and heartfelt reverence, St. Clair discusses vital aspects of Witchcraft and Christianity, as well as the commonalities between the two. Monotheism vs. polytheism Magical practice The teachings of Christ Goddess worship The femininity of God The Wheel of the Year Praying the rosary Sacred space

This wonderfully charming memoir, written when the author was 93, vibrantly brings to life an all-but-forgotten time and place. It is a moving tale of working-class life, and of the boundaries that can be overcome by love. “There are places that I have never forgotten. A little cobbled street in a smoky mill town in the North of England has haunted me for the greater part of my life. It was inevitable that I should write about it and the people who lived on both sides of its ‘Invisible Wall.’ ” The narrow street where Harry Bernstein grew up, in a small English mill town, was seemingly unremarkable. It was identical to countless other streets in countless other working-class neighborhoods of the early 1900s, except for the “invisible wall” that ran down its center, dividing Jewish families on one side from Christian families on the other. Only a few feet of cobblestones separated Jews from Gentiles, but socially, it they were miles apart. On the eve of World War I, Harry’s family struggles to make ends meet. His father earns little money at the Jewish tailoring shop and brings home even less, preferring to spend his wages drinking and gambling. Harry’s mother, devoted to her children and fiercely resilient, survives on her dreams: new shoes that might secure Harry’s admission to a fancy school; that her

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daughter might marry the local rabbi; that the entire family might one day be whisked off to the paradise of America. Then Harry's older sister, Lily, does the unthinkable: She falls in love with Arthur, a Christian boy from across the street. When Harry unwittingly discovers their secret affair, he must choose between the morals he's been taught all his life, his loyalty to his selfless mother, and what he knows to be true in his own heart. A translation of the leading Romanian writer's 1989 debut novel consists of five stand-alone chapters that are linked together through imaginative explorations of such themes as humankind's primordial myth-making, the origins of the universe, and an apocalyptic Bucharest tenement district during the years of communist dictatorship. Original.

Over the Rainbow Selection 2016 David Bowie has been one of pop music's greatest interviewees since January 1972, when he famously risked career death by asserting to Melody Maker that he was gay. Although he wasn't yet a big star, it was a groundbreaking moment. And over the years, Bowie has failed to give an uninteresting interview. It might be said that he has habitually used the media for his own ends, but he has paradoxically also been searingly honest, declining to ever be coy about his ambitions, his private life, and even his occasional ennui. Bowie on Bowie presents some of the best interviews Bowie has granted in his near five-decade career. Each interview traces a new step in his unique journey, successively freezing him in time as young novelty hit-maker, hairy hippie, Ziggy Stardust, Aladdin Sane, the Thin White Duke, plastic soul man, fragile Germanic exile, godfather of the New Romantics, eighties sellout, Tin Machinist, and, finally, permanently, artistically reborn beloved elder

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statesman of challenging popular music. In all of these iterations he is remarkably articulate. He is also preternaturally polite—almost every interviewer remarks upon his charm. The features in this book come from outlets both prestigious (MelodyMaker, Mojo, New Musical Express, Q, Rolling Stone) and less well-known (The Drummer, Guitar, Ikon, Mr. Showbiz). In all cases, Bowie enables the reader to approach the nerve center of his ferociously creative and prolific output.

Instantly recognizable with his iconic eye patch, Moshe Dayan (1915–1981) was one of Israel's most charismatic—and controversial—personalities. As a youth he earned the reputation of a fearless warrior, and in later years as a leading military tactician, admired by peers and enemies alike. As chief of staff during the 1956 Sinai Campaign and as minister of defense during the 1967 Six Day War, Dayan led the Israel Defense Forces to stunning military victories. But in the aftermath of the bungled 1973 Yom Kippur War, he shared the blame for operational mistakes and retired from the military. He later proved himself a principled and talented diplomat, playing an integral role in peace negotiations with Egypt. In this arresting biography, Mordechai Bar-On, Dayan's IDF bureau chief, offers an intimate view of Dayan's private life, public career, and political controversies, set against an original analysis of Israel's political environment from pre-Mandate Palestine through the early 1980s. Drawing on a wealth of Israeli archives, accounts by Dayan and members of his circle, and firsthand experiences, Bar-On reveals Dayan as a man unwavering in his devotion to Zionism and the Land of Israel. Moshe Dayan makes a unique contribution to the history of Israel and the complexities of the Arab-Israeli conflict.

The Iron Lady, the definitive Margaret Thatcher biography, is available just in time for the movie starring Meryl Streep as

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one of the most infamous figures in postwar politics. Whether you love her or hate her, Margaret Thatcher's impact on twentieth-century history is undeniable. From her humble, small-town upbringing to her rise to power as the United Kingdom's first female prime minister, to her dramatic fall from grace after more than three decades of service, celebrated biographer John Campbell delves into the story of this fascinating woman's life as no one has before. The result of more than nine years of meticulous research, *The Iron Lady* is the only balanced, unvarnished portrait of Margaret Thatcher, one of the most vital and controversial political figures of our time.

**WHERE SECRETS SMOLDER . . .** Calm. Cool. Collected. Gisele Whitby has perfected the art of illusion-her survival, after all, has depended upon it. Years ago, to escape an abusive husband, Gisele "disappeared." Now she must risk revealing her new identity to save another innocent girl from the same fate. But she needs a daring man for her scheme, and the rogue in question shows a remarkable talent . . . for shattering Gisele's carefully constructed facade and igniting her deepest desires. . . . **PASSION IGNITES** This isn't the first time Jamie Montcrief has awakened naked and confused from a night of drinking. It is, however, the first time a stunningly beautiful woman offers him payment afterward. Gisele has a business proposition for him, a mission involving cunning thievery and a brazen rescue. How can he say no to a plot this dangerous . . . and a woman this delectable? This true crime biography chronicles the life of the so-called "Oddfather" who ran a powerful NYC crime family while playing crazy to avoid prosecution. Vincent "Chin" Gigante was a professional boxer before discovering his true calling as a ruthless contract killer. When Vito Genovese went to prison, he picked Gigante to run the Genovese crime family in his absence. While raking in more than one hundred million

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for the family, he routinely ordered the murders of mobsters who violated the Mafia code—including John Gotti. At the height of Gigante's reign, the Genovese Family was the most powerful in the United States. And yet he was, to all outside appearances, certifiably crazy. He wandered the streets of Greenwich Village in a ratty bathrobe and slippers. He urinated in public, played pinochle in storefronts, and hid a second family from his wife. On twenty-two occasions, Gigante admitted himself to a mental hospital—evading criminal prosecution while maintaining his nefarious operations. It took nearly thirty years of endless psychiatric evaluations by a parade of puzzled doctors for federal authorities to finally bring him down.

The life of Madame Claude, the brilliant and complicated and utterly amoral woman behind the most glamorous and successful escort service in the world. In post-WWII Paris, Madame Claude ran the most exclusive finishing school in the world. Her alumnae married more fortunes, titles and famous names than any of the Seven Sisters. The names on her client list were epic—Kennedy, Rothschild, Agnelli, Onassis, Niarchos, Brando, Sinatra, McQueen, Picasso, Chagall, Qaddafi, the Shah, and that's just for starters. By the 1950s, she was the richest and most celebrated self-made woman in Europe, as much of a legend as Coco Chanel. Born Fernande Grudet, a poor Jewish girl in the aristocratic chateau city of Angers, the future Madame led a life of high adventure—resistance fighter, concentration camp survivor, gun moll of the Corsican Mafia and erstwhile streetwalker—before becoming the ultimate broker between beauty and power. She harnessed the emerging postwar technology of the telephone to create the concept of the call girl. But Madame Claude wasn't just selling sex—she was the world's ultimate matchmaker, the Dolly Levi of the Power Elite. She was also one of the most controversial—and most

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wanted—women in the world. Now, through his own conversations with the woman herself and interviews with the great men and remarkable women on whom she built her empire, social historian and biographer William Stadiem pierces the veil of Claude's secret, forbidden universe of pleasure and privilege.

"There are galaxies within the human mind, and madness wants to risk everything for the daring flight, reckless and beautiful and crazed. Everyone knows Icarus fell. But I love him for the fact that he dared to fly. Mania unfurls the invitation to fly too high, too near the sun..." Tristimania is a stark and lyrical account of the psyche in crisis. It tells the story of a devastating year-long episode of manic depression, culminating in a long solo pilgrimage across Spain. The book is rare in recording the experience of mania and shows how the condition is at once terrifying and also profoundly creative, both tricking and treating the psyche. In exploring its literary influence, Griffiths looks at Shakespeare's work, and examines the Trickster role, tracing its mercuriality through the character of Mercury. An intimate, raw journey, the book illuminates something of the universal human spirit.

There and back--what every new backpacker needs to know. A journey of a thousand miles starts with a single book. How to Survive Your First Trip in the Wild bundles up everything you need to prep for your first-ever backpacking adventure--so you can explore the backcountry with confidence. Start strong with an essential equipment guide geared toward beginners. Discover how to choose a campsite and follow along with camp setup and breakdown directions. Water treatment info, outdoor cooking basics, snacking suggestions, and a sample three-day backpacking food plan supply you with vital knowledge to survive in the wilderness. This beginners' backpacking handbook includes: Expert

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tips--Learn how to "Leave No Trace," navigate rough terrain, deal with wildlife, and other practical backpacking advice. Gear checklists--Track down the right gear with guides to clothing, footwear, backpacks, and shelters--even on a budget. Plan ahead--Handy cheat sheets help you pick the best time of year and the perfect starter trail for backpacking in your state. Start your backpacking experience now with *How to Survive Your First Trip in the Wild*.

Michele's childhood was a nightmare. Her mother was a gifted psychic but highly unstable, unable to control the dark forces her powers unleashed or to look after Michele. When she was six her beloved father died and the last shreds of normality were gone forever. From then on Michele was at the mercy of sexual predators and her mother's violent lovers. Evil surrounded her... But Michele wasn't alone. The presence of her twin sister Lucy was constantly at her side, comforting and inspiring her. Lucy had died when the twin girls were babies. But her spirit stayed behind to watch over her little sister. Time and again, when Michele reached her darkest hour, Lucy reached out with a deep sense of love and gently guided her to safety. This is the heartbreaking, but ultimately inspirational story of a little girl, who was beaten, raped, neglected and despised, but rescued from despair by her faith in the power of love.

Three mass deportations. A death sentence. One remarkable story of survival. When Leosz was only six, his life changed completely. World War II broke

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out in 1939, sweeping the young boy into the whirlwind of the Holocaust. For six long torturous years, Leosz sees and goes through everything: myriads of overcrowded transports headed for concentration camps, life on the streets of occupied Poland as an abandoned child, hiding from cruel Nazis, forced labor under conditions of starvation and the constant threat of death. Only one thing kept him safe--his unwavering will to go on living. This is the incredible inspiring story of a little Jewish boy who managed to survive all possible levels of hell as he clung on to life.

Oleg Kalugin oversaw the work of American spies, matched wits with the CIA, and became one of the youngest generals in KGB history. Even so, he grew increasingly disillusioned with the Soviet system. In 1990, he went public, exposing the intelligence agency's shadowy methods. Revised and updated in the light of the KGB's enduring presence in Russian politics, *Spymaster* is Kalugin's impressively illuminating memoir of the final years of the Soviet Union.

In this heartfelt memoir, six-time Grammy Award-winning artist and star of WE TV's reality hit *Braxton Family Values*, Toni Braxton writes about her personal life decisions and their impact on her health, family and career. While Braxton appears to be living a gilded life—selling 60 million records, appearing in sold-out Las Vegas performances and

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hit shows like *Dancing with the Stars*, and starring in her own reality series—hers is in fact a tumultuous story, a tale of triumph over a life filled with obstacles, including two bankruptcy filings. The mother of an autistic child, Braxton long feared that her son's condition might be karmic retribution for earlier life choices, some of which will shock fans. But when heart ailments began plaguing her at the age of 41 and she was diagnosed with Lupus, Braxton knew she had to move beyond the self-recrimination and take charge of her own healing. Intensely honest and deeply inspirational, *Unbreak My Heart* is the never-before-told story of the measures Braxton took to make herself and her family whole again.

Lenny McLean was the deadliest bare-knuckle fighter Britain has ever seen. He had powerful friends, but he also had terrible enemies. So much so that he had two bullet wounds in his back--each from a different attack. He has also stabbed repeatedly--always from behind. But Lenny was also a warm, huge-hearted grizzly bear of a man, whose main weakness was an overwhelming desire to put the welfare of his mates ahead of his own well-being. In this extraordinary autobiography he tells how the Mafia flew him to New York to take on their greatest bare-knuckle boxer in a multi-million pound illicit challenge bout. The Mafia's man lasted less than three minutes. When the IRA fronted up a London

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gang in a money-laundering scam, Lenny was brought in to intimidate the terrorists. The IRA, not surprisingly, backed off. After deciding to retire from the violent life, Len turned his hand to acting, debuting in the hit series *The Knock*, following with parts in *The Fifth Element* and, famously, *Lock Stock and Two Smoking Barrels*. This is a tale of one man's triumph against almost insurmountable odds, in a battle that Len fought everyday for himself, and to put food on the table for his wife and kids.

A reformer who was always colorful, provocative, and controversial, Dan Walker became a political maverick, taking on Mayor Richard J. Daley's vaunted Chicago machine and the powerful incumbent Richard Ogilvie to become the governor of Illinois. *The Maverick and the Machine* tells the dramatic story of Walker's rise from dirt-poor beginnings to the pinnacle of power in Illinois and his conviction on charges of bank fraud that landed him in federal prison. This frank volume also probes the inner sanctum of the governorship and reviews the investigations of Governor Blagojevich's administration and the criminal trial of former governor George Ryan. Best Memoir of 2008, San Diego Book Awards Illinois State Historical Society Certificate of Excellence, 2008

*In To Be a Gay Man*, Will Young speaks out about gay shame, revealing the impact it had on his own life, how he learned to deal with it, and how he can

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now truthfully say he is gay and happy. We know Will as a multi-platinum recording artist, Olivier-nominee, and the first winner of the Idol franchise. But his story began long before his first audition. Looking back on a world where growing up being called gay was the ultimate insult and coming out after a lifetime of hiding his sexuality, Will explores the long-lasting impact repressing his true self has had. As Will's own story demonstrates, internalised shame in childhood increases the risk of developing low self-worth, and even self-disgust, leading to destructive behaviours in adult life. Will revisits the darkest extremes he has been to, sharing his vulnerabilities, his regrets, tracing his own navigation through it all and showing the way for others who might have felt alone in the same experience. Here you will find a friend, champion and mentor, breaking taboos with frank honesty, and offering invaluable practical advice on overcoming the difficult issues too often faced within the LGBTQ+ community. Remember when flying was glamorous and sexy, even fun? When airline food was gourmet, everyone dressed up for a flight, and stewardesses catered to our every need—at least in our imaginations? This classic memoir by two audaciously outspoken young ladies, who lived and loved the free-spirited stewardess life, jets you back to those golden days of air travel—from the captain who's as subtle as a 747 when he's on the make to the passenger who

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mistakes the overhead luggage rack for an upper berth; from the names of celebrities who were a pleasure to serve (and some surprising notables on the "bad guy" list) to the origins of some naughty stereotypes-Spaniards are the best lovers, actors the most foul-mouthed. This huge bestseller, a First Class jet-age journal, offers a hilarious gold mine of outrageous anecdotes from the high-flying and amorous lives of those busty, lusty, adventuresome young women of the swinging '60s known as "stews."

This latest volume of H. P. Lovecraft's complete unabridged correspondence is unique in that it contains a substantial amount of letters by one of his most distinctive later colleagues--the weird writer C. L. Moore, whose stories mingling fantasy and sexuality were among the most striking contributions to *Weird Tales* in the 1930s. Lovecraft's letters to Moore survive only fragmentarily, but Moore wrote more than 60,000 words of letters to Lovecraft, and these are now published for the first time, revealing a vivid imagination and keen analytical mind who held her own in debates with her older colleague. Lovecraft introduced Moore to her future husband and writing partner, Henry Kuttner, whose own brief correspondence is included here. Fritz and Jonquil Leiber were already married when Jonquil wrote to Lovecraft, as Fritz was too shy to approach him. There ensued a lively correspondence with both individuals that lasted less than a year, but was filled with profound discussions of the nature of weird fiction. Lovecraft wrote a long, detailed letter analyzing Leiber's early novella "Adept's Gambit," and Leiber revised the story accordingly. Lovecraft also engaged in a short correspondence with Harry O. Fischer, who initially

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collaborated with Leiber in conceiving the Fafhrd and Gray Mouser series of fantasy tales. This volume also prints the complete letters to a little-known correspondent, Frederic Jay Pabody. These letters have surfaced only recently, and they show Lovecraft at the height of his powers as an intellect: he conducts a searching dissection of the classic weird tale "Thurnley Abbey" by Perceval Landon, he is also unremitting in his condemnation of pulp hackwork. As with other volumes in this series, the letters have been meticulously edited and annotated by David E. Schultz and S. T. Joshi, with an appendix containing rare material by Moore, Kuttner, and Leiber.

The first biography of the Oscar winning star of 'Gladiator'. From his New Zealand roots to his emotional Oscar triumph, Wylie traces Crowe's journey to stardom with true stories that have textured his life along the way. Crowe who has been acting since 1985 has appeared in over 22 moveies, including the top-grossing 'Gladiator', 'The Insider' and 'LA Confidential' and received the Academy Award for Best Actor for his performance in 'Gladiator'.

Elizabeth Jane Howard (1923-2014) wrote brilliant novels about what love can do to people, but in her own life the lasting relationship she sought so ardently always eluded her. She grew up yearning to be an actress; but when that ambition was thwarted by marriage and the war, she turned to fiction. Her first novel, *The Beautiful Visit*, won the John Llewellyn Rhys prize - she went on to write fourteen more, of which the best-loved were the five volumes of *The Cazalet Chronicle*. Following her divorce from her first husband, the celebrated naturalist Peter Scott, Jane embarked on a string of high-profile affairs with Cecil Day-Lewis, Arthur Koestler and Laurie Lee, which turned her into a literary femme fatale. Yet the image of a sophisticated woman hid a romantic innocence which clouded her emotional judgement. She was

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nearing the end of a disastrous second marriage when she met Kingsley Amis, and for a few years they were a brilliant and glamorous couple - until that marriage too disintegrated. She settled in Suffolk where she wrote and entertained friends, but her turbulent love life was not over yet. In her early seventies Jane fell for a conman. His unmasking was the final disillusion, and inspired one of her most powerful novels, *Falling*. Artemis Cooper interviewed Jane several times in Suffolk. She also talked extensively to her family, friends and contemporaries, and had access to all her papers. Her biography explores a woman trying to make sense of her life through her writing, as well as illuminating the literary world in which she lived.

Do you ever stop to wonder what you have been through until you got where you are? Or simply want to record your journey in a one line a day five year memory journal? The One line a day 5 Year Journal shows you what you were thinking each day—for five years of your life. Simply turn to today's date, record the one life changing moment you had, and when you finish the journal, start over. As you return to the daily pages again over the years, you'll notice how your focus change (or don't)! This classically but simply designed journal—is the perfect gift for anyone who loves to reflect back at some point in their life.

In this lyrical memoir of her Lebanese-American family, Elmaz Abinader offers a vivid account of uprooted and resettled lives. Spanning four generations and two continents, *Children of the Roojme* is the story of a family from the mountains of Lebanon and their emigration to western Pennsylvania. More than that, it bears intimate witness to the hardships of World War I, the disintegrating Ottoman empire, abandonment of centuries-old villages, and the New World conflict between cultural tradition and assimilation.

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