

Ulovane Field Guide Training

A collection of four plays by one of South Africa's leading playwrights and directors, Barney Simon, co-founder of Johannesburg's internationally famous Market Theatre. Themes explored in the plays include life among Johannesburg's vagrants, and a glimpse into the lives of the city's rent-boys.

Hi, Zoleka! friends call. But Zoleka has something on her mind. So she walks quietly with her mother and her little brother to church. Will she remember all the words of the verse she has to recite for the Palm Sunday service?

Leon Nell's sixth book to explore another captivating part of South Africa reveals a bounty of treasures that give the West Coast, or Weskus as locals call it, its particular allure. Beginning at Melkbosstrand just north of Cape Town, and ending where the Orange River meets the Atlantic Ocean, the book divides the coastal stretch into four discrete and easily explored regions. Coastal and inland towns are described, together with their main attractions, offering glimpses into early human history, local culture and traditions, nature and wildlife, and modern-day economic pursuits. SOUTH encompasses the Cape West Coast Biosphere Reserve, various wildflower reserves, Darling, Evita se Perron and !Khwa ttu San Heritage Centre. CENTRAL covers Yzerfontein and the West Coast National Park, including Langebaan Lagoon, Eve's Footprints, Postberg Flower Reserve and Saldanha. NORTH explores the celebrated fishing industry at Velddrif, St Helena Bay and Elands Bay, and archaeological discoveries in the area. DIAMOND COAST spans Doringbaai, Vredendal, Port Nolloth, Kleinzee and Alexander Bay. Framed by the Atlantic in the west and the winding N7 highway in the east, the West Coast is a place of varied landscapes and vast contrasts: from moody and at times tempestuous seas and windswept beaches, to verdant vineyards and kaleidoscopic swathes of wildflowers in spring. Wild yet tranquil, playful yet contemplative, dramatic yet understated – its eclectic offering beckons residents and travellers alike. Sales points: An absorbing portrayal of this characterful coastline; wide appeal for travellers and residents; evocative full-colour photographs; detailed map; highly regarded travel writer and photographer.

CHILDREN'S BOOK OF THE YEAR, INDIE BOOK AWARDS 2020 Marvel as you enter the fascinating hidden world of ugly animals in this encyclopaedia of the animal kingdom's most unusual and so-called 'ugly' species. It's time to see ugliness in a whole new light! With more than sixty animals to explore, this compendium of the unusual celebrates the beauty in 'ugliness'. Children and adults alike will pore over the breathtaking scientific illustrations of unusual animals, discovering why these animals developed such extraordinary features and learning about science and nature along the way. Featuring illustrations and facts about the thorniest species the animal kingdom has to offer, from the naked mole rat to the goblin shark, aye-aye, blobfish and many more. This gorgeous hardcover book is illustrated in exquisite detail by debut artist Sami Bayly.

This book, first published in 1983, was the first detailed study of the Xhosa oral poetry tradition.

Every person has a story, a personal narrative that informs their life, their decisions, and their way of thinking. But did you know that it also affects the wiring of your brain? Renowned psychiatrist and professor at Harvard Medical School John Sharp, M.D., offers an eight-step process to discovering your unconscious narrative and using your new insight to eradicate the "false truth" that has been at the core of your self-sabotage. His unique approach integrates four core domains of applied psychology—control mastery theory, attachment theory, narrative therapy, and positive psychology—with his own research and professional experience to construct an insightful and soul-searching path to insight. Throughout his step-by-step process, Dr. Sharp provides:

- The “Sharp Focus” to distill and emphasize important concepts
- Quizzes to help you analyze your internal and external tendencies
- “First Impressions” case studies from his professional practice
- Awareness, insight, change, and narrative tools to facilitate your transformation
- “Gut Checks” to help you figure out if you are ready to move on to the next step in the process

Dr. Sharp's approach is simple and accessible, with the power to wield profound results. Through exercises, quizzes, thorough exploration of case studies, and clear guidance, you will be able to find your false truth, rewrite your story, and transform your life. Once you have flipped the switch of insight, nothing can hold back the light that shines from within.

David Livingstone Phakamile Yali-Manisi (1926-1999) was a Thembu imbongi, the most powerful exponent of the art of praise poetry in the Xhosa language in the second half of the 20th century. His literary career, however, was blighted by circumstances beyond his control, and he died in total obscurity. Manisi was obliged to seek his audiences throughout the lifetime of South Africa's reviled policy of apartheid; and, the poet's reputation, initially full of promise, waned as a consequence. He was a lifelong supporter of Nelson Mandela and the author of the earliest poem in praise of Mandela (1954), but he was never able to fulfill his ambition of performing a poem in honor of Mandela in a liberated South Africa. Manisi exhibited a marked penchant for extending the panegyric mode of the imbongi into explicit narrative. He also displayed an astonishing capacity to compose poetry in the act of performance. This volume presents eight of his narrative poems, in isiXhosa and in English translation. Four poems are drawn from his earliest published books, together with the complete text of his epic poem on the War of Mlanjeni, published in 1983. Also included are three remarkable spontaneous poems produced with little forethought. The poems address events of the 19th century, and feature blunt assessments of figures such as Ntsikana, Ngqika, Nonesi, Sandile, Sir Harry Smith, Nongqawuse, and Sir George Grey. David Yali-Manisi ardently anticipated the restoration of black control under those imprisoned on Robben Island; fighters for liberty, quite as heroic as the crane-feathered warriors of the 19th century. His poetry, both written and performed, plumbed the past to inspire resistance to present injustices. (Series: Publications of the Opland Collection of Xhosa Literature - Vol. 2) [Subject: African Studies, History, Literary Criticism, Poetry]

Sacred Nature Volume 2: Reconnecting People to Our Planet is a beautiful 288-page fine art wildlife photography book, supporting the protection of our planet and its priceless wild places. This book takes

the ethos of the first volume and applies it to the whole planet - to our savannas, forests, deserts, mountains, oceans and polar regions. Jonathan and Angela's intention is to reveal the wonder and beauty of our world, instilling a sense of awe and concern for its well being. In 2016 Jonathan and Angela Scott published their award-winning book Sacred Nature: Life's Eternal Dance. This book, the standard edition of which is now out of print, was Angela's vision brought to life by the artistry of their son David's design work. The book was met with overwhelming success and won Gold in the 2017 Independent Publishers awards (IPPY) for Photography. Volume 1 centred around a place close to the Scotts' hearts -the vast Mara-Serengeti ecosystem in East Africa where they have spent much of the past forty years, somewhere they describe as The Last Place on Earth. This is a corner of Eden so breathtaking to behold that it is almost beyond belief that it might one day die for lack of care and foresight on the part of humanity. We must do everything we can to help protect these last wild places. The Scotts explored the natural rhythms that permeate the African savannahs and woodlands, illuminating life's eternal dance. "Wonderfully, in Akashic's Oakland Noir, the stereotypes about the city suffer the fate of your average noir character—they die brutally." —San Francisco Chronicle In the wake of San Francisco Noir, Los Angeles Noir, and Orange County Noir—all popular volumes in the Akashic Noir Series—comes the latest California installment, Oakland Noir. Masterfully curated by Jerry Thompson and Eddie Muller (the "Czar of Noir"), this volume will shock, titillate, provoke, and entertain. The diverse cast of talented contributors will not disappoint. Oakland Noir offers stories by Nick Petrulakis, Kim Addonizio, Keenan Norris, Keri Miki-Lani Schroeder, Katie Gilmartin, Dorothy Lazard, Harry Louis Williams II, Carolyn Alexander, Phil Canalin, Judy Juanita, Jamie DeWolf, Nayomi Munaweera, Mahmud Rahman, Tom McElravey, Joe Loya, and Eddie Muller. "From the Oakland hills to the heart of downtown, each story brings Oakland to life." —San Jose Mercury News "Oakland is a natural for the series, with its shadowy crimes and disgruntled cops." —Zoom Street Magazine "San Francisco's grittier next-door neighbor gets her day in the sun in 16 new stories in this tightly curated entry in Akashic's Noir series. The hardscrabble streets of Oakland offer crime aplenty . . . Thompson and Muller have taken such pains to choose stories highlighting Oakland's diversity and history that the result is a volume rich in local culture as well as crime." —Kirkus Reviews

An Incredibly Humorous Coloring book for Kids and Adults!

Now updated and expanded, Southern African LBJs made simple offers a unique method for identifying and distinguishing the cryptic little birds that are known as 'little brown jobs'. Using a three-stage process, the book guides readers through successive stages, each of which takes them closer to identifying the bird in question. As calls play a critical role in identification of these birds, individual calls and comparative tracks are included. The book features: NEW BIRD CALL ACCESS – instant access to calls using free downloadable call app to scan barcodes on the species pages. Concise text describing key ID criteria (such as size, habitat, habits, call and similar-looking and -sounding birds). Updated distribution maps and carefully labelled illustrations. This enhanced and updated new edition will be an invaluable guide for anyone who wants to be able to tell one LBJ from another. Sales points: invaluable resource for identifying cryptic birds; fully updated, with additional species and refined ID information; scan and play bird calls using free downloadable app.

Journey through a small suburban town and view a special friendship through the eyes of a marble. If you've ever played with marbles, you know how beautiful they can be. There are several different types of marbles, big and small, different colors, alternate designs. And then, there is Aggie, a very special marble. This tale is told from an unusual perspective. Follow a story of adventure, friendship, caring, giving and sacrifice. But most of all, the book details a colorful journey that will enhance the imagination of young readers. This booklet also includes a brief description of the game of marbles. It details what materials are needed and how to set the game up for initial play. The rules of marbles are listed in an easy to understand format. So, why not play one of the oldest and most treasured games right now? This short picture book is targeted at younger children, but the game itself applies to all ages that are able to use marbles, although this may depend upon your own child's progress. The story was developed to learn about friendship, giving, sharing, and acceptance by traveling through the virtual eyes of a marble. The sentences in this book are relatively easy to read, with photographs to help understand the story. Johnny Tractor invites the reader to count from one to ten using objects found on a farm. On board pages.

Did you know that the forked tongue of a snake is used for smelling? These and many other interesting facts are explained in this colorful book.

After the death of a police officer, assassin Kahllah (aka the Black Lotus) is forced out of retirement in an attempt to clear her name while outrunning a mysterious enemy. "K'wan delivers a lean, tightly plotted tale that balances noir aesthetics with comic book flair. Fans of pulp and urban lit will be well satisfied." --Publishers Weekly "From page one to the last, K'wan's Black Lotus 2: The Vow is a high-wire act with no net. A smart refiguring of hard-boiled with a nitro injection of new-age sensibilities." --Reed Farrel Coleman, New York Times best-selling author of Walking the Perfect Square "Like a cool, hip, and fun evening at a vintage drive-in, Black Lotus 2: The Vow takes me back to a time when Jim Kelly, Pam Grier, and Fred Williamson graced the big screen. Throw in some Bruce Lee and a little The Last Dragon and you have a hell of a butt-kicking, action-filled ride." --Ace Atkins, New York Times best-selling author of The Shameless "Black Lotus 2: The Vow is a thrilling roller-coaster ride of a mystery that kept me on the edge of my seat!" --Bernice L. McFadden, author of The Book of Harlan It's been months since Kahllah El-Amin, aka the Black Lotus, hung up her pistols, retired from the murder-for-hire business, and finally found peace. But when a police officer is murdered and a familiar flower is left at the crime scene, all signs point to it being the work of the Black Lotus. Someone is trying to frame her. Things get more complicated when the case is handed to Detective James Wolf, a former adversary who has since become a friend. To clear her name, Kahllah is forced out of retirement and once again must don the mask of the Black Lotus. She races against time to catch the real killer while trying to outrun her most formidable rival. Their deadly game leads to a shocking truth buried under a mountain of lies, as Kahllah attempts to find justice in a world devoid of light.

Field Guide to Trees of Southern Africa Penguin Random House South Africa

First published in 1951, Cherokee Cooklore introduces us to traditional Cherokee cooking. It starts with a photographic essay as Aggie Lossiah demonstrates how she makes bean bread. This is followed by recipes gathered from the North Carolina Cherokee community (including yellowjacket soup, blood pudding, hominy corn drink, baked squirrel, and hickory nut soup). A description of Cherokee food customs follows. This is a fascinating booklet that provides valuable food lore for the adventuresome gourmet or the student of Native American history.

Five great poets of the T'ang dynasty (eighth and ninth centuries A.D.) are represented in this collection: Wang Wei, Li Po, Tu Fu, Li Ho, and Li Shang-Yin. Each poet is introduced by the translator and represented by a selection that spans the poet's development and career. These constitute some of the greatest lyric poems ever written.

Desktop Rugby brings the excitement of rugby right to your fingertips. Included is everything you need to play the game--a goal, ball, tee, flag, and mini referee figurine to call that foul. Kit also includes a 32-page book on the history and rules of the game.

We Hate Humans is a landmark in the study of soccer violence. The first book to give voice to the denizens of the terraces, it followed seven years of research onto the violent 'ends' of Britain's football grounds, such as Chelsea's Shed and Manchester United's Stretford End. Through the vivid speech of the fans themselves, it chronicles a subculture of disaffected young men, their lives and backgrounds and their reasons for fighting. We Hate Humans is a bizarre, scary, sometimes funny and always thought-provoking look at one of the most intriguing social topics of our times.

From the bestselling 1001 series, comes a collection of 1001 quotations from numerous brilliant minds of the Ancient World through to the present day. With quotes from everyone including Marcus Aurelius, Sun Tzu, Shakespeare and Nietzsche through to Ellen DeGeneres, Nelson Mandela, Mark Zuckerberg and Monty Python's Flying Circus, there is an immense range of ideas, witticisms and musings to ponder. The quotations cover a wide range of topics, including art and literature, culture, philosophy, politics, psychology and religion, made accessible and brought to life by being placed in their historical contexts and accompanied by a wealth of illustrations.

In October 1939, Albert Einstein warns President Franklin D. Roosevelt that Nazi Germany is actively pursuing an atomic bomb and urges him to make sure that the United States develops the bomb first. Roosevelt heeds the warning and launches the "Manhattan Project" in June 1942.

Science-fiction miniatures by acclaimed writers offer intriguing portraits of a superman who lives in a real world of nuclear danger, an android that dreams of electric love, a universe put right by a cosmic tinkerer, and more

This comprehensively updated and expanded edition of the region's best-selling field guide to trees offers much, much more than the highly successful first edition. Fully updated text (including additional species entries) and distribution maps, numerous new photographs and a new 87-page section of full-tree photographs makes this well-loved guide even more indispensable in the field. Southern Africa has a rich variety of tree species, with an estimated 2 100 indigenous species and more than 100 naturalised aliens. Field Guide to Trees of Southern Africa describes and illustrates more than 1 000 of these, focusing on trees that are the most common and most likely to be encountered. Species are logically arranged in 43 groups based on easy-to-observe leaf and stem features, and each account is illustrated by full-colour photographs of the plant's diagnostic parts. The text also touches on the practical uses of the plants.

More than a century ago elephants in the eastern Cape were systematically hunted – until only 16 were left. Today there are 650 elephants in the Addo Elephant National Park, the densest concentration of wild elephants anywhere on the planet. While elephants are undoubtedly still the park's top drawcard, the past four decades have seen the emphasis shift from protecting a single species to conserving five biomes and the wild animals that occupy them. Today, Addo can boast the Big Seven: elephant, lion, leopard, buffalo, rhino, as well as great white shark and southern right whale. Like Shaping Kruger, its successful predecessor, Shaping Addo expertly delves into the history of the park, detailing the positive impact that changing conservation practices have had on its development. Drawing on decades of groundbreaking research, the author provides fascinating insight into the lives and habits of the animals (both terrestrial and marine), examining individual species, the relationship between them, and the carefully crafted management strategies required to ensure the survival of all species. Shaping Addo is an engrossing account of how a seemingly insignificant sanctuary was transformed into an astonishingly successful mega-park, and the most ecologically diverse protected space in South Africa. Sales points: Fascinating insights into animal behaviour and changing wildlife management practices. Focuses on land and sea mammals and on birds in five different biomes. Topical subject, emphasising the work being done to ensure species survival. Compelling and inspiring read, illustrated with colour photographs. Companion to the successful Shaping Kruger.

Tender, aromatic and wonderfully diverse, North African food is full of subtle flavours, yet it is easy to create and delicious to eat. This newly updated bestseller includes the core recipes for traditional tagines and couscous, but adds the exotic starters, soups and salads that provide perfect companion dishes. Bring the spice and scent of the souk to your kitchen with this little gem.

Pangolins have long been sustainably harvested by local communities for their meat and scales, but today the burgeoning trade in these mammals has reached crisis point. Eight pangolin species occur worldwide, four in Asia and four in Africa, and all face extinction if current rates of hunting and trading continue unabated. Now the spotlight is on the world's most trafficked mammal. Scientists have identified pangolins as the likely source of the coronavirus infection that has brought the world to its knees. This multi-trillion dollar disaster makes pangolins the most expensive meals ever eaten. In this timely exposé, Richard Peirce unpacks the horrors and dangers of the trade in this enigmatic, little-known mammal. He explains the links between wildlife and Covid-19, and details China's response to the pandemic. He also tells the story of a particular pangolin poached in Zimbabwe and brought to South Africa to be traded. Readers accompany an agent of the African Pangolin Working Group, assisted by the local police, on an actual sting operation to rescue the animal and capture the traffickers. And they follow the subsequent progress of the rescued pangolin, from near death to rehabilitation and release into the wild. Sales points: Topical subject – probes the claim that pangolins are central to the Covid-19 pandemic. Compelling story about the fate of pangolins in southeast Asia and Africa. Riveting account of a real-life sting operation to rescue a poached pangolin.

Math 1 B

"The rise and fall of kings and nations!"--Cover.

An essential guide to identifying all dangerous snakes and common harmless snakes in southern Africa, as well as quick and important practical advice on first aid measures in the case of snakebite. Simple icons, distribution maps, succinct text and numerous full-colour photographs assist with easy identification of snakes commonly encountered in the region. Symptoms and

