

## Unlock Your Intuition Empowered Soul

Words of Inspiration to touch your Heart and Soul Within Silence, Wisdom Whispers weaves a creative and powerful insight into life. The book aims to be a blueprint for those who are on a personal development journey to find their inner truth emotionally and spiritually. It is timely because so many people are seeking respite from the pressures of life, especially in this current climate of conscious unrest and instability and for those who are searching for more alternative and harmonious ways of living. It is a soulful book of immense power, touching deeply on matters of the heart and soul yet light and subtle in its delivery of its message. Esther is the mother of two young men. Her hobbies are travelling, exploring nature and the great outdoors, reading, visiting the theatre, music, dancing and drumming. Esther Austin's passion and remit is personal transformation and empowerment. She is an Intuitive Healer, Intuitive Reader, Soul Guide and Hypno-Analysis and Regression Therapist. She is also an Author, Empowerment Speaker and Radio Presenter. She has her own radio station Qarma Broadcast [www.qarmabroadcast.co.uk](http://www.qarmabroadcast.co.uk) and also hosts live empowerment shows on various other stations. Esther's work empowers clients to deal with and heal emotional, psychological and physical blocks bringing about a sense of wellbeing. She empowers and supports individuals to unlock the gates to whatever is holding them back through her intuitive work. [www.qarmatherapies.co.uk](http://www.qarmatherapies.co.uk)

Have you ever sensed that your life has a deeper, more meaningful purpose, but you don't know what it is? If so, you're not alone. To help you and the millions like you, psychic Ainslie MacLeod's spirit guides have given him a systematic approach to uncovering who you really are—and the life your soul has planned for. They call it The Instruction. Now, for the first time, this unique teaching is offered as a step-by-step program for realizing personal fulfillment. The Instruction will take you through 10 doorways to unveil the life plan your soul created before you were even born, including: Your Soul Age—Determining how it shapes your beliefs and behaviors Your Soul Type—Are you a Hunter? Thinker? Creator? What your Soul Type reveals about your true self Your Powers—Connecting fully and permanently with your spirit guides to create your destiny Your Talents—Using your past lives to enhance the present By taking you on a journey beyond this plane, Ainslie MacLeod uses a groundbreaking system to help you unlock the secrets of your soul's purpose, and illuminate the path of your life with The Instruction.

Renowned astrologer, Debbie Frank, shares how to use astrology for personal development - discover how your soul was destined to grow, develop and evolve in this lifetime. Are you ready to discover who you really are on a soul level, and who you were born to be? The magic of astrology flows through every aspect of our lives - from our work and relationships to our inner power and creative inspiration - leaving signposts, messages and guidance to assist us on our soul journey. In this book, Debbie Frank reveals her secrets for turning the insights from your birth chart into incredible triggers for personal growth. You'll learn how to: • interpret your 'soul signs' - the positions and interactions of the planets and aspects in your chart • understand how the nodes reveal your soul path and soul connections with others • discover how your soul was destined to grow, develop and evolve in this lifetime Your birth chart is a sacred map encoded with all the information you need to find your true purpose, raise your vibration and transform your life.

Discover an Ancient Path to Power, Wisdom & Magick What do you think of when you hear the word witch? Through centuries of persecution, our society has been indoctrinated into thinking that witches are evil villains. Author and proud witch Danielle Dulsky debunks this interpretation and reveals the true nature of Witchcraft: an ancient spiritual path that rejects religious dogma in favor of female

empowerment and a deep reverence for the Earth. In a collaborative, conversational tone, *Woman Most Wild* reclaims the Earth-centered power of aligning with our wildest, freest selves to create an inclusive world for all. The three keys to liberating your inner witch and owning your power are:

- Wild Rhythm: aligning yourself with the cycles of nature
- Wild Ritual: understanding the importance of ritual and ceremony
- Wild Circle: bonding with like-minded seekers

Dulsky's tools for embracing and experiencing the power of these keys, including moon rituals, healing meditations, yoga postures, circle work, and Goddess encounters, will guide you toward joining the cosmic dance befitting the divine, limitless woman you are.

In this life-changing book, energy medicine expert Rhys Thomas shows you how to discover your life purpose and align your decisions with your deepest self, so your life is fulfilling, productive, and full of joy. Trying to meet everyone else's expectations about the type of role you should play—whether in your job, your family, or society—can leave you constantly striving but ultimately dissatisfied. In this inspiring book, Thomas guides you in using the Rhys Method® Life Purpose Profile System to identify your purpose and reconnect with your passions, so you can find true happiness and fulfillment. This system of self-discovery encompasses five distinct soul-based profiles. Which one are you? - Creative Idealists are highly imaginative thinkers who sometimes self-isolate, feeling safer staying in their inner mental world than engaging with others. - Emotional Intelligence Specialists are empathic, sensitive, and compassionate but sometimes struggle with being overwhelmed and feeling unloved. - Team Players are loyal supporters who selflessly put others' needs before their own, but they can fail to recognize their own strengths and needs. - Charismatic Leader-Charmers are energetic, dynamic, and capable, but they can become distrustful, self-centered, and even aggressive, in their relationships. - Knowledgeable Achievers are driven, self-disciplined, and organized big-picture thinkers. They sometimes lose touch with their emotions and push themselves too hard, becoming overly critical and judgmental. Once you identify your primary life-purpose profile, as well the other profiles you may inhabit, you can move toward your unique calling—embracing your strengths and rejecting unhealthy behaviors. *Discover Your Purpose* also helps you to better understand and relate to others through their profiles. Included in this book are resources and bio-energetic exercises designed for your individual profile to help you reach your fullest potential in mind, body, and soul.

In *Get a PhD in YOU: A Course in Miraculous Self-Discovery*, you will begin to excavate a more extraordinary version of you. Get ready for a transformative journey. It's time to uncover your full potential, your 'you-est you' and say yes to yourself.

It's time to let Spirit Girl out of the closet. Now is the time to rewrite the story of not being good enough and reclaim your Authentic Self. You are a beautiful, empowered, radiant, drop of God. You are a divine spiritual Being on a human adventure. You are here to express the magnificence that is you. You are here to learn to respect, honor, and love your sweet self and your whole life. I am here to remind you how. With this uplifting guide to personal growth, you will:

- Recognize, respect, and honor yourself so you can experience your wholeness.
- Celebrate your Human Self with reverence and trust your Higher Self with confidence.
- Learn to embrace everything on your path, so you can continue to grow.
- Observe the miracles in your ordinary daily life so you can enrich your experience.
- Let go of old identities and stories of not-enoughness and reclaim your authentic self.
- Identify new beliefs to consider and cultivate supportive behaviors to adopt.
- Develop a practice of radical self-acceptance to stop the "doing" and embrace a new "Way of Being"
- Transcend fear and courageously take action
- Develop self-trust by listening to your intuition.
- Raise your personal vibration to clarify your life's purpose.

I'm sharing my story with you in the hopes that it will resonate inside you at a deep level and inspire you to wake up and reclaim your sovereignty as a divine Being who is having a human adventure. Deep within you, you know all of this because it's your Original Wisdom. I am just here to ignite it. This book also

includes: 12 Opportunities for Transformation - self-guided experiential activities for engagement 12 Sacred Truth Activations - personal decree healing transmissions Life-mastery tools throughout Reclaim your authentic self with this illuminating memoir of personal transformation for women based on the practice of Spiritual Psychology. By integrating the wholeness of your Higher Self and your Human Self, you will transform your consciousness and empower your life from the inside out. Walk with me as I share my profound journey with you. Awaken Soul-centered practice for self-love. Learn how to be happy with yourself and your life. Activate the authentic power that resides within you -your Original Wisdom. Pick up your copy today by clicking the BUY NOW button at the top.

Break Free from Self Sabotage in 7 Steps Are you tired of the same emotional roller-coaster ride? Struggling to lose weight, depressed, anxious, or continuing to emotionally eat or drink? Maybe you're just "over it all" and want to give up? There are many things in life that hold us back, but it doesn't have to be this way anymore. It's time to realise your true potential and move beyond your past limitations. We've made it is easier with 'The 7 Steps' to help you break free and live the life you were created to live. No-longer will you need to ignore or suppress your talents and gifts. The 7 Steps is easy to read, understand and implement into your daily life. Now is the time to break free of your past, fears and blocks, and STOP Sabotaging your life today.

In a world dominated by half-truths, illogic, and intellectual laziness, Think Better helps readers understand what reason is and how to use it well. Reason is a powerful tool not only for finding our way in an increasingly complex world but also for growing intellectually and emotionally. This short, accessible volume unlocks the dynamics of human reason, helping readers to think critically and to use reason confidently to solve problems. It enables readers to think more clearly and precisely about the world, and it tackles a number of profound philosophical questions without getting bogged down with jargon. Topics include knowledge, identity, leadership, creativity, and empathy. Written in an accessible style that integrates philosophy, illustrations, personal anecdotes, and statistical data, this book is well suited for use in undergraduate, classical school, and home school contexts. It is an invaluable guide for anyone interested in gaining better reasoning skills and a more rational approach to life.

Whether you are heading out to an important job interview or a pivotal first date, feeling empowered, confident, and ready are the key elements to success. Internationally renowned psychic and cosmic life coach Dougall Fraser draws from years of experience and observation to create a guide for utilizing the innate strength of colors in conjunction with your individual self. From white to gold to emerald green, every color has qualities that you can consciously draw strength and purpose from in order to support you in achieving your highest goals and dreams. Fraser explores each key color's unique spiritual and practical qualities, providing insight into its history and shadow sides, real-world personal and professional anecdotes, and exercises and inspiration to evoke each color's maximum power. His step-by-step plan will help you to integrate color energy into your daily life, from the inside out. Unlock the full magnitude of your soul's potential by letting its true colors shine bold and bright!

The Miracle! In this book Nicholas presents you a practical, unique, subliminal, very simple, detailed method of how to Unlock Your Courage to Unleash Your Potential. You will feel the effects immediately and the results will appear very quickly! So it was in my case. You will not achieve fulfillment and happiness until YOU become the architect of your own reality. Imagine that with a few moments each day, you could begin the powerful transformation toward complete control of your own life and well being through this unique, subliminal method combined with positive affirmations. The order of words is extremely important for every book written by Nicholas. These are arranged to be traversed in a certain way so as to eliminate certain blockages in the human being, blockages that are bringing disease or failure on various plans. You don't need a big chunk of your time or expensive programs. Everything is extremely simple! Health, money, prosperity, abundance, safety, stability, sociability, charisma, sexual vitality, erotic attraction, will, optimism, perseverance, self-confidence, tenacity, courage, love, loving relationships, self-control, self-esteem, enthusiasm, refinement, intuition, detachment, intelligence, mental calm, power of concentration, exceptional memory, aspiration, transcendence, wisdom, compassion. You have the ability to unlock your full inner-potential and achieve your ultimate goals. This is the age-old secret of the financial elite, world class scholars, and Olympic champions. For example, when you watch the Olympics, you'll find one consistency in all of the champions. Each one closes their eyes for a moment and clearly affirms & visualizes themselves completing the event flawlessly just before starting. Then they win gold medals and become champions. That's merely one example of how the real power of mind can elevate you above any of life's challenges. By reading this book, you will feel totally that life deserves to be lived and enjoyed every moment and that everything that you propose for yourself becomes easy for you to fulfill. Nicholas will guide you to touch your longed-for dream and will make you see life from a new perspective, full of freshness and success. This book helps you step by step, in a natural way, in just 3 minutes a day, to change your misguided way of thinking and to Unlock Your Courage to Unleash Your Potential. (NOTE: For good, Nicholas keep the price of the book as lower as he can, even if it is a hard work behind this project. A significant portion of the earnings from the sale of the book are used for these purposes: for charity, volunteer projects, nature restoration, and other inspired ideas to do good where it is needed. If you can not afford to buy the book please contact Nicholas and he will give you a free copy.) You, also have a bonus in the pages of the book that makes you live your success by doing a seemingly trivial thing. You will feel the difference. Yes. The Miracle is possible! Get Your Copy Now!

Using simple divination as a starting point, Hess presents a step-by-step process to guide readers towards an intimate relationship with the still, small voice of their intuition.

A guide to mastering your intuitive abilities.

Born gifted with a rare seventh sense—the ability to read human hearts coupled with keen intuition—Kate Kindrick struggles to understand her capabilities. She is often bewildered by her unique perceptions combined with seeing symbols and panoplies of color in people's hearts. Kate's parents fear that their young daughter suffers from delusional psychosis. Their concerns are intensified by her claims that she has conversations with an angel. Only her grandmother, who is gravely ill, and her uncle, a famous writer, encourage Kate to develop her gifts. Yet it's her naiveté of the intuitive signs that augur trouble. When she doesn't heed an inner warning, her world spins into a dangerous spiral that spells hazard for her and those she loves. Her antics land her cherished uncle in the hospital. His life hangs in the balance. Just when she believes things couldn't get worse, her life cascades down a doubly treacherous path. She is forced to spend extended time with her teenage cousin, Marilla Marzy, and the girl's sinister father Vaynem Moxsin. Tormented by both of them, she prays for rescue. Shocking events transpire. This captivating novel explores issues relevant to many of today's societal woes: prejudice, abuse, eating disorders, and limiting belief systems. It delves into the mysteries of death and of angels, plus intuition, finding God in all, and true love. Full of spirit, this poignant story brims with inspiration, daring, and hope.

**ABOUT ALIGNING WITH THE DIVINE** We are living in amazing times. Many people are awakening from their spiritual slumber and are seeking the deeper meanings of existence. Many are discovering that we are far more powerful than we have been led to believe—we are a direct reflection of creation; eternal beings of energy and light. At this time of great growth in human consciousness, now is the time to reclaim our power and to align with the divine. The wisdom shared within the pages of this book offers a simplified understanding of relatively difficult concepts. We hope these ideas will inspire you to join us on a path towards spiritual awareness and empowerment. We hope you travel well on this quest of awakening to your true power—the power that lies dormant within you. This book will teach you about ancient principles that unlock some of the universe's best-kept secrets. It will serve you as you learn to cultivate compassion, to understand your fellow human beings more deeply, and to nurture your own inner peace and spiritual prosperity. As you read this book, you will learn, through simple, practical steps:

- how to use the laws of physics to manifest a life of your choosing
- how to understand the human body's energy systems
- how to practice energy awareness and management
- how to navigate your emotional state
- how to love yourself on a deeper level
- how to free yourself from sabotaging patterns that prevent your life from flowing in harmony with creation
- how to become self-aware, and
- how to create with emotion.

By reading this book you will:

- become more in tune with your intuition; your own direct connection with spirit
- go deeply into your subconscious mind
- challenge your borrowed beliefs, and
- free yourself from the bondage of a limiting perspective.

This book is a resource that you can turn to again and again to assist you in your sacred journey of exploration, experience, and spiritual expansion. We hope that this book will serve you in your awakening, empower you

to connect directly to the divine, and lead you to your life's purpose. Fueled by the clarity of your intentions, may you pursue your dreams fearlessly and manifest abundantly!

Where did they go? A troupe of Irish dancers disappear, leaving the police and the world baffled. While Silas Murphy and Clodagh Trevor embark on their own desperate search for their friends and colleagues, a strange and complex labyrinth of events unfolds, influenced by the age-old divinatory symbolism of the Tarot cards.

In this penetrating book, renowned intuitive, speaker, and teacher Robert Ohotto guides us on an investigation of the Heroic Journey of the Soul. Exploring three modern-day manifestations of Fate, he shows how psychic energy from family patterns, cultural influences, generational legacy, and global evolution inform our self-concept every day, and how they often block our highest potential and "Fate" us to challenging circumstances and relationships. But, he reveals, these Fated encounters are actually the keys to our un-lived life. Each chapter maps our psyche and unravels the mysterious connections of Fate, Free Will, and Destiny, transforming our Fate into Destiny and our limitations into gifts. Through this seminal work based on years of experience, discover how we've made two fundamental agreements with the Universe as part of our Heroic Journey—one with Fate and the other with Destiny. As we learn to dance with these two forces, they become two voices challenging and beckoning us to discover our ultimate purpose—the primary task of the modern-day Hero and Heroine; and in the process, serve to unleash the power of our Soul in delivering grace to the world.

Follow Your Heart and Spirit as You Build Your Witchcraft and Intuition Skills Together Featuring extensive exercises, examples, and rituals, this amazing book reveals how to embrace the wisdom of your inner voice as you explore the endless possibilities of witchcraft. With Astrea Taylor's guidance, you can unlock your intuitive magical potential and celebrate the truth of who you are. Intuitive Witchcraft also offers insights from some of the best writers, thinkers, and leaders in their fields, helping you become your most empowered self. Discover how to work with energy, interact with deities and spirits, and create a personal practice that fits your beliefs and lifestyles. Learn to face your shadow side, make the mundane magical, use divination tools, and much more. Whether you're a beginner or advanced practitioner, this incredible book illuminates the path to manifesting your greatest desires in an intuitive way.

You are souls who experienced Atlantis and returned to Earth in your current reality to complete the cycle and purpose of Atlantis: to embody your divine self and to enable machines, technology, and inner spiritual discovery to exist harmoniously. Conflict between spirit and technology led to the fall of Atlantis, and that experience is still held within your soul and consciousness. Earth and humanity have reached a pinnacle point that is identical to that of the decline of Atlantis. You have the power to complete the purpose of all Atlanteans by creating healing and freedom while erasing the catastrophic effects Atlantis imprinted on all civilizations that followed it. Now is time to heal Atlantis within you and to manifest an era of love, peace, and unity as you fulfill your original Atlantean contract. In these pages, Nara, a high priestess of the Celestial White Beings temple in northern Atlantis, shares the moving account of her lifetime and experiences of the fall of Atlantis. Written in novel format, this exhilarating and

enlightening true story also offers practical guidance and exercises to heal and reacquaint you with your own Atlantean lifetime. William Whitecloud's 'Secrets Of Natural Success; Five Steps to Unlocking Your Genius' is unlike any self-transformation book you have ever read. Best selling author and Creative Development trainer William Whitecloud dispenses with the usual approaches of fixing, self-manipulation or relying on mystical forces to get ahead in life. Instead, he offers a highly original insight into how your level of creativity determines your level of natural success in life, and a step-by-step guide to unlocking and applying the dormant genius within each of us. With the same natural storytelling style of his best sellers, *The Magician's Way* and *The Last Shaman*, Whitecloud transports you on an astonishing journey through the realms of consciousness responsible for the realities and outcomes you experience in life, and explains how to align yourself with those aspects guaranteed to deliver the end results you prefer. Traversing themes as diverse as the creative nature of consciousness, unconscious belief systems, personality types, perception vs. intuition, imagination, conscious choice and the role of conflict and emotion in creative awareness and follow through, you will acquire a phenomenally thorough and effective model for accessing your latent power and directing it in creating a life beyond belief. Based on a deep appreciation of human nature and potential, the premises within these pages serve as a creative master key, putting other learnings in perspective, and further empowering you with a masterful approach to everything you care about and undertake.

**Build a Reliable System of Inner Wisdom Using Your Energy Body** This remarkable book makes it easy to receive intuitive guidance whenever you wish, be confident in your answers to life's big questions, and follow your inner wisdom to happiness and success. Lesley Phillips shows you how to develop your unique profile of psychic abilities through simple energetic techniques. By uniting your subtle body and intuition, you can heighten self-knowledge, reveal your inner truth, heal on multiple levels, and create your best reality. *Intuition and Chakras* gives you the foundation needed to safely and effectively develop both your chakras and your intuitive senses. Discover many inspiring stories from Lesley's work with clients. Explore each chakra and how intuitive information flows through it. Featuring accessible exercises and meditations, this book helps you overcome challenges, turn your intuition into a practical tool, and lead a purpose-filled life. As an added bonus, you'll get an exclusive link to meditation videos directly related to the book's core topics!

Awaken to your potential, connect with the callings your soul and light up the world with your presence. Your inner light is your soul and it is guiding you every moment of every day. *Light Is the New Black* is a guidebook for those who agreed to be here at this time in history to answer the call of their soul and work their light. This soulful, encouraging book will guide you to hear the callings of your soul, so you can light up the world with your presence. Rebecca Campbell had her first awakening when she was a teenager, but without anyone to guide her, she ignored her soul's callings and dimmed her light in order to fit in. Then, just before her 30th birthday, the life she had so consciously created began to crumble around her. It was as if the Universe had turned off all the lights, so she had no choice but to rediscover her own. In this book, Rebecca shares her own journey, alongside practical tools to help you reconnect with the core of your being and channelled messages from the Universe. Once you rediscover what you

already know at soul level, you can create a life that is in alignment, discover your soul gifts and offer the world something that only you can give.

Foreword by Caroline Myss, best-selling author and medical intuitive. Building on the significant history of the use of medical intuition by leaders in the field, Dr. Norman Shealy provides us with a path to using our innate intuition to develop optimal personal power and health. This book is your primer to medical intuition. From beginning to end, you'll learn how to use your basic healing power effectively and immediately. Nothing is more important than personal health, for ultimately one's own health is the major determinant of the value of one's life.

“Desire is here to stay. The challenge we all face, and which I intend to guide you through, is to learn how to take into account the full measure of who you are and use the positive force of all four of your soul's desires to lead you to your best life.” —Rod Stryker

According to ancient Yogic tradition, your soul has four distinct desires:

- The desire for purpose, the drive to become who you are meant to be
- The desire for the means (money, security, health) to prosper in this world
- The desire for pleasures like intimacy, beauty, and love
- The desire for spiritual fulfillment and lasting freedom

Learning to honor these four desires is the key to happiness, and to a complete and balanced life. But how can you discern what will truly satisfy your desires? How can you increase your capacity to achieve them? What if your desires seem to conflict with one another? Is it really possible to live a spiritual life while also wanting material pleasures and success? For more than three decades, master teacher Rod Stryker has taught yoga in the context of its deepest philosophy. His course, called The Yoga of Fulfillment™, has helped thousands recognize their soul's call to greatness and to achieve their dreams. Now, in this wise and richly practical book, he has distilled those broad teachings into a roadmap for becoming the person you were meant to be. It is filled with revealing true stories, provocative exercises, and practices for unlocking your inner guidance. And even if you've never done a yoga pose, you can follow this step-by-step process to:

- discover your soul's unique purpose—the one you came into this world to fulfill.
- recognize the goal(s) you need to focus on at any given time and enliven your capacity to reach them.
- overcome self-defeating ideas and behavior.
- recruit your deepest energies and strengthen your resolve to meet any challenge.
- learn to live with joy at every stage of your growth.

The Four Desires is nothing less than a complete path toward living your best life possible—a life that is rich in meaning and in means, a life that attracts and emanates happiness, a life that is your unique gift to yourself and the world.

Explores the biochemical relationship between mind and body to reconnect women to the intuition that is encoded in their DNA

This book is designed for those that desire a closer relationship and fellowship with the Father. As the reader reads this poetry, we feel once they grasp the idea to look at our Father and not the situation(s) they may face, they will find that God is a way maker and in his presence there is peace. So many times in life, we awake in a strange land; meaning, this is a new place in our lives and/or families, we are not sure how we got here or how to get back to that first love, which is God. We can have all of those things that God has designed; all we have to do is to ask. We communicate with our Father when we read, pray, fast, talk, and sing to him. Giving a total submission to God and allowing him to shine through our being, readers will find that when God has our

undivided attention, how he turns a bad situation to a glorified project for his kingdom. When we don't communicate with God, we experience separation, and this makes us feel that God is far away from us and perhaps we may even feel that he has given up on us. This is the flesh and carnal nature talking to us, based on our emotions. God is with us even when we hit the bottom.

What if creating a wealthy life could be as simple as being who you are, and doing what you love? You have a unique internal design for wealth. This formula is encoded in your soul blueprint—and like your fingerprint, it's unlike that of any other human being. It's called your Sacred Wealth Code, and it is written in the universal language of purpose and prosperity. The book you hold in your hands is a guide, playbook, and journal all in one. It provides everything you need to discover, understand, embody, and operate from your unique "sweet spot" of purpose and prosperity. Through information, stories, meditations, and experiential Wealth Focus practices, you will undertake a journey to discover your soul's blueprint and personal Wealth Code, and learn how to take daily inspired action to finally claim the abundant, prosperous life that is your birthright. Your Sacred Wealth Code is waiting. Are you ready to reveal it?

Discover Dr. Sha's Powerful Techniques for Healing Your Soul, Mind, and Body What is the real secret to healing? Internationally acclaimed healer and author Dr. Zhi Gang Sha gives us a simple yet powerful answer to this age-old question: Heal the soul first; then healing of the mind and body will follow. In *Soul Mind Body Medicine*, Dr. Sha shows that love and forgiveness are the golden keys to soul healing. From that foundation, he presents practical tools to heal and transform soul, mind, and body. The techniques and the underlying theories are easy to learn and practice but profoundly effective. They include: Healing methods for more than 100 ailments, from the common cold to back pain to heart disease to diabetes Step-by-step approaches to weight loss, cancer recovery, emotional balance, and maintenance of good health A revolutionary one-minute healing technique Endorsements “Just as our thoughts can influence water, our souls can bring healing and balance to our selves, our loved ones, and our world today. Dr. Sha is an important teacher and a wonderful healer with a valuable message about the power of the soul to influence and transform all life. His book *Soul Mind Body Medicine* will deeply touch you.” — Dr. Masaru Emoto, author of *The Hidden Messages in Water* “All cultures have produced authentic healers from time to time. Dr. Zhi Gang Sha is such a healer — a man of deep wisdom and compassion, and a gift to the human race.” — Larry Dossey, MD, author of *The Extraordinary Healing Power of Ordinary Things*

The Empowered Life + Part 2 How To Take Control of Your Life Bad Rabbit Publications

Discover your full intuitive potential with this practical guide to understanding astrology, your sun sign, and psychic development. With easy-to-follow instructions, you'll instantly tap into your intuition to overcome any blocks and find the mental clarity you seek. *Intuition and Your Sun Sign* presents a unique, approachable way to develop your intuitive gifts and incorporate astrological guidance into your life—without needing any previous experience. Astrologer Bernie Ashman shows you how to improve both your intuition and your insights about other people, helping you communicate more effectively for greater harmony in your relationships. Learn to balance your strengths and weaknesses, achieve your goals, raise your self-confidence, and find personal empowerment

through the incredible combination of intuition and sun sign.

Unleash Your Power 100 Power Thoughts Based on Hello Marvelous You In Unleash Your Power, author Jocelyne F. Lafreniere reminds you that you are the Marvelous You. You were not created to be undiscovered and unfulfilled but to flourish, express your creativity and passion, and experience fulfillment. These daily power thoughts will inspire you to let your true essence rise from within. By awakening to your Marvelous Self, you will be inspired to create your best life for more success and well-being. You will listen to your inner voice and achieve your deepest aspirations. You will love more and improve your relationships. You will believe that the impossible is possible. To sum it up, you will become all that you can be.

The Key to Crystals provides an overview of crystals and includes interactive lessons and exercises that will teach enthusiasts to use crystals for healing and divination.

Heart Sense is a compelling combination of research and "stranger than fiction" true stories illustrating that most people need to get out of their heads and back into their hearts. Paula Reeves tells how, time after time, successful heart transplant patients have undergone personality and style shifts as well as memory transfers, proving that the heart is not just a muscle. The real beauty of Heart Sense is that Reeves explains the heart's intelligence and teaches us simple exercises that help us tap into that intelligence and improve our lives. With this groundbreaking work, learn to listen to your seventh sense -- the wisdom of the heart. Book jacket.

Creating Eartheaven in Your Life is unique and it is innate in all human beings. Humanity's quest for a wholesome peaceful life goes unabated. Our search for our better self that identifies with the reality of the world we live in all too often filled with grief and stress is juxtaposed with faith and hope for change or a miracle. Do we just have faith expecting God will deliver humanity from the ills we have caused? Should we just buckle down and be practical seeking solution with our rational self? What kind of God do we actually know or are we seeking a relationship with an image of God taught to us. What is the divine matrix and does a personal God speak to us? Science stands for one view of creation and faith stands for another? Is there a joining point of the two? Has our species Homo sapiens stalled out in evolutionary development? Is the world becoming a village of cooperation and mutual peace seeking? Can we continue the way we have been and survive our own arrogance? What is the future of faith, religion and spirituality? The author in a comprehensive way takes us on a journey to explore answers to these questions and much more. Eartheaven is a paradigm of integration between the soul's development and our biological body and by extension all creation. He delves into scientific reality while preserving in the beginning God created. Creating Eartheaven in Your life is a deep exploratory of the soul's life in the experience of hurt and suffering and the potential for there to be personal divine human embodiment and therefore earth peace. Through ten fundamental teachings combining Jesus words of two thousand years ago, an Aramaic understanding, the author's revelatory experience in an apparition of Jesus, his 44 years life experience, psychology and science, your reading and learning experience will be a challenge and liberation of the soul. Profound transformation is needed and this codex offers the leverage needed to shift our life course towards personal awakening and transformation as well as providing a blue print for future generations. Creating Eartheaven in Your Life brings us into universal principles of life, a meeting for humanity without walls. This volume of two, addresses specifically transformation of the soul, heaven unfolding. Volume two addresses transformation of the body representing the earth and thus eartheaven. Granted this book is not an easy read but proves to be a strong mirror reflecting back to us our lives and what we can become fulfilling humanity's evolutionary life potential and perhaps vital to our survival as a people.

Spiritual seekers are feeling an increasingly strong urge from within to connect with and manifest their life purpose. They are seeking out tools and knowledge to awaken to this purpose and are doing whatever it takes to achieve this. This book is the answer to that search. A Soul Contract Reading is an accurate, in depth, channelled system of spiritual interpretation that will empower you to do this by decoding the secrets of the blueprint of your life hidden within your birth name. It is based on an ancient system of numerology that uses Hebrew glyphs, revealing the true essence of the reader's life purpose as well as their karma, talents and goals. This will show you the karmic patterns you face, the talents you have to overcome them, the goals you are trying to achieve and your soul destiny. This book will enable you to discover why you are in the perfect place in your life - be it in crisis, stuck, seeking a new way forward or just needing to make sense of it all. It will empower you to move forward from there. Your Soul Contract reading will place your entire life in context, and will enable you to navigate your life properly for the first time.

We all associate meanings to things differently. A plane in your dream may represent something completely different from how I view them. Dreams are unique to your own perspective so before you look at generic meanings, let's spend some time consulting with the only resource you need to better understand your dreams...your intuition! Empowered Dreaming is when you take the insights of your dreams to activate your healing and support the journey you are on, in all areas of your life. Free write your dreams and get every detail that you can remember down in writing. After you've recollected your dream in writing, break down the details that stand out. What was the key story in your dream? Who were the people involved? What symbols were represented? Over time, you may notice patterns that can help boost your intuition and before you know it, your dreams will be unlocking the blueprint to your soul's desires!

~ *Journeying With The Goddess* By Diana Sass ~ *Woman - From Spiritual Emergence To Inner Wisdom* By Flora Veritas ~ *Creatrix's Doina* Popescu & Melanconnie ~ *The Power Of Three Breaths* By Ameara Emily McLennan ~ *Awakening & Evolving From A Cycle Of Abuse* By Emma Wakefeild ~ *Womb Mystic: Activating The Womb As Your Intuitive Oracle* By Jemese LaChel ~ *My Story; Anorexia To Health And Fitness Coach* By Inese Zute ~ *Look Beyond The Mirror* By Ami Kismet ~ *Temptress Of The Light; An Intuitive Journey* By Nancy Jackson ~ *Wisdom Through Intuition* By Salem Islas-Madlo

The Reiki Way is an attunement to the frequency of your soul. These pages offer an immersion into the heart of the Universe. Through meditative poetry, soul seducing prose, and carefully crafted prompts to guide you inward, the words will beckon your True Self – the deepest dimension of who you are – to effortlessly rise into your awareness as you experience the soothing frequency of Reiki. You'll discover that Reiki isn't something that you do, but rather something that you intrinsically are. Brighitta Moser-Clark, a celebrated Reiki Teacher with a wealth of experience, provides a much-welcomed sense of homecoming along with potent medicine for this pivotal time on Earth. Written for both the spiritually curious who are new to Reiki as well as seasoned Reiki practitioners, this beautiful book will meet you exactly where you are, inspiring new levels of understanding to open within you. You'll feel connected, clear, and empowered as the journey unfolds. Rooted in eastern philosophy with a mystical influence, Brighitta shares accessible teachings and transmissions that will unlock your innate healing magic and amplify your inner light.

Ready to change your life? There are very few people who escape this physical life without having the experience of feeling like giving up. Life can get so hectic and out of control at times that we feel like we don't have any control at all. What we believe about ourselves becomes our reality; and in so many ways, what we believe about ourselves forms our future. I'm not speaking in airy-fairy, New Age terms here. I am talking about the real deal. Our paradigms drive us, one way or the other. You have to willfully choose how you want to be steered. If you are

the captain of your boat called life, then your hands need to firmly remain on the wheel that moves the rudder. You can't be the captain of your boat called life if you allow other people to form your paradigms, your beliefs about Self. Don't allow others to shape your beliefs about yourself. Read *The Empowered Life*. Success coach Cassandra Blizzard offers an intensive look at how we inadvertently give away our personal power and how we can regroup and bring ourselves back into balance. This book is the culmination of years of working with people and teaching clients how to trust in their Soul, live a more balanced life, and find fulfillment and happiness in the world. Build a bridge of trust with your own Soul, become self-actualized, and take charge of your life like never before. Learn how to get rid of old baggage and break up old belief systems that hold you back, and be bold about moving forward in positive ways. You can have the good life, a balanced life, and an emotionally healthy life. Cassandra shows readers how to appreciate, respect, and value Self, how to lay down positive boundary lines in relationships, and how to transform your life overall. Break through wrong-thinking, overcome obstacles, restore hope, and create personal success. Using this book, together with *The Empowered Life: The Workbook*, you can transform yourself and your life, reconnect with your Soul, and develop inner peace. Wouldn't you like to feel better about your life? Empowerment is just a choice away. Sometimes we make major changes in life just by taking one, small step, or making one, simple decision. But those decisions are not always easy to make. We tend to cater to other people's whim, or we are afraid of hurting someone's feelings. Afraid to take a risk, to step out of that dead-end job and aim for something higher. Afraid to make a decision to get out of a bad relationship. Afraid, fearful, anxious. Too often, these are the emotions that rule our lives and make our decisions for us. But it doesn't have to be that way. You can empower yourself to be more in control of your life, to be more centered, to make more positive decisions for self, and to understand how the soul works in your life to bring you to a better place, always. Whether in business, relationship, or just within yourself, you can learn how to take control and be a much more balanced, much happier person. Relationship, Self Esteem, Depression, Empowerment, Healing, Confidence, Personal Power, Intuition

*Own Your Glow* is an inspirational, actionable, and wildly enriching companion for change. Celebrity wellness and lifestyle guru, Latham Thomas provides soulful principles that offer an illuminated path for examining life's challenges, helping you curate your path to greatness, while embracing your uniquely feminine attributes. Packed with rituals, meditations, and snackable lifestyle tips, Thomas provides a clear framework for harnessing your passion, developing spiritual fitness, and embracing true vulnerability. This guide is for anyone who wants to witness her own life transform and contribute to the positive change of the world around her. Combining spiritual, psychological, and self-reflective tools, Thomas offers an antidote to the hustle-hard, make-it-happen mainstream culture and fosters slowing down, intentionality, and self-care as a pathway to empowerment. How much more potent and powerful would we all be if we embraced our inherent talents, strengths, and feminine edge, rather than dwelling in patterns of self-criticism, doubt, and catty competition? Thomas invites you to step into a soulful, fulfilling life of freedom, transcending self-destructive habits and creating a blueprint for a more gratifying, centered, and bountiful way of living. *Own Your Glow* is an awakening roar for women to mobilize, become the masters of their lives, and hold their crowned heads up high, letting their relentless light from within shine bright for the world.

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