

Unstoppable My Life So Far

Inspired by interviews with real-life cancer survivors and insider sports experience, this unforgettable New York Times bestseller shows a brave boy who learns what it truly means to be unstoppable. As National Ambassador for Young People's Literature emeritus Jon Scieszka said, Unstoppable is "absolutely heroic, and something every guy should read." If anyone understands the phrase "tough luck," it's Harrison. As a foster kid in a cruel home, he knows his dream of one day playing in the NFL is a longshot. Then Harrison is brought into a new home with kind, loving parents—his new dad is even a football coach. Harrison's big build and his incredible determination quickly make him a star running back on the junior high school team. On the field, he's practically unstoppable. But Harrison's good luck can't last forever. When a routine sports injury leads to a devastating diagnosis, it will take every ounce of Harrison's determination not to give up for good.

Contrary to popular belief, pain, exhaustion, and weight gain aren't inevitable human conditions that we must endure as we age. No matter how old you are, or how powerless and overwhelmed you may feel about your health, one thing is certain: you can live an optimized life. Drawing on years of experience as both an

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entrepreneur and triathlete, David Hauser shares a new perspective on achieving and sustaining optimal health. Instead of promoting limited, one-size-fits-all weight loss plans and workout routines, David provides an open structure that encourages you to experiment with all the factors that contribute to wellness--from nutrition and exercise, to sleep, yoga, meditation, productivity, and more. Then he gives you the tools to track and measure the results so you can chart a holistic course to health and vitality that best suits your personal needs and lifestyle. Your journey begins right now. It's time to become Unstoppable.

Just as World War II called an earlier generation to greatness, so the climate crisis is calling today's rising youth to action: to create a better future. In UNSTOPPABLE, Bill Nye crystallizes and expands the message for which he is best known and beloved. That message is that with a combination of optimism and scientific curiosity, all obstacles become opportunities, and the possibilities of our world become limitless. With a scientist's thirst for knowledge and an engineer's vision of what can be, Bill Nye sees today's environmental issues not as insurmountable, depressing problems but as chances for our society to rise to the challenge and create a cleaner, healthier, smarter world. We need not accept that transportation consumes half our energy, and that two-thirds of the energy

you put into your car is immediately thrown away out the tailpipe. We need not accept that dangerous emissions are the price we must pay for a vibrant economy and a comfortable life. Above all, we need not accept that we will leave our children a planet that is dirty, overheated, and depleted of resources. As Bill shares his vision, he debunks some of the most persistent myths and misunderstandings about global warming. When you are done reading, you'll be enlightened and empowered. Chances are, you'll be smiling, too, ready to join Bill and change the world. In *Unstoppable: Harnessing Science to Change the World*, the New York Times bestselling author of *Undeniable: Evolution and the Science of Creation* and former host of "Bill Nye the Science Guy" issues a new challenge to today's generation: to make a cleaner, more efficient, and happier world.

Praise for *UNDENIABLE*: "With his charming, breezy, narrative style, Bill empowers the reader to see the natural world as it is, not as some would wish it to be. He does it right. And, as I expected, he does it best." -Neil deGrasse Tyson, Ph.D, host of *COSMOS* "Bill Nye, 'the Science Guy,' has become a veritable cultural icon....[T]he title of his new book on evolution...[is] 'Undeniable,' because, yes, there are many Americans who still deny what Darwin and other scientists long ago proved." -Frank Bruni, *The New York Times* "With a jaunty bow tie and boyish enthusiasm, Bill Nye the Science Guy has spent decades

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decoding scientific topics, from germs to volcanoes, for television audiences....In his new book, Nye delights in how [evolution] helps to unlock the mysteries of everything from bumblebees to human origins to our place in the universe." -National Geographic "When it comes to Bill Nye, 'Science Guy' doesn't even begin to cover it. When he's not being summoned to act as a voice of reason for news outlets or leading meetings as CEO of the Planetary Society, he is living the life of a best-selling author....His recently published book, 'Undeniable: Evolution and the Science of Creation,' enlightens readers while using a conversational, educational tone. After all, it's his ability to break down even the most complicated topics into bite-size pieces that made him such a hit on his '90s children's show 'Bill Nye, the Science Guy.'" -The Boston Globe "Mr. Nye writes briskly and accessibly...[and] makes an eloquent case for evolution." -The Wall Street Journal "Because [Bill Nye is] a scientist, he has no doubts that the 'deniers' of evolution are flat wrong. And because he's a performer, his book is fun to read and easy to absorb." -The Washington Post "Ignite your inner scientist when Nye, known for delivering geeky intel with clarity and charm, takes on one of society's most hotly debated topics (yes, still)." -Time Out New York The Oprah Radio-featured career coach and best-selling author of This Time I Dance! shares the story of how she left a successful but ultimately toxic career to

pursue a life of fulfillment, sharing ideas for recognizing an inspired path, overcoming doubts and staying connected to personal desires. 10,000 first printing.

THE GLOBAL BESTSELLER • Soon to be a BBC One and HBO Max limited four-part series, starring Gugu Mbatha-Raw (*The Morning Show*; *Misbehaviour*) and multiple Golden Globe, BAFTA, and Emmy-nominated actor David Oyelowo (*Selma*; *Les Misérables*) “A pitch-perfect novel of psychological suspense” (Lee Child) that spins one woman’s seemingly good fortune, and another woman’s mysterious fate, through a kaleidoscope of duplicity, death, and deception Please make a list of every possession you consider essential to your life. The request seems odd, even intrusive—and for the two women who answer, the consequences are devastating. **EMMA** Reeling from a traumatic break-in, Emma wants a new place to live. But none of the apartments she sees are affordable or feel safe. Until **One Folgate Street**. The house is an architectural masterpiece: a minimalist design of pale stone, plate glass, and soaring ceilings. But there are rules. The enigmatic architect who designed the house retains full control: no books, no throw pillows, no photos or clutter or personal effects of any kind. The space is intended to transform its occupant—and it does. **JANE** After a personal tragedy, Jane needs a fresh start. When she finds **One Folgate Street** she is

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instantly drawn to the space—and to its aloof but seductive creator. Moving in, Jane soon learns about the untimely death of the home's previous tenant, a woman similar to Jane in age and appearance. As Jane tries to untangle truth from lies, she unwittingly follows the same patterns, makes the same choices, crosses paths with the same people, and experiences the same terror, as the girl before. Praise for *The Girl Before* “Dazzling, startling, and above all cunning—a pitch-perfect novel of psychological suspense.”—Lee Child “*The Girl Before* generates a fast pace. . . . [J. P.] Delaney intersperses ethics questions on stand-alone pages throughout the book. . . . The single most ingenious touch is that we're not provided either woman's answers.”—*The New York Times* “J. P. Delaney builds the suspense.”—*Vanity Fair* “Immediate guarantee: You will not be able to put this book down. . . . Fans of *Gone Girl* and *The Girl on the Train* will realize that there's not only more where that came from, but it's also more thrilling.”—*American Booksellers Association*

UNSTOPPABLE takes the most valuable lessons and top commonalities on how to succeed and lays out the 9 principles for unlimited success... in both business, and in life. Proven by author Kelly Roach's award-winning career in corporate and as an entrepreneur, **UNSTOPPABLE** is set to inspire everyone from the new entrepreneur to the seasoned CEO. In this much anticipated book, Kelly Roach

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breaks down the top lessons she's learned throughout her award-winning career, blended together with lessons from some of the top industry leaders in the world today in a way that's easy-to understand and motivating. From NFL Cheerleader to million dollar business mogul, internationally acclaimed entrepreneur, business coach, and rapid results expert, Kelly knows first-hand what it takes to become "unstoppable." "UNSTOPPABLE delivers an exact play-by-play for taking the goals and dreams you have had for years and finally making them a reality. That's what I want for you. I want you to see that there's more out there: more freedom, more fulfillment, more joy, and yes, more money. It's all there waiting for you, if you're willing to go after it." Inside UNSTOPPABLE, you'll discover how Kelly went from immense financial struggle to building millions for herself and others, year after year. The book is divided into three parts, strategically guiding readers from where they are to where they want to be: Part 1: Financial Abundance - Shifting Your Mindset & Setting Yourself Up For Success Part 2: Freedom - Escaping the Madness & Creating Your Ideal Business And Life Part 3: Unstoppable Success - Turning The New You Into Momentum & Epic Impact Kelly's dream is to help others fulfill their own. In UNSTOPPABLE, she is helping thousands of people do just that. You'll discover the key actions, strategies, and mindset to unlock your true potential for wealth, happiness, and success in every

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area of life, no matter where you are today. It all starts with simple keys that will leverage your time and revenue and allow you to work in your genius zone. These are the same thoughts and beliefs embodied by 6- and 7-figure entrepreneurs that will virtually guarantee your freedom, fulfillment, and financial success. This book is praised by top entrepreneurs, CEO's, and brands throughout the world, and brings a combination of motivation with simple, but practical steps that are sure to make an impact on reader's lives for years to come.

A read-aloud gem about teamwork and togetherness from New York Times bestselling author Adam Rex! If you could have any superpower, what would it be? Well, what if the answer was: ALL OF THEM! When a bird narrowly escapes the clutches of a hungry cat, a nearby crab admires the bird's ability to fly, while the bird admits a longtime yearning for claws. And, just like that, they team up. Pretty soon, the team includes every animal in the forest who's ever wanted someone else's special trait. But how will these animals stop humans from destroying the forest for a megamall? It's going to take claws, wings, and Congress together to be truly Unstoppable! Laura Park's bright, comic illustrations pair with bestselling author Adam Rex's laugh-out-loud text in this hilarious and insightful picture book about celebrating the ways you're unique,

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and using all your resourcefulness—and just a smidge of politics—to save the day.

• Unstoppable! provides a timely lesson on the glories of diversity and the power of working together. • Perfect read-aloud book for children interested in animals, the environment, and political action For fans of Nothing Rhymes with Orange, Here We Are: Notes for Living on Planet Earth, The Wolf the Duck and The Mouse, and Penguin Problems. • Books for kids ages 3–5 • Read-aloud picture books • Picture books about Congress and government Adam Rex is an author, illustrator, and author-illustrator known for his books including The Dirty Cowboy, School's First Day of School, and The True Meaning of Smekday, which was adapted into the DreamWorks film Home in 2014. He lives in Tucson, Arizona. Laura Park is a cartoonist, illustrator, and enthusiastic baker from Chicago currently living in France.

A National Indie Bestseller An NPR Best Book of the Year A New York Times Best Book of the Year An Amazon Best Book of the Year A Booklist Editors' Choice A BookPage Best Book of the Year A NECBA Windows & Mirrors Selection A Publishers Weekly Best Book of the Year A Wall Street Journal Best Book of the Year A Today.com Best of the Year PRAISE "A modern masterpiece." —The New York Times Book Review "Supple, sparkling and original." —The Wall Street Journal "Mesmerizing." —TODAY.com "This book

could change the world." —BookPage "Like nothing else you've read or ever will read." —Linda Sue Park "It hooks you right from the opening line." —NPR SEVEN STARRED REVIEWS ? "A modern epic." —Kirkus Reviews, starred review ? "A rare treasure of a book." —Publishers Weekly, starred review ? "A story that soars." —The Bulletin, starred review ? "At once beautiful and painful." —School Library Journal, starred review ? "Raises the literary bar in children's lit." —Booklist, starred review ? "Poignant and powerful." —Foreword Reviews, starred review ? "One of the most extraordinary books of the year." —BookPage, starred review A sprawling, evocative, and groundbreaking autobiographical novel told in the unforgettable and hilarious voice of a young Iranian refugee. It is a powerfully layered novel that poses the questions: Who owns the truth? Who speaks it? Who believes it? "A patchwork story is the shame of the refugee," Nayeri writes early in the novel. In an Oklahoman middle school, Khosrou (whom everyone calls Daniel) stands in front of a skeptical audience of classmates, telling the tales of his family's history, stretching back years, decades, and centuries. At the core is Daniel's story of how they became refugees—starting with his mother's vocal embrace of Christianity in a country that made such a thing a capital offense, and continuing through their midnight flight from the secret police, bribing their way onto a plane-to-anywhere. Anywhere becomes the sad, cement

refugee camps of Italy, and then finally asylum in the U.S. Implementing a distinct literary style and challenging western narrative structures, Nayeri deftly weaves through stories of the long and beautiful history of his family in Iran, adding a richness of ancient tales and Persian folklore. Like Scheherazade of One Thousand and One Nights in a hostile classroom, Daniel spins a tale to save his own life: to stake his claim to the truth. **EVERYTHING SAD IS UNTRUE** (a true story) is a tale of heartbreak and resilience and urges readers to speak their truth and be heard.

Olivia Beaufont likes fixing things and keeping to herself. She's simple like that-but her life is about to drastically change. Liv is a rebel with royal blood who abdicated her birthright. A string of murders changes everything and the House of Seven asks her to take on a role as a Warrior, one of seven positions revered for protecting magic. Although Liv would rather stay out of the politics and conspiracies that she ran away from years ago, her family needs her. It's only a twelve-year stint until her sister, the next in line, can take over. So, what's the harm in activating her magic and accepting her place as a warrior? Everything. Justice hasn't been properly served by the House of Seven in a long time. Not until now.

Record-breaking, trend-setting, polarizing, and controversial, Serena Williams often sparks conversation and debate. The 23-time Grand Slam champion has a team, an entourage, celebrity groupies, and a band of fans who call themselves "Serena's army." When not winning titles, Williams finds time to run her own fashion line, endorse luxury and financial

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brands, and fund schools for girls in Africa and Jamaica. Serena Williams transcends sports. More than a biography, *Serena Williams: Tennis Champion, Sports Legend, and Cultural Heroine* not only tells the story of her upbringing and remarkable career but also looks at Williams as a sports pioneer. Merlisa Lawrence Corbett explores Williams' influence on cultural and political issues such as body shaming, gender equality, and racism in sports and society. Corbett also analyzes Williams' impact on discussions of feminism, the sports celebrity, and the marketing of female athletes. Williams is one of the most intriguing and influential figures in sports, and this book is the first to provide a fully-rounded portrait of a tennis icon.

Stop thinking about who you might offend and start thinking about who you might inspire. Fans are always asking Tomi Lahren where she gained the confidence and candor that have made her who she is: a celebrated free-speech advocate, a conservative media star, and one of the most controversial pundits in America. In *Never Play Dead*, Tomi cheers on anyone, especially other young women willing to speak their minds. She takes readers on a tour of the internet trolls, political correctness police, campus activists, and condescending elites who never pass up a chance to quash honest debate. And she skewers the self-esteem movement that ironically discourages people from speaking up for themselves. She tells the story of how she worked her way out of South Dakota to television fame in LA, surviving social isolation, a truly terrible boyfriend, and awful workplaces. Along the way, she was tempted to follow everyone's advice to keep quiet and bide her time, but she never did. This comes at a cost. Any time Tomi posts a video or sends out a tweet, it makes headlines. A video of a stranger throwing a glass of ice water at her and her parents went viral, and the president tweeted about it. She was fired

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at The Blaze because she wouldn't toe the party line. However, it's fine to lose followers as long as you never lose yourself. Whether you've been told you're not good enough by parents, lovers, frenemies, bad bosses, or social media, it's time to take Lahren's advice and fight back. Free speech isn't just saying what you want; it's hearing what you don't want to hear. Never Play Dead teaches you to shed your fear, find your inner strength, speak the truth, and never let the haters get you down.

Riley Mason met the love of her life at eight years old... she just didn't know it yet. Scratch that: she didn't even like the guy. Maddox 'Reno' Renner, the resident King of Claremont High. Dark, brooding, arrogant... you get it. He's the kind of gorgeous no girl is immune to, including Riley. She shouldn't feel anything for him--falling for a guy like Reno would be stupid and reckless--but when he sets his sights on her, Riley's forced to admit just how far she's already fallen. With expert precision, Reno manages to break down every one of her defenses, but just when Riley starts to think it might be safe to lower her guard, tragedy strikes in a way neither one of them could have predicted, tearing them apart. When Reno needs her most, Riley will have to fight to reach the boy who's always held her heart, but this might be one fight she can't win. Because Reno's heart has always been untouchable. **Untouchable is an angsty, emotional, new adult standalone. Recommended for readers 17+

A deeply personal and inspiring memoir from one of the most celebrated and influential names in British sport.

What is the purpose of life? Do we even need to look for our purpose? What obstacles stop us from living a life of purpose? How do we kick those obstacles and redefine ourselves? How to live a life of Purpose ? The Author of the book, Dimp

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“A kick-ass combination of charm and ballsiness...” — Joanna Coles, Author, Executive Producer of *The Bold Type* How does a girl who was told she would spend her life in a wheelchair become confident and successful? She decides to become unstoppable! Standing 4 feet 2 inches tall, Lauren Ruotolo was told at a young age that she was destined for life in a wheelchair because of a rare genetic disorder called McCune-Albright syndrome. Lauren didn't accept this news, and decided to flip the script. She ditches the wheelchair for her preferred method of transportation: stilettos. She threw out the “disabled” label in favor of authentic self-discovery. And she turned her small stature into a big, beautiful life full of love, joy and success. Along the way, Lauren learned a lot about living large despite life's obstacles. From her unique, upward-facing vantage point, she shares tips, secrets and hard-earned wisdom. If you're a woman who wants to conquer today's hectic world, Lauren's fun, offbeat life philosophies will give you the tools you need to carve your own unique path to self-confidence, happiness, and success—no matter what obstacles you face—and you'll have a blast along the way!

A New York Times bestseller A New York Times Notable Book A Washington Post Notable Book A Publishers Weekly Book of the Year As seen on CBS This Morning, NPR's Fresh Air, and People Magazine A New York Times Book Review Editor's Choice A Publishers Weekly Best Book of the Year A Library Journal Nonfiction Pick of September The New York Times bestseller about a young black man's journey from violence and despair to the threshold of stardom. "A beautiful tribute to the power of good teachers."--Terry Gross, Fresh Air "One of the most inspiring stories I've come across in a long time."--Pamela Paul, New York Times Book Review Ryan Speedo Green had a tough upbringing in southeastern Virginia: his family

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lived in a trailer park and later a bullet-riddled house across the street from drug dealers. His father was absent; his mother was volatile and abusive. At the age of twelve, Ryan was sent to Virginia's juvenile facility of last resort. He was placed in solitary confinement. He was uncontrollable, uncontainable, with little hope for the future. In 2011, at the age of twenty-four, Ryan won a nationwide competition hosted by New York's Metropolitan Opera, beating out 1,200 other talented singers. Today, he is a rising star performing major roles at the Met and Europe's most prestigious opera houses. *SING FOR YOUR LIFE* chronicles Ryan's suspenseful, racially charged and artistically intricate journey from solitary confinement to stardom. Daniel Bergner takes readers on Ryan's path toward redemption, introducing us to a cast of memorable characters--including the two teachers from his childhood who redirect his rage into music, and his long-lost father who finally reappears to hear Ryan sing. Bergner illuminates all that it takes--technically, creatively--to find and foster the beauty of the human voice. And *Sing for Your Life* sheds unique light on the enduring and complex realities of race in America.

The Outsider is a no-holds-barred memoir by the original bad boy of tennis, Jimmy Connors. Connors ignited the tennis boom in the 1970s with his aggressive style of play, turning his matches with John McEnroe, Bjorn Borg, and Ivan Lendl into prizefights. But it was his prolonged dedication to his craft that won him the public's adoration. He capped off one of the most remarkable runs in tennis history at the age of 39 when he reached the semifinals of the 1991 U.S. Open, competing against players half his age. More than just the story of a tennis champion, *The Outsider* is the uncensored account of Connors' life, from his complicated relationship with his formidable mother and his storybook romance with tennis legend Chris

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Evert, to his battles with gambling and fidelity that threatened to derail his career and his long-lasting marriage to Playboy playmate Patti McGuire. When he retired from tennis twenty years ago, Connors all but disappeared from public view. In *The Outsider*, he is back at the top of his game, and as feisty, outspoken, and defiant as ever. This autobiography includes original color photographs from the author.

Over the past seven years, Bruce Springsteen has privately devoted himself to writing the story of his life, bringing to these pages the same honesty, humor, and originality found in his songs. He describes growing up Catholic in Freehold, New Jersey, amid the poetry, danger, and darkness that fueled his imagination, leading up to the moment he refers to as *The Big Bang*: seeing Elvis Presley's debut on *The Ed Sullivan Show*. He vividly recounts his relentless drive to become a musician, his early days as a bar band king in Asbury Park, and the rise of the *E Street Band*. With disarming candor, he also tells for the first time the story of the personal struggles that inspired his best work. *Born to Run* will be revelatory for anyone who has ever enjoyed Bruce Springsteen, but this book is much more than a legendary rock star's memoir. This is a book for workers and dreamers, parents and children, lovers and loners, artists, freaks, or anyone who has ever wanted to be baptized in the holy river of rock and roll. Rarely has a performer told his own story with such force and sweep. Like many of his songs ("*Thunder Road*, "*Badlands*," "*Darkness on the edge of Town*," "*The River*" "*Born in the U.S.A.*" "*The Rising*," and "*The Ghost of Tom Joad*," to name just a few). Bruce Springsteen's autobiography is written with the lyricism of a singular songwriter and the wisdom of a man who has thought deeply about his experiences.

Traces the single-generation transformation of sports from a cottage industry to a global

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business, reflecting on how elite athletes, agents, TV executives, coaches, owners, and athletes who once had to take second jobs worked together to create the dominating, big-ticket industry of today.

New York Times bestseller *Being unstoppable* is about believing and achieving. It's about having faith in yourself, your talents and your purpose and, most of all, in God's great love and His divine plan for your life. Millions around the world recognize the smiling face and inspirational message of Nick Vujicic. Despite being born without arms or legs, Nick's challenges have not kept him from enjoying great adventures, a fulfilling and meaningful career, and loving relationships. Nick has overcome trials and hardships by focusing on the promises that he was created for a unique and specific purpose, that his life has value and is a gift to others, and that no matter the despair and hard times in life, God is always present. Nick credits his success in life to the power that is unleashed when faith takes action. But how does that happen? In *Unstoppable* Nick addresses adversity and difficult circumstances that many people face today, including:

- Personal crises
- Relationship issues
- Career and job challenges
- Health and disability concerns
- Self-destructive thoughts, emotions, and addictions
- Bullying, persecution, cruelty, and intolerance
- Balance in body, mind, heart, and spirit
- Service to others

Through stories from his own life and the experiences of many others, Nick explains how anyone wanting a "ridiculously good life" can respond to these issues and more to become unstoppable. What's standing in your way? Are you ready to become unstoppable?

The fiercely honest, fearless, darkly funny autobiography of global tennis star Maria Sharapova
In the middle of the night, a father and his daughter step off a Greyhound bus in Florida and

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head straight to the Nick Bollettieri Tennis Academy. They ring the bell, though no one is expecting them and they don't speak English. They have arrived from Russia with just seven hundred dollars and the conviction that this six-year-old girl will be the world's next great tennis star. They are right. This is Maria Sharapova's gripping and fearless autobiography, telling her story from her roots in the small Siberian town her parents fled to after the Chernobyl disaster, through her arrival in the US with nothing and her phenomenal rise to success - winning Wimbledon aged just seventeen - to the disasters that threatened her career and her fight back. 'A compelling memoir' David Shaftel, Financial Times 'An illuminating account ... This is the bildungsroman of a controversial champion, a portrait of the athlete as an uncommonly driven young woman' Julia Felsenthal, Vogue

“Beautifully illustrated and sharply written, *SprawlBall* is both a celebration and a critique of the 3-point shot. If you want to understand how the modern NBA came to be, you’ll need to read this book.” —Nate Silver, editor of *fivethirtyeight.com* From the leading expert in the exploding field of basketball analytics, a stunning infographic decoding of the modern NBA: who shoots where, and how. The field of basketball analytics has leaped to overdrive thanks to Kirk Goldsberry, whose visual maps of players, teams, and positions have helped teams understand who really is the most valuable player at any position. *SprawlBall* combines stunning visuals, in-depth analysis, fun, behind-the-scenes stories and gee-whiz facts to chart a modern revolution. From the introduction of the 3-point line to today, the game has changed drastically . . . Now, players like Steph Curry and Draymond Green are leading the charge. In chapters like “The Geography of the NBA,” “The Interior Minister (Lebron James),” “The Evolution of Steph Curry,” and “The Investor (James Harden),” Goldsberry explains why

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today's on-court product—with its emphasis on shooting, passing, and spacing—has never been prettier or more democratic. And it's never been more popular. For fans of Bill Simmons and FreeDarko, *SprawlBall* is a bold new vision of the game, presenting an innovative, cutting-edge look at the sport based on the latest research, as well as a visual and infographic feast for fans.

Tricky is one of the most original music artists to emerge from the UK in the past 30 years. His signature sound, coupled with deep, questioning lyrics, took the UK by storm in the early 1990s and was part of the soundtrack that defined the post-rave generation. This unique, no-holds-barred autobiography is not only a portrait of an incredible artist - it is also a gripping slice of social history packed with extraordinary anecdotes and voices from the margins of society. Tricky examines how his creativity has helped him find a different path to that of his relatives, some of whom were bare-knuckle fighters and gangsters, and how his mother's suicide has had a lifelong effect on him, both creatively and psychologically. With his unique heritage and experience, his story will be one of the most talked-about music autobiographies of the decade.

Winner – Best of Los Angeles Award's "Best Holocaust Book - 2021" "A must-read that hopefully will be adapted for the screen. Greene lets Wilzig's effervescent spirit shine through, and his story will appeal to a wide variety of readers." - Library Journal *Unstoppable* is the ultimate immigrant story and an epic David-and-Goliath adventure. While American teens were socializing in ice cream parlors, Siggie was suffering beatings by Nazi hoodlums for being a Jew and was soon deported along with his family to the darkest place the world has ever known: Auschwitz. Siggie used his wits to stay alive, pretending to have trade skills the Nazis could

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exploit to run the camp. After two death marches and near starvation, he was liberated from camp Mauthausen and went to work for the US Army hunting Nazis, a service that earned him a visa to America. On arrival, he made three vows: to never go hungry again, to support the Jewish people, and to speak out against injustice. He earned his first dollar shoveling snow after a fierce blizzard. His next job was laboring in toxic sweatshops. From these humble beginnings, he became President, Chairman and CEO of a New York Stock Exchange-listed oil company and grew a full-service commercial bank to more than \$4 billion in assets. Sigg's ascent from the darkest of yesterdays to the brightest of tomorrows holds sway over the imagination in this riveting narrative of grit, cunning, luck, and the determination to live life to the fullest.

Now available in a new format and fresh package: a children's book by the authors of the New York Times best-selling children's book *Incredible You*. This book offers 10 lessons for children for leading fulfilled, self-actualized lives. Dr. Wayne W. Dyer believed that if children could hold on to the no-limit thinking they were born with rather than trying to fit in, they could learn to truly enjoy life and become unstoppable as they strive to attain their dreams. Newly repackaged with a fresh format and cover, *Unstoppable Me!* is based on 10 important lessons, including the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example showing how a child might apply the concept in his or her everyday life. At the end of this book, a reader's guide offers 10 questions to help spark discussion and to further reinforce Wayne's message. Whimsically illustrated by Stacy Heller Budnick.

No Marketing Blurb

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Tell Her She Can't is packed with motivational stories of adventurers, changemakers, and prevailers who have taken on the world to become pioneers in their fields or challenged gender stereotypes to build million-dollar businesses.

UnstoppableMy Life So FarSarah Crichton Books

Unlock Your Potential. Become Unstoppable. Unable to overcome debilitating fatigue and depression, bestselling author and personal development expert Ben Angel set out on a 90-day mission to find and conquer the root of his rut. The result of his journey is Unstoppable, a highly revealing book where Ben gives you a look into the world of nootropics, wearable devices, and nutrition and delivers a guide to help you reduce stress, increase focus, improve physical performance, and eliminate your fears. You'll hear from world-leading biohackers, neuroscientists, doctors, and New York Times bestselling author Dave Asprey as Ben helps you: Identify the seven triggers causing your brain fog Discover the key to better health, more energy, and a better mood Optimize your mental performance and feel more alert with six nootropics Form new behaviors and break old patterns (the real secret to your success) Interrupt your stress response through breathing Align your biochemistry with your soul's purpose in three easy steps Use progressive overload to become an upgraded version of yourself Plus, gain access to the Unstoppable Assessment to discover your identity type, pinpoint your energy levels, and create a plan to break through your own limits and become unstoppable. When we look at the most successful people, we usually look at their habits—their behaviors, their day-to-day rituals, their dedication. But what about the mind? Ben Angel hits this idea head-on in Unstoppable, tackling peak performance with biohacking strategies that will blow your mind. —Dr. Ivan Misner, founder of BNI and New York Times bestselling author

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"The life story of Coretta Scott King--wife of Martin Luther King Jr., founder of the King Center for Nonviolent Social Change, and singular twentieth-century American civil rights activist--as told fully for the first time, toward the end of her life, to one of her closest friends Born in 1927 to daringly enterprising black parents in the Deep South, Coretta Scott had always felt called to a special purpose. One of the first black scholarship students recruited to Antioch College, a committed pacifist, and a civil rights activist, she was an avowed feminist--a graduate student determined to pursue her own career--when she met Martin Luther King Jr., a Baptist minister insistent that his wife stay home with the children. But in love and devoted to shared Christian beliefs and racial justice goals, she married King, and events promptly thrust her into a maelstrom of history throughout which she was a strategic partner, a standard bearer, a marcher, a negotiator, and a crucial fundraiser in support of world-changing achievements. As a widow and single mother of four, while butting heads with the all-male African American leadership of the times, she championed gay rights and AIDS awareness, founded the King Center for Nonviolent Social Change, lobbied for fifteen years to help pass a bill establishing the US national holiday in honor of her slain husband, and was a powerful international presence, serving as a UN ambassador and playing a key role in Nelson Mandela's election. Coretta's is a love story, a family saga, and the memoir of an independent-minded black woman in twentieth-century America, a brave leader who stood committed, proud, forgiving, nonviolent, and hopeful in the face of terrorism and violent hatred every single day of her life."--Provided by publisher.

The revealing, no-holds-barred memoir of Toni Holt Kramer captures the glamour of Hollywood and the power of Washington. The drive and determination of this warrior in five inch heels, the

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men in her life, and the unbreakable bond between mother and daughter are just a few of the ingredients that make up UNSTOPPABLE ME. Born to a mother that cherished her and a father who deserted her, Toni became a Hollywood news reporter and television personality as famous and dynamic as the people she interviewed. Frank Sinatra, Rock Hudson, Dean Martin and Cary Grant are just a few of the stars who befriended her, while Aristotle Onassis and Richard Burton were interested in more than just being her friend. Torn between her friendship with Hillary Clinton and the man she believed in, Toni introduced the Trumpettes USA to the world with the goal of helping Donald Trump become President. Toni's story of perseverance and how she endured her son's tragic descent into drugs are an inspiration to all. Her relentless resolve in the face of adversity is remarkable. Toni Holt Kramer truly defines the word "UNSTOPPABLE!"

From Maria Sharapova, one of our fiercest female athletes, the captivating—and candid—story of her rise from nowhere to tennis stardom, and the unending fight to stay on top. In 2004, in a stunning upset against the two-time defending champion Serena Williams, seventeen-year-old Maria Sharapova won Wimbledon, becoming an overnight sensation. Out of virtual anonymity, she launched herself onto the international stage. “Maria Mania” was born. Sharapova became a name and face recognizable worldwide. Her success would last: she went on to hold the number-one WTA ranking multiple times, to win four more Grand Slam tournaments, and to become one of the highest-grossing female athletes in the world. And then—at perhaps the peak of her career—Sharapova came up against the toughest challenge yet: during the 2016 Australian Open, she was charged by the ITF with taking the banned substance meldonium, only recently added to the ITF’s list. The resulting suspension would keep her off the

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professional courts for fifteen months—a frighteningly long time for any athlete. The media suggested it might be fateful. But Sharapova’s career has always been driven by her determination and by her dedication to hard work. Her story doesn’t begin with the 2004 Wimbledon championship, but years before, in a small Russian town, where as a five-year-old she played on drab neighborhood courts with precocious concentration. It begins when her father, convinced his daughter could be a star, risked everything to get them to Florida, that sacred land of tennis academies. It begins when the two arrived with only seven hundred dollars and knowing only a few words of English. From that, Sharapova scraped together one of the most influential sports careers in history. Here, for the first time, is the whole story, and in her own words. Sharapova’s is an unforgettable saga of dedication and fortune. She brings us inside her pivotal matches and illuminates the relationships that have shaped her—with coaches, best friends, boyfriends, and Yuri, her coach, manager, father, and most dedicated fan, describing with honesty and affection their oft-scrutinized relationship. She writes frankly about the suspension. As Sharapova returns to the professional circuit, one thing is clear: the ambition to win that drove her from the public courts of Russia to the manicured lawns of Wimbledon has not diminished. Sharapova’s *Unstoppable* is a powerful memoir, resonant in its depiction of the will to win—whatever the odds.

A NEW YORK TIMES BESTSELLER John McEnroe's long-awaited follow-up to his #1 bestseller *He is one of the most controversial and beloved athletes in history, a tennis legend and a volcanic, mesmerizing presence. But after reaching the top of his game - what came next? Fifteen years after his international*

number-one bestseller *You Cannot Be Serious*, John McEnroe is back and ready to talk. Now the undisputed elder statesman of tennis, McEnroe has won over his critics as a brilliant commentator at the US Open, Wimbledon, and other Grand Slam tournaments - with outspoken views on the modern game, its top players, and the world of 21st century sport and celebrity. Who are the game's winners and losers? What's it like playing guitar onstage with the Rolling Stones, hitting balls with today's greats, confronting his former on-court nemeses, getting scammed by an international art dealer, and raising a big family while balancing McEnroe-sized expectations? In *But Seriously*, John McEnroe confronts his demons and reveals his struggle to reinvent himself from champion and tennis legend to father, broadcaster, and author. The result is a richly personal account, blending anecdote and reflection with razor sharp and brutally honest opinions, all in McEnroe's signature style. This is the sports book of the year: wildly entertaining, very funny, surprisingly touching, and 100% McEnroe.

One of the biggest stars in tennis, Serena Williams has captured every major title. Her 2009 Australia Open championship earned her the #1 world ranking for the third time in her illustrious career - and marked only the latest exclamation point on a life well and purposefully lived. As a young girl, Serena began training with an adult-sized racquet that was almost as big as her. Rather than dropping

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the racquet, Serena saw it as a challenge to overcome-and she has confronted every obstacle on her path to success with the same unflagging spirit. From growing up in the tough, hardscrabble neighborhood of Compton, California, to being trained by her father on public tennis courts littered with broken glass and drug paraphernalia, to becoming the top women's player in the world, Serena has proven to be an inspiration to her legions of fans both young and old. Her accomplishments have not been without struggle: being derailed by injury, devastated by the tragic shooting of her older sister, and criticized for her unorthodox approach to tennis. Yet somehow, Serena always manages to prevail. Both on the court and off, she's applied the strength and determination that helped her to become a champion to successful pursuits in philanthropy, fashion, television and film. In this compelling and poignant memoir, Serena takes an empowering look at her extraordinary life and what is still to come. *Unstoppable Me*, written by New York Times bestselling author and champion surfer Bethany Hamilton with husband, Adam Dirks, tells the story of Makana the lion, who loves to surf but loses her nerve when she wipes out. When her friend encourages her to go back out again, Makana summons up the courage and discovers the success that comes from believing in yourself and never giving up. As seen in the feature film *Bethany Hamilton: Unstoppable*, this playful book will

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have little ones cheering for Makana and inspire them to stay strong and keep trying, no matter what challenges might come their way.

This is a story of Jelena Dokic's survival. How she survived as a refugee, twice. How she survived on the tennis court to become world No. 4. But, most importantly, how she survived her father, Damir Dokic, the tennis dad from hell. Jelena was a prodigious talent. She had exceptional skills, a steely nerve and an extraordinary ability to fight on the court. Off it she endured huge challenges; being an "outsider" in her new country, poverty and racism. Still she starred on the tennis court. By 18, she was in the world's top 10. By 19, she was No. 4. The world was charmed by her and her story--a refugee whose family had made Australia home when she was 11 years old. Jelena has not told a soul her incredible, explosive story in full--until now. From war-torn Yugoslavia to Sydney to Wimbledon, she narrates her hellish ascent to becoming one of the best tennis players in the women's game, and her heart-breaking fall from the top. Her gutsy honesty will leave you in awe. Her fight back from darkness will uplift you. Most of all, Jelena's will to survive will inspire you.

A captivating, often hilarious novel of family, loss, wilderness, and the curse of a violent America, Dave Eggers's *Heroes of the Frontier* is a powerful examination of our contemporary life and a rousing story of adventure. Josie and her

children's father have split up, she's been sued by a former patient and lost her dental practice, and she's grieving the death of a young man senselessly killed. When her ex asks to take the children to meet his new fiancée's family, Josie makes a run for it, figuring Alaska is about as far as she can get without a passport. Josie and her kids, Paul and Ana, rent a rattling old RV named the Chateau, and at first their trip feels like a vacation: They see bears and bison, they eat hot dogs cooked on a bonfire, and they spend nights parked along icy cold rivers in dark forests. But as they drive, pushed north by the ubiquitous wildfires, Josie is chased by enemies both real and imagined, past mistakes pursuing her tiny family, even to the very edge of civilization. A tremendous new novel from the bestselling author of *The Circle*, *Heroes of the Frontier* is the darkly comic story of a mother and her two young children on a journey through an Alaskan wilderness plagued by wildfires and a uniquely American madness. "There's nothing semi about Finn Murphy's trucking tales of *The Long Haul*."—Sloane Crosley, *Vanity Fair* More than thirty years ago, Finn Murphy dropped out of college to become a long-haul trucker. Since then he's covered more than a million miles as a mover, packing, loading, hauling people's belongings all over America. In *The Long Haul*, Murphy recounts with wit, candor, and charm the America he has seen change over the decades and the poignant,

funny, and often haunting stories of the people he encounters on the job.

DIV At the age of sixteen, Monica Seles crashed on to the world tennis scene by becoming the youngest winner in French Open History. For three years, she dominated the tennis circuit, racking up eight Grand Slam titles, winning three back-to-back French Open titles. At post-match conferences she charmed the media with her trademark giggle. In January 1993, Seles defeated Steffi Graf in the Australian Women's Open and in April of that year, while playing a quarter-final in Hamburg, a boning knife was plunged between her shoulder blades by a Graff fan. Everything changed. The incident shocked the tennis world. Seles's injuries healed, but Seles did not. Now, in this compelling book she tells us in her own words what followed - years of seclusion, the fog of despair, binge eating, dealing with criticism about her weight from a brutal press, losing her father's coach to cancer and never regaining her dominance on court despite getting in to the top 10. After years battling to regain fitness and tennis glory, an excruciating injury forced Monica to take time off from tennis in 2003 and she embarked on her own journey. She abandoned the arduous workouts and punitive diets, and slowly uncovered the painful emotions behind years of tumultuous feelings. This is a human and inspiring story of determination, amazing talent and touching vulnerability, that Seles hopes will motivate and

inspire others to find happiness in their own lives. Monica Seles is a former No 1 professional tennis player who became the youngest-ever champion at the French Open in 1990 and went on to win nine Grand Slam singles titles. In 2007, she was appointed goodwill ambassador for the UN's Global Sports for Peace and Development Initiative. /div

An intimate, revealing look at one artist's journey from self-censorship to full expression As one of the most celebrated musicians in the world, Alicia Keys has enraptured the globe with her heartfelt lyrics, extraordinary vocal range, and soul-stirring piano compositions. Yet away from the spotlight, Alicia has grappled with private heartache—over the challenging and complex relationship with her father, the people-pleasing nature that characterized her early career, the loss of privacy surrounding her romantic relationships, and the oppressive expectations of female perfection. Since Alicia rose to fame, her public persona has belied a deep personal truth: she has spent years not fully recognizing or honoring her own worth. After withholding parts of herself for so long, she is at last exploring the questions that live at the heart of her story: Who am I, really? And once I discover that truth, how can I become brave enough to embrace it? *More Myself* is part autobiography, part narrative documentary. Alicia's journey is revealed not only through her own candid recounting, but also through vivid recollections

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from those who have walked alongside her. The result is a 360-degree perspective on Alicia's path, from her girlhood in Hell's Kitchen and Harlem to the process of growth and self-discovery that we all must navigate. In *More Myself*, Alicia shares her quest for truth—about herself, her past, and her shift from sacrificing her spirit to celebrating her worth. With the raw honesty that epitomizes Alicia's artistry, *More Myself* is at once a riveting account and a clarion call to readers: to define themselves in a world that rarely encourages a true and unique identity.

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