

With The End In Mind Dying Death And Wisdom In An Age Of Denial

The New York Times–bestselling time management book from the author of *The 7 Habits of Highly Effective People*. Stephen R. Covey's *First Things First* is the gold standard for time management books. His principle-centered approach for prioritizing gives you time management tips that enable you to make changes and sacrifices needed in order to obtain happiness and retain a feeling of security. *First Things First: The Interactive Edition* takes Dr. Covey's philosophy and remasters the entire text to include easy-to-understand infographics, analysis, and more. This time-saving version of *First Things First* is the efficient way to apply Dr. Covey's tested and validated time management tips, while retaining his core message. This guide will help you:

- Get more done in less time
- Develop and retain rich relationships
- Attain inner peace
- Create balance in your life
- And, put first things first

"Covey is the hottest self-improvement consultant to hit US business since Dale Carnegie." —USA Today "Covey has reached the apex with *First Things First*. This is an important work. I can't think of anyone who wouldn't be helped by reading it." —Larry King, CNN "These goals embody a perfect balance of the mental, the physical, the spiritual, and the social."
—Booklist

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Endorsed by some of the biggest names in business, politics, and military leadership, the book will help you formulate a plan, recognize opportunity, and compel you to act, bringing you the results that have eluded you for far too long.

The Croak Book provides a simple check-off list for ensuring that your loved ones have what they need in the event of your demise. The author pulls on his 20 years of experience as an Episcopal Priest in Pastoral Ministry and provides both practical suggestions and commentary around the things needing to be done and the events associated with a death. While written from within a Christian framework, most of the practical issues surrounding death transcend religious boundaries. Readers will find it an excellent resource to consider what can be done for the ones they love. It also provides helpful suggestions for those dealing with the loss of a loved one.

"Originally published in hardcover in slightly different form in the United States by Crown Archetype, an imprint of Random House, a division of Penguin Random House LLC, New York, in 2018"--Title page verso.

In this unprecedented book, palliative medicine pioneer Dr Kathryn Mannix explores the biggest taboo in our society and the only certainty we all share: death 'Impossible to read with dry eyes or an unaltered mindset' Sunday Times A SUNDAY TIMES BESTSELLER & BOOK OF THE YEAR SHORTLISTED FOR THE WELLCOME BOOK PRIZE

"Bebo sale to AOL nets founders a £290m fortune in 3 years." - March 2008 "Foxtons

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sale nets founder £370m." - May 2007 "L'Oréal buys Body Shop for £652m." - March 2006 For entrepreneurs and business owners alike, this is your ticket to serious money. Fact 1: Business is all about making money. Fact 2: Personal satisfaction is great, but it doesn't pay the bills. If your main ambition is to make big money from your business, you're already on the right track. Over 4 million people start up businesses in the UK each year but only 1% become millionaires. Start with the end in mind and you could be one of them. Colin Barrow, bestselling start-up author and business investment specialist, shows you how to shape up for a sale right from the world go: Get Backed - secure big investment Get Big - create real value and strong growth Get Bought - dress the business and negotiate a killer deal With practical advice, tools and stories from those who have done it, you'll find out how to guide your start-up business towards the payday of your dreams.

Winner of the Axiom Award for best leadership book Praise for Dr. Alan S. Gregerman and Surrounded by Geniuses "No one needs a 'me-too' anything-great companies learn to transform customers into fans. Surrounded by Geniuses can help you begin your quest for the next great idea. It is an important and enjoyable read." -Vernon H. Hill, Founder, Chairman, and CEO, Commerce Bank "Dr. Gregerman has made an important contribution to our understanding of the power of each of us and our organizations to innovate, create, and do so much more. His ideas are clear, concrete, and surprising in their originality. Surrounded by Geniuses is a book for anyone

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struggling to get beyond incremental thinking." -Dan Scheinman, General Manager, Cisco Media Solutions Group, Cisco Systems How many times have you arrived at work, exchanged greetings with your colleagues, attended a meeting or two, and then sat down at your desk overcome by the incredible feeling that you were surrounded by geniuses? If you're like most people, caught up in the stress of work and everyday life, the answer is a resounding "never!" But that's all about to change. In *Surrounded by Geniuses*, Alan Gregerman presents a revolutionary guide to personal, professional, and organizational success based on two powerfully simple ideas: First, that there is genius hidden in all of us. And second, that we are surrounded by a world filled with genius that can be used to transform any company or organization in order to deliver compelling customer value. So grab your curiosity and your most comfortable shoes. It's time for a remarkable trip to your future success! Visit the *Surrounded by Geniuses* blog for more ideas and insight on unlocking brilliance in yourself, your colleagues, and your organization. www.alangregerman.typepad.com

Over 3 million copies sold. Over 800 positive reviews. Adapted from the New York Times bestseller *The 7 Habits of Highly Effective People*, *The 7 Habits of Highly Effective Teens* is the ultimate teenage success guide—now updated for the digital age. Imagine you had a roadmap—a step-by-step guide to help you get from where you are now, to where you want to be in the future. Your goals, your dreams, your plans...they're all within reach. You just need the tools to help you get there. That's

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what Sean Covey's landmark book, *The 7 Habits of Highly Effective Teens*, has been to millions of teens: a handbook to self-esteem and success. Now updated for the digital age, this classic book applies the timeless principles of 7 Habits to the tough issues and life-changing decisions teens face. Covey provides a simple approach to help teens improve self-image, build friendships, resist peer pressure, achieve their goals, and appreciate their parents, as well as tackle the new challenges of our time, like cyberbullying and social media. In addition, this book is stuffed with cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world. Endorsed by high-achievers such as former 49ers quarterback Steve Young and 28-time Olympic medalist Michael Phelps, *The 7 Habits of Highly Effective Teens* has become the last word on surviving and thriving as a teen.

Adam Silvera reminds us that there's no life without death and no love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors' Choice of 2017 * A Bustle Best YA Novel of 2017 * A Paste Magazine Best YA Book of 2017 * A Book Riot Best Queer Book of 2017 * A BuzzFeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They're going to die today. Mateo and Rufus are total strangers, but, for different reasons, they're both looking to make a new friend on their End Day. The good news: There's an app for that. It's called the Last Friend, and through it, Rufus

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and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of *Before I Fall* and *If I Stay*, *They Both Die at the End* is a tour de force from acclaimed author Adam Silvera, whose debut, *More Happy Than Not*, the *New York Times* called “profound.”

A professor, mother, and Buddhist practitioner helps readers discover new ways of facing and experiencing life, death, and impermanence. “With my diagnosis of grade IV brain cancer, I no longer observe the truth of impermanence from a critical, analytical distance. I am crashing into it, or it into me.” Facing a terminal cancer diagnosis, Karen Derris—professor, mother, and Buddhist practitioner—turned to books. By reading ancient Buddhist stories with new questions and a new purpose—finding a way to live with her dying body—she discovers new ways to make them immediate and real. For instance, reading with her terminal prognosis, she becomes one of the four omens (the four signs of impermanence and suffering) the young Siddhartha sees in his excursions from the palace. What would it mean for her to be in the crowd, straining to see the prince with her own sick and impermanent body—to be pushed aside and out of sight by the palace minders, just as our society so often tries to brush aside anything uncomfortable, but to nonetheless be seen by the young bodhisattva? Or reading as a mother, maybe she shares something akin to what Queen Maya may have felt, knowing she was dying, giving her newborn son over to her sister’s care? What will it mean for her own children to be motherless? She follows the knotted threads connecting Milarepa’s angry, vengeful mother to Karen’s own mother, who physically abused her throughout a traumatic childhood. By placing herself into these stories, she turns them from distant and static narratives into companions, and from companions into guides. *Storied Companions* interweaves Karen’s memoir of her life

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of trauma and illness with stories from Buddhist literary traditions, sharing with the reader how she found ways to live with the reality that she won't live as long as she wants and needs to. Honest, powerful, and insightful, *Storied Companions* itself becomes an invaluable companion, guiding the reader to discover new ways of facing and experiencing life, death, and impermanence.

A revolutionary guidebook to achieving peace of mind by seeking the roots of human behavior in character and by learning principles rather than just practices. Covey's method is a pathway to wisdom and power.

This “comforting...thoughtful” (The Washington Post) guide to maintaining a high quality of life—from resilient old age to the first inklings of a serious illness to the final breath—by the New York Times bestselling author of *Knocking on Heaven’s Door* is a “roadmap to the end that combines medical, practical, and spiritual guidance” (The Boston Globe). “A common sense path to define what a ‘good’ death looks like” (USA TODAY), *The Art of Dying Well* is about living as well as possible for as long as possible and adapting successfully to change. Packed with extraordinarily helpful insights and inspiring true stories, award-winning journalist Katy Butler shows how to thrive in later life (even when coping with a chronic medical condition), how to get the best from our health system, and how to make your own “good death” more likely. Butler explains how to successfully age in place, why to pick a younger doctor and how to have an honest conversation with them, when not to call 911, and how to make your death a sacred rite of passage rather than a medical event. This handbook of preparations—practical, communal, physical, and spiritual—will help you make the most of your remaining time, be it decades, years, or months. Based on Butler’s experience caring for aging parents, and

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hundreds of interviews with people who have successfully navigated our fragmented health system and helped their loved ones have good deaths, *The Art of Dying Well* also draws on the expertise of national leaders in family medicine, palliative care, geriatrics, oncology, and hospice. This “empowering guide clearly outlines the steps necessary to prepare for a beautiful death without fear” (Shelf Awareness).

Nudge meets *Hooked* in a practical approach to designing products and services that change behavior, from what we buy to how we work. Deciding what to create at modern companies often looks like an episode of *Mad Men*: people throw ideas around until one sounds sexy enough to execute and then they scale it to everyone. The result? Companies overspend on marketing to drive engagement with products and services that people don't want and won't help them be happier and healthier. *Start at the End* offers a new framework for design, grounded in behavioral science. Technology executive and behavioral scientist Matt Wallaert argues that the purpose of everything is behavior change. By starting with outcomes instead of processes, the most effective companies understand what people want to do and why they aren't already doing it, then build products and services to bridge the gap. Wallaert is a behavioral psychologist who has led product design at organizations ranging from startups like Clover Health to industry leaders such as Microsoft. Whether dissecting the success behind Uber's ridesharing service or Flamin' Hot Cheetos, he underscores with clarity and humor how this approach can improve the way we work and live. This is an essential roadmap for building products that matter--and changing behavior for the better.

A NEW YORK TIMES BOOK CRITICS' TOP 10 BOOK OF THE YEAR “In its loving, fierce specificity, this book on how to die is also a blessedly saccharine-free guide for how to live”

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(The New York Times). Former NEA fellow and Pushcart Prize-winning writer Sallie Tisdale offers a lyrical, thought-provoking, yet practical perspective on death and dying in *Advice for Future Corpses (and Those Who Love Them)*. Informed by her many years working as a nurse, with more than a decade in palliative care, Tisdale provides a frank, direct, and compassionate meditation on the inevitable. From the sublime (the faint sound of Mozart as you take your last breath) to the ridiculous (lessons on how to close the sagging jaw of a corpse), Tisdale leads us through the peaks and troughs of death with a calm, wise, and humorous hand. *Advice for Future Corpses* is more than a how-to manual or a spiritual bible: it is a graceful compilation of honest and intimate anecdotes based on the deaths Tisdale has witnessed in her work and life, as well as stories from cultures, traditions, and literature around the world. Tisdale explores all the heartbreaking, beautiful, terrifying, confusing, absurd, and even joyful experiences that accompany the work of dying, including: *A Good Death: What does it mean to die “a good death”? Can there be more than one kind of good death? What can I do to make my death, or the deaths of my loved ones, good?* *Communication: What to say and not to say, what to ask, and when, from the dying, loved ones, doctors, and more.* *Last Months, Weeks, Days, and Hours: What you might expect, physically and emotionally, including the limitations, freedoms, pain, and joy of this unique time.* *Bodies: What happens to a body after death? What options are available to me after my death, and how do I choose—and make sure my wishes are followed?* *Grief: “Grief is the story that must be told over and over...Grief is the breath after the last one.”* Beautifully written and compulsively readable, *Advice for Future Corpses* offers the resources and reassurance that we all need for planning the ends of our lives, and is essential reading for future corpses everywhere. “Sallie

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Tisdale's elegantly understated new book pretends to be a user's guide when in fact it's a profound meditation" (David Shields, bestselling author of Reality Hunger).

To finish the Christian life well, the believer must live with the end in mind. The world offers us many distractions, but none of them offer lasting satisfaction, nor do they allow us to make a lasting difference. The reality that life is short should orient the way we live right now. In this fifty-day devotional, readers will explore what the Bible says about the importance of persevering to the end, suffering well, standing firm, leaving a faith legacy, earning heavenly rewards, striving for unity in the faith, mutually encouraging one another, not growing weary, dying well, and much more. This edition is new and expanded. Readers called the original thought-provoking, relatable, heart-stirring, and an eye-opener. You are sure to find inspiration, encouragement, and a few challenges in this second edition as well.

'Powerful, humane and wise' JULIA SAMUEL 'Everyone should read it' NIGELLA LAWSON
'Beautiful ... This is a book for everyone. You feel held by it' PHILIPPA PERRY Most of us have a conversation we're avoiding.

Children in today's world are inundated with information about who to be, what to do and how to live. But what if there was a way to teach children how to manage priorities, focus on goals and be a positive influence on the world around them? The Leader in Me is that programme. It's based on a hugely successful initiative carried out at the A.B. Combs Elementary School in North Carolina. To hear the parents of A. B Combs talk about the school is to be amazed. In 1999, the school debuted a programme that taught The 7 Habits of Highly Effective People to a pilot group of students. The parents

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reported an incredible change in their children, who blossomed under the programme. By the end of the following year the average end-of-grade scores had leapt from 84 to 94. This book will launch the message onto a much larger platform. Stephen R. Covey takes the 7 Habits, that have already changed the lives of millions of people, and shows how children can use them as they develop. Those habits -- be proactive, begin with the end in mind, put first things first, think win-win, seek to understand and then to be understood, synergize, and sharpen the saw -- are critical skills to learn at a young age and bring incredible results, proving that it's never too early to teach someone how to live well.

In this moving and compassionate classic—now updated with new material from the authors—hospice nurses Maggie Callanan and Patricia Kelley share their intimate experiences with patients at the end of life, drawn from more than twenty years' experience tending the terminally ill. Through their stories we come to appreciate the near-miraculous ways in which the dying communicate their needs, reveal their feelings, and even choreograph their own final moments; we also discover the gifts—of wisdom, faith, and love—that the dying leave for the living to share. Filled with practical advice on responding to the requests of the dying and helping them prepare emotionally and spiritually for death, *Final Gifts* shows how we can help the dying person live fully to the very end.

Take a fresh look at marketing from a communicator's perspective, as author Lin

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Greising-Pophal, ABC, SPHR, provides the theoretical foundation and practical tools to enhance a communicator's value within an organization. This manual is designed to present a practical overview of marketing concepts and to demonstrate the role that communicators play within the marketing function.

ONCE UPON A TIME... Marriage was forever. It was a covenant that knit one man and one woman together. This weaving made both stronger, nobler, and more vibrant expressions of who they were created to be. They were better together than either had been on their own. The wedding ceremony was but a beginning. It was the gateway to build their happily ever after. Each choice and action was designed to construct the life their union represented. Husband and wife walked into the great unknown with hearts, hands, and voices intertwined to express the love of their Creator. How did we lose touch with this profound love story? In *The Story of Marriage*, John and Lisa Bevere invite you to rediscover God's original plan. Whether you're married, single, or engaged, your story is a part of His. Interactive book includes: - Daily devotionals - Questions for group discussion - Tools for mapping your dream marriage - Steps for writing your story well

NEW YORK TIMES BESTSELLER • A captivating exploration of deep time and humanity's search for purpose, from the world-renowned physicist and best-selling author of *The Elegant Universe*. "Few humans share Greene's mastery of both the latest cosmological science and English prose." —The New York Times *Until the End of*

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Time is Brian Greene's breathtaking new exploration of the cosmos and our quest to find meaning in the face of this vast expanse. Greene takes us on a journey from the big bang to the end of time, exploring how lasting structures formed, how life and mind emerged, and how we grapple with our existence through narrative, myth, religion, creative expression, science, the quest for truth, and a deep longing for the eternal. From particles to planets, consciousness to creativity, matter to meaning—Brian Greene allows us all to grasp and appreciate our fleeting but utterly exquisite moment in the cosmos.

WINNER OF THE ROMANTIC NOVELISTS' ASSOCIATION AWARD 2020 PICKED FOR WORLD BOOK NIGHT 2020 A PRIMA BOOK OF THE YEAR An uplifting novel of mothers and daughters, secrets and the astonishing power of friendship, from the wildly popular bestselling author of *The Keeper of Lost Things*. 'As lovely as a burst of bright bluebells' *Sunday Express* 'Technicolour' *Daily Mail* 'A moving exploration of the complex relationship between mothers and daughters' *Observer* 'A poignant tale of love and family' *Good Housekeeping* 'Enchanting . . . divine' *Prima* 'Beautifully written - astute and funny' *Daily Express* 'This book really shines . . . laugh-out-loud funny' *Stylist*

Tilly was a bright, outgoing little girl who liked playing with ghosts and matches. She loved fizzy drinks, swear words, fish fingers and Catholic churches, but most of all she loved living in Brighton in Queenie Malone's magnificent Paradise Hotel with its endearing and loving family of misfits. But Tilly's childhood was shattered when her

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mother sent her away from the only home she'd ever loved to boarding school with little explanation and no warning. Now an adult, Tilda has grown into an independent woman still damaged by her mother's unaccountable cruelty. Wary of people, her only friend is her dog, Eli. But when her mother dies, Tilda returns to Brighton and with the help of her beloved Queenie sets about unravelling the mystery of her exile from The Paradise Hotel, only to discover that her mother was not the woman she thought she knew at all ... Mothers and daughters ... their story can be complicated ... but it can also turn out to have a happy ending. 'A tender tale' Woman & Home 'Absorbing, tender and heartfelt' Mike Gayle, author of *The Man I Think I Know* 'Her best novel yet' Hannah Beckerman, author of *If Only I Could Tell You* 'Exuberant and full of zest' Nina Pottell

Residing on the border between poetry and prose, Emma Healey masterfully navigates the tension and balance between the two forms. Her writing examines the animate qualities of seemingly inanimate things and explores personal relationships, collective and individual human experiences, as they are distilled through our encounters with such things as the CBC, chain bookstores, the contents of a kitchen, or the expanse of a whole city. *Begin With the End in Mind* tests the capabilities of the prose poem--the specific rhythmic, lyrical, and syntactic possibilities of the form, and the opportunities for play, renegotiating the more traditional/technical elements of lyric and line that are afforded the prose poet.

For readers of Atul Gawande and Paul Kalanithi, a palliative care doctor's breathtaking

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stories from 30 years spent caring for the dying. Modern medical technology is allowing us to live longer and fuller lives than ever before. And for the most part, that is good news. But with changes in the way we understand medicine come changes in the way we understand death. Once a familiar, peaceful, and gentle -- if sorrowful -- transition, death has come to be something from which we shield our eyes, as we prefer to fight desperately against it rather than accept its inevitability. Dr. Kathryn Mannix has studied and practiced palliative care for thirty years. In *With the End in Mind*, she shares beautifully crafted stories from a lifetime of caring for the dying, and makes a compelling case for the therapeutic power of approaching death not with trepidation, but with openness, clarity, and understanding. Weaving the details of her own experiences as a caregiver through stories of her patients, their families, and their distinctive lives, Dr. Mannix reacquaints us with the universal, but deeply personal, process of dying. With insightful meditations on life, death, and the space between them, *With the End in Mind* describes the possibility of meeting death gently, with forethought and preparation, and shows the unexpected beauty, dignity, and profound humanity of life coming to an end.

In *The 7 Habits of Happy Kids*, Sean Covey uses beautifully illustrated stories to bring his family's successful philosophy to the youngest child. For the Seven Oaks friends, there is always something to do. Whether they're singing along with Pokey Porcupine's harmonica or playing soccer with Jumper Rabbit, everyone is having fun and learning all sorts of things.

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These seven stories show how practicing the 7 Habits makes this possible for the whole Seven Oaks Community. From learning how to take charge of their own lives to discovering how balance is best, the Seven Oaks friends have tons of adventures and find out how each and every kid can be a happy kid!

“A gentle, knowledgeable guide to a fate we all share” (The Washington Post): the first and only all-encompassing action plan for the end of life. “There is nothing wrong with you for dying,” hospice physician B.J. Miller and journalist and caregiver Shoshana Berger write in *A Beginner’s Guide to the End*. “Our ultimate purpose here isn’t so much to help you die as it is to free up as much life as possible until you do.” Theirs is a clear-eyed and big-hearted action plan for approaching the end of life, written to help readers feel more in control of an experience that so often seems anything but controllable. Their book offers everything from step-by-step instructions for how to do your paperwork and navigate the healthcare system to answers to questions you might be afraid to ask your doctor, like whether or not sex is still okay when you’re sick. Get advice for how to break the news to your employer, whether to share old secrets with your family, how to face friends who might not be as empathetic as you’d hoped, and how to talk to your children about your will. (Don’t worry: if anyone gets snippy, it’ll likely be their spouses, not them.) There are also lessons for survivors, like how to shut down a loved one’s social media accounts, clean out the house, and write a great eulogy. An honest, surprising, and detail-oriented guide to the most universal of all experiences, *A Beginner’s Guide to the End* is “a book that every family should have, the equivalent of Dr. Spock but for this other phase of life” (New York Times bestselling author Dr. Abraham Verghese).

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A TikTok sensation, this rom-com about a young woman who agrees to fake date a colleague and bring him to her sister's wedding has "everything you could want in a romance" (Helen Hoang, New York Times bestselling author). Catalina Martín desperately needs a date to her sister's wedding. Especially since her little white lie about her American boyfriend has spiralled out of control. Now everyone she knows—including her ex and his fiancée—will be there and eager to meet him. She only has four weeks to find someone willing to cross the Atlantic and aid in her deception. New York to Spain is no short flight and her raucous family won't be easy to fool. Enter Aaron Blackford—her tall, handsome, condescending colleague—who surprisingly offers to step in. She'd rather refuse; never has there been a more aggravating, blood-boiling, and insufferable man. But Catalina is desperate, and as the wedding draws nearer, Aaron looks like her best option. And she begins to realize he might not be as terrible in the real world as he is at the office.

An important and timely introduction to, and discussion of, the kinds of decisions that individuals, families, and medical personnel face in a medical crisis

A New York Times and Los Angeles Times Bestseller "Doughty chronicles [death] practices with tenderheartedness, a technician's fascination, and an unsentimental respect for grief." —Jill Lepore, *The New Yorker* Fascinated by our pervasive fear of dead bodies, mortician Caitlin Doughty embarks on a global expedition to discover how other cultures care for the dead. From Zoroastrian sky burials to wish-granting Bolivian skulls, she investigates the world's funerary customs and expands our sense of what it means to treat the dead with dignity. Her account questions the rituals of the American funeral industry—especially chemical embalming—and suggests that the most effective traditions are those that allow mourners to

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personally attend to the body of the deceased. Exquisitely illustrated by artist Landis Blair, *From Here to Eternity* is an adventure into the morbid unknown, a fascinating tour through the unique ways people everywhere confront mortality.

George Orwell's celebrated novella, *Animal Farm*, is a biting, allegorical, political satire on totalitarianism in general and Stalinism in particular. One of the most famous works in modern English literature, it is a telling comment on Soviet Russia under Stalin's brutal dictatorship based on a cult of personality which was enforced through a reign of terror. The book tells a seemingly simple story of farm animals who rebel against their master in the hope of stopping their exploitation at the hand of humans and creating a society where animals would be equal, free and happy. Ultimately, however, the rebellion is betrayed and the farm ends up in a state as bad as it was before. The novel thus demonstrates how easily good intentions can be subverted into tyranny. Orwell has himself said that it was the first book in which he had tried, with full consciousness of what he was doing, 'to fuse political purpose and artistic purpose into one whole.' The book was first published in England in 1945, and has since then remained a favourite with readers all over the world, and has consistently been included in all prestigious bestseller lists for the past many years.

Learn to begin with the end in mind along with the 7 Oaks gang in this Level 2 Ready-to-Read edition of the second book in the 7 Habits of Happy Kids series from Sean Covey and Stacy Curtis. Tagalong Allie can't wait to grow up. She is going to fly to the moon, go to work, be a mom, and maybe even be president. But to accomplish all of that, she must first brush her teeth, go to bed, and start the day all over again! With short lyrical text, each of the Level 2 Ready-to-Reads in this winning series focuses on one habit.

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"What colour is cancer? Why do some people appear to have made miraculous recoveries? How can you tell when someone is in the final hours of their life? How can we ensure our most vulnerable are treated with the dignity they deserve? In this unprecedented book, palliative medicine pioneer Kathryn Mannix explores the biggest taboo in our society and only certainty we all share: death. Told through a series of powerful stories, taken from her clinical practice, her book sends an urgent message to the living which answers the most intimate and fascinating questions about the end-of-life process with touching honesty and humanity. *With the End in Mind* is a book for all of us: the grieving and bereaved, ill, and healthy. Mannix rationalizes and explains what happens at the end of our lives, and argues that with planning, honesty and information death doesn't have to be either painful or terrifying. With at-times funny, poignant and always wise storytelling about how people die, Mannix has written a book of immense power and importance."--Publisher's description.

A stirring defense of liberalism against the dogmatism of our time from an award-winning and New York Times bestselling author. Not since the early twentieth century has liberalism, and liberals, been under such relentless attack, from both right and left. The crisis of democracy in our era has produced a crisis of faith in liberal institutions and, even worse, in liberal thought. *A Thousand Small Sanities* is a manifesto rooted in the lives of people who invented and extended the liberal tradition. Taking us from Montaigne to Mill, and from Middlemarch to the civil rights movement, Adam Gopnik argues that liberalism is not a form of centrism,

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nor simply another word for free markets, nor merely a term denoting a set of rights. It is something far more ambitious: the search for radical change by humane measures. Gopnik shows us why liberalism is one of the great moral adventures in human history -- and why, in an age of autocracy, our lives may depend on its continuation.

The world likes to believe life is a series of endings. Some are good, others bad, but things always end. In the modern age, the movie ends, the television show ends, the book finishes with "The End", and we start to believe life is about endings. Yet life continues, without end. Recently, my young nephew died, but the next day life went on without him. This book is based on the premise that endings are just new beginnings. Everyone can end, with the beginning in mind. Giving up the concept of "everything ends" is one of the most important steps in business continuity. People love to talk about Succession Planning, but few ever accomplish the task. The numbers are staggering. The US Department of Labor Statistics tell us after one year in business, 20% of new businesses in America fail, but after 20 years only about 20% of those same businesses will have survived. Of those who survive, less than 20% will continue to a second generation! Most businesses have a cessation plan (a plan that leads to a business ceasing to exist), while very few have succession plans (a plan that

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leads to a business not only continuing, but thriving after the founder exits). In his book, "Always End with the Beginning in Mind", Donald White takes you on his journey that resulted in a successful business continuation, and will give a founder of a business the steps necessary for a succession plan to actually succeed. A well-thought out and properly executed Succession Plan is a classic win-win. In fact, it is a win-win-win. It is a win for the company, namely the clients and staff who are able to enjoy continuity after the founder's exit. It is a win for the successor, who is able to build on the success of the founder. Finally, it is a win for the founder, who is able to exit on their own volition and see what they have built continue to prosper for years to come. Firms can succeed into perpetuity. They do not need to eventually cease. A businessperson who exits a business without seeing their exit as an ending, but as a new beginning, both for themselves and the business, can enjoy seeing the firm they spent a lifetime building continue to prosper after the business transitions to new leadership and simultaneously enjoy a new season of life personally. Do not leave business continuity to fate! Read this book and discover the tools necessary to move from a reactive cessation plan to a proactive plan of succession.

Man up and discover the practical and inspirational information all men should know! While it's definitely more than just monster trucks, grilling, and six-pack

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abs, true manliness is hard to define. The words macho and manly are not synonymous. Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors Brett and Kate McKay have created a collection of the most useful advice every man needs to know to live life to its full potential. This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend, or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to: -Shave like your grandpa -Be a perfect houseguest -Fight like a gentleman using the art of bartitsu -Help a friend with a problem -Give a man hug -Perform a fireman's carry -Ask for a woman's hand in marriage -Raise resilient kids -Predict the weather like a frontiersman -Start a fire without matches -Give a dynamic speech -Live a well-balanced life So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

In this "brave and heartbreaking novel that digs its claws into you and doesn't let go, long after you've finished it" (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of *All Your Perfects*, a workaholic with a too-good-to-be-true romance can't stop thinking about her first

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love. Lily hasn't always had it easy, but that's never stopped her from working hard for the life she wants. She's come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily's life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He's also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn't hurt. Lily can't get him out of her head. But Ryle's complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his "no dating" rule, she can't help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is "a glorious and touching read, a forever keeper. The kind of book that gets handed down" (USA TODAY).

The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more likely you'll use the

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right tool for the job - and get it done right. The same is true when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. *The Great Mental Models: General Thinking Concepts* is the first book in *The Great Mental Models* series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet- ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR

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HOME Ottawa, Ontario, Canada

Student retention has become a difficult issue within higher education. As such, it is imperative to examine the causes, as well as provide educators with strategies to implement to improve retention rates. *Critical Assessment and Strategies for Increased Student Retention* is a pivotal reference source for the latest progressive research on a variety of current student success and attendance perpetuation issues. Featuring a broad range of coverage on a number of perspectives and topics, such as academic performance, counseling, and culture, this publication is geared towards practitioners, academicians, and researchers interested in understanding the difficulties with maintaining student retention.

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