

### Work Life And Leisure Chapter Notes

Clinical experiences combine with patients' own stories in an informational guidebook that covers the causes of and prognosis for spinal cord injury through a series of real-life case studies, reviews common courses of treatment and rehabilitation, and answers "what now?" questions. Simultaneous.

This book traces the history of the relationship between work and leisure, from the 'leisure preference' of male workers in the eighteenth century, through the increase in working hours in the later eighteenth and early nineteenth centuries, to their progressive decline from 1830 to 1970. It examines how trade union action was critical in achieving the decline; how class structured the experience of leisure; how male identity was shaped by both work and leisure; how, in a society that placed high value on work, a 'leisured class' was nevertheless at the apex of political and social power – until it became thought of as 'the idle rich'. Coinciding with the decline in working hours, two further tranches of time were marked out as properly without work: childhood and retirement. Accessible, wide-ranging and occasionally polemical, this book provides the first history of how we have imagined and used time.

If we don't get Sunday right, we won't get Monday—or any day of the workweek—right. The divided life is a temptation so built into our society, we may not even recognize it. Yet most of us fall prey to it. We either undervalue work, resenting it as simply a job, or

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we overvalue it as an identity-defining career. Michael Naughton, drawing on his background in both business and theology, proposes that the key to finding balance is another important human activity: leisure. In light of leisure—not mere amusement, but time for family, silence, prayer, and above all, worship—work becomes a space where men and women can find deep fulfilment. Naughton provides real-world examples of how businesses can promote authentic human flourishing and innovation through practices and policies that support leisure. In *Getting Work Right* Michael Naughton will change how you work—and rest.

This edited collection explores Positive Sociology of Leisure (PSL) as a subfield relating to leisure studies, sociology of leisure, and sociology of happiness. Defined as an area of research that examines social aspects of leisure life with a focus on the optimal functioning of relationship, group, community, organization, and other social units, PSL differs from more critical forms of sociology in that its starting point is social positives. The contributions draw on a range of diverse disciplinary backgrounds to consider various meanings of leisure across themes such as: ageing; sex, sexuality and family; community, youth, and education; and arts and creativity. *Positive Sociology of Leisure* will be a key reference within the field of sociology of leisure, as well as an important introductory book for those interested in leisure studies.

Short GIST of NCERT - Classwise Class 10 Social Science for UPSC & State PSCs (including History Economy Polity Geography) Table of Contents Class 10 Geography

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Rural communities in Japan have suffered from significant depopulation and economic downturn in post-war years. Low birth rates, aging populations, agricultural decline and youth migration to large cities have been compounded by the triple disaster of 11 March 2011, which destroyed farming and fishing communities and left thousands of people homeless. This book identifies these challenges and acknowledges that an era of post-growth has arrived in Japan. Through exploring new forms of regional employment,

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community empowerment, and reverse migration, the authors address potential opportunities and benefits that may help to create and ensure the quality of life in depopulating areas and post-disaster scenarios. This book will be of interest not only to students of Japanese society, but also to those outside of Japan who are seeking new approaches for tackling depopulation challenges.

At the time the largest city in the world, Victorian London intrigued and appalled politicians, clergymen, novelists and social investigators. Dickens, Mayhew, Booth, Gissing and George Bernard Shaw, to name but a few, developed a morbid fascination with its sullied streets and the sensational gulf between London classes. *Outcast London* explores the London economy, in particular its vast numbers of casual and irregular day labourers and the artisans and seamstresses engaged in seasonal and workshop trades. This vast assemblage was volatile, subject to the ups and downs of the world economy, to the vagaries of the weather, and to the rise and fall of various trades. Its crises could cause panic in wealthy London. New forms of charity came into being as well as, eventually, an embryonic form of the twentieth century welfare state. At first sight, the London described in this book is wholly remote from the city encountered today. But developments in recent decades reveal that the types of irregular employment, poverty and inequality experienced by modern Londoners are not so distant from those familiar to their Victorian and Edwardian ancestors. Insights from professionals in the fields of organizational development and diversity

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provide practical tools to help employees and managers—regardless of race or gender—collaborate in reaching their workplace potential. • Presents new research on the many forms of employment discrimination based on multiracial identity, appearance, and transgender status • Includes contributions from professionals in the fields of social psychology, law, gender studies, and ethics, among others • Reveals effective ways for promoting inclusion of women and people of color in today's global workforce • Covers the workforce in the public sector, private sector, and military • Considers the role of social media in helping break through workplace barriers

The tourism and hospitality industries are seeing continued success, which is why so many new businesses are trying to find a foothold in the field. However, the functions and responsibilities of management differ heavily between organizations within the tourism industry, such as the differences faced by big chain hotels, family owned hotels, and individually owned hotels. Understanding the methods of managing such companies is vital to ensuring their success. *Industrial and Managerial Solutions for Tourism Enterprises* is a pivotal reference source that focuses on the latest developments on management in the tourism and hospitality industries. Highlighting a range of topics including core competency, customer relationship management, and departmental relationships, this book is ideally designed for managers, restaurateurs, tour developers, destination management professionals, travel agencies, tourism media journalists, hotel managers, management consulting companies, human resources

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professionals, performance evaluators, researchers, academicians, and students. Non-work obligations can undermine our well-being and lifestyles, but scholars of work and leisure alike have largely ignored this element of our lives. This book, written by an established authority in the field, shines a light on the significance of this 'third space' in our lives and offers a guide to finding contentment in discontentment.

In *Twenty-First Century Workplace Challenges*, Edna Rabenu examines shifting psychological relationships in the workplace. Rabenu debates a plethora of issues pertinent to employees, workers, managers, and organizations, offering timely recommendations on how organizations should respond to new developments.

In her attempts to juggle work and family life, Brigid Schulte has baked cakes until 2 a.m., frantically (but surreptitiously) sent important emails during school trips and then worked long into the night after her children were in bed. Realising she had become someone who constantly burst in late, trailing shoes and schoolbooks and biscuit crumbs, she began to question, like so many of us, whether it is possible to be anything you want to be, have a family and still have time to breathe. So when Schulte met an eminent sociologist who studies time and he told her she enjoyed thirty hours of leisure each week, she thought her head was going to pop off. What followed was a trip down the rabbit hole of busy-ness, a journey to discover why so many of us find it near-impossible to press the 'pause' button on life and what got us here in the first place.

Overwhelmed maps the individual, historical, biological and societal stresses that have

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ripped working mothers' and fathers' leisure to shreds, and asks how it might be possible for us to put the pieces back together. Seeking insights, answers and inspiration, Schulte explores everything from the wiring of the brain and why workplaces are becoming increasingly demanding, to worldwide differences in family policy, how cultural norms shape our experiences at work, our unequal division of labour at home and why it's so hard for everyone – but women especially – to feel they deserve an elusive moment of peace.

Increase productivity, efficiency, and full-brain power when you apply Now Habit strategies to your business What if working harder, stressing more, and putting in more hours aren't the secret to success? What if truly effective managers, entrepreneurs, and businesspeople simply use more of their brain to make creative decisions, work in the zone, and live more fully in the process? The Now Habit at Work gives you a hands-on manual enabling the resilience and focus of champions-the ability to bounce back from set-backs, to believe in yourself, and focus on solving problems rather than seeing only obstacles. This one-of-a-kind program offers Tools to enable superior quality work that creates work-life balance Strategies to maintain focus and self-confidence Tips to conquer stress through effective time management and goal setting Daily exercises to ignite motivation in yourself and others to tackle projects with creativity and ease Filled with practical examples that are thoroughly tested and easy to implement, The Now Habit at Work will have you increasing your mindfulness while reforming old habits and

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reducing your stress. You'll be amazed at how soon your new habits will be inspiring and motivating those around you to new levels of productivity!

A text book on Social Science

ENGLISH LIFE AND LEISURE A SOCIAL STUDY BY B. SEEBOHM ROWNTREE AND G R. LAYERS LONGMANS, Life is not a vessel to be drained, but a cup to be filled Ancient Chinese Proverb CONTENTS PAGE INTRODUCTION xi CHAPTER I SECTION I THE CASE HISTORIES OF 200 PERSONS OVER THE AGE OF TWENTY SECTION II THE CASE HISTORIES OF 20 PERSONS UNDER THE AGE OF TWENTY Pages 1-121 CHAPTER II COMMERCIALIZED GAMBLING What constitutes gambling Volume of gambling How many people gamble Illegal street betting Horse racing Greyhound racing Football pools Fun fairs Sweepstakes State Lottery Newspaper competitions Stock Exchange Why do people gamble Is gambling wrong Economic aspect Betting tax Summary Pages 122-158 CHAPTER III DRINK Drunkenness Level of consumption and cost Manpower engaged in the industry Drinking habits Where do people drink Registered Clubs Bars Public houses Place of licensed premises in national life Improved public houses Cultural attractions in public houses Disinterested management Nature and effect of alcohol Advertising Case for public control of the Trade Need for new type of cafes Education about alcohol Taxation of the Trade Suitability of British Licensing Laws Summary Pages 159-198 CHAPTER IV SMOKING Consumption of tobacco Economic aspect Addiction Pages 199-202 vii

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In *Pressed for Time*, Judy Wajcman explains why we immediately interpret our experiences with digital technology as inexorably accelerating everyday life. She argues that we are not mere hostages to communication devices, and the sense of always being rushed is the result of the priorities and parameters we ourselves set rather than the machines that help us set them."--Jacket.

Written in response to the Supreme Court's landmark *Daubert* decision regarding provision of expert witness scientific testimony, *Assessment of Rehabilitative and Quality of Life Issues in Litigation* focuses on quality of life as a means of conceptualizing and measuring pain and suffering in the controversial enjoyment of life debate. The authors make a compelling argument for a quality of life paradigm based on a rehabilitation and health economics analysis,

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demonstrating that qualified rehabilitationists are the best experts to provide analyses of the impact of disability or injury on quality of life over the lifespan. The extensive literature review enables attorneys and litigation experts to easily access quality of life literature.

NCERT Solutions for Class 10 Social Science Chapter 18 Work, Life and Leisure  
Bright Tutee

Globalization, economic development and changes in social environments have put the relationships between work, leisure, social structure and quality of life under the spotlight. Profound transformations in the nature and organization of work are occurring, with potentially far-reaching social and economic consequences. Increasingly, organizations demand greater flexibility from their workforces and are introducing new technologies and practices in response to global competitive pressures. At the same time many employees are experiencing long working hours, increasing workloads and job insecurity, along with the challenge of balancing work and domestic responsibilities. These changes threaten long-term gain in leisure time while, simultaneously, the leisure environment is also changing radically, as we see increasing commercialization and professionalization of leisure services and experiences, the influence of the Internet, the rise of gambling and the decline of community-based activity.

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Exploring all of these issues, this book brings together specially commissioned chapters from international experts in a wide range of disciplines concerned with work, leisure and well-being. Each author takes stock of the current position, identifies core practical and theoretical issues and discusses possible future trends in order to provide an invaluable resource for all policy-makers, educators, employers and researchers in the field.

Dimensions of Leisure for Life, Second Edition With HKPropel Access, guides students through a study of leisure from both individual and societal perspectives. The editors and contributors, all key experts in the field, use social science methods and current research to study the multidisciplinary field of leisure and its practical applications. Relevant career opportunities within the broad scope of the leisure services delivery system are also presented. The text emphasizes inclusivity and prepares students and professionals to incorporate inclusive practices into their work. Part I of Dimensions of Leisure for Life, Second Edition, examines the broad dimensions of leisure and its related industries. It looks at leisure as a social science and analyzes its societal value. Part II discusses how individual dimensions of leisure affect a person's quality of life, physical and mental health, and level of physical activity. Part III details how recreation history informs contemporary leisure studies. It uncovers the intersection of leisure and

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society, family life, technology, natural resources, economics, and public policy. Part IV presents the study of leisure from a consumer perspective. Awareness of local options as well as age, gender, sexual orientation, race, ethnicity, religion, and socioeconomic status; geographic distribution of leisure spaces; and stage of development all affect an individual's participation in and level of involvement in leisure activities. Throughout the text, students will consider the role that recreation and leisure play in their own lives. They are encouraged to seek out the resources that are available to them, learn to recognize and challenge the obstacles to participation, and commit to a leisure plan that will enhance personal growth. The book's full-color design contains photographs and illustrations that enhance student engagement. Learning outcomes and review questions in each chapter help students set learning goals and retain key information. Vocabulary terms allow students to identify important content. Dimensions of Leisure for Life, Second Edition, has been updated with current research and applications within the field. The second edition features the following enhancements to help students connect theoretical concepts to practical applications they can use in their future careers: On the Job sidebars in each chapter help students better understand common issues in the recreation and leisure workforce. Self-Exploration sidebars throughout the chapters provide opportunities for students

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to reflect on the role of leisure in their lives. A new chapter on leisure and family life discusses the impact of leisure on family structures and how to create valuable leisure experiences for all family members. The chapter on technology has been updated to reflect the digital advancements in leisure and their effect on individual equality and privacy. New interactive activities delivered online through HKPropel include chapter overviews, research assignments, key term flash cards, and chapter quizzes that can be automatically graded to assess student comprehension. Dimensions of Leisure for Life, Second Edition, addresses the ways that leisure affects individual lives and even our larger society. The more we understand the dimensions of leisure that contribute to quality of life for us and those in our communities, the more likely we are to appreciate them. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.

Acknowledging that the challenge facing social science is how to inject some order into the common-sense notion of leisure lifestyles, this book, written by a major player in the field of leisure, considers how to turn the study of both serious and casual leisure into a useful concept for guiding research.

This book examines the emerging and shifting issues in the field of gay tourism, how these relate to significant societal and technological changes and the

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implications of these changes for theory, policy and practice. It addresses the political and sociocultural discourses evident within gay tourism consumption and explores the conceptualisations of gay tourism within the contexts of tourist profiles and identities. While gay travel research has been dominated by Western perspectives and traditions, this book incorporates voices from non-Western perspectives and cultures. The volume investigates the value of gay tourism that facilitates our engagement with tourism experiences, leisure opportunities and pleasure. It will be a useful resource for students, lecturers and researchers in tourism, human geography, cultural studies and sociology.

'Leisure and Recreation Management' is essential reading for anyone interested in exploring both the theory and the practicalities of managing leisure and recreational facilities.

Classic of economic and social theory offers satiric examination of the hollowness and falsity suggested by the term "conspicuous consumption," exposing the emptiness of many standards of taste, education, dress, and culture.

An innovative, student-friendly textbook covering the major elements of the field of Family Communication Family Communication, a rapidly growing sub-discipline within Communication Studies, explores the processes and factors involved in family

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interactions and relationships. *Communication in Family Contexts* is a clear and accessible survey of the essential principles, theories, and concepts of the field. Unlike textbooks that present a vast amount of material across only a few chapters—this innovative textbook features brief, easily-understood chapters ideally-suited for undergraduate courses on the subject. The text provides concise yet comprehensive coverage of a diverse range of topics, from fundamental aspects of caretaking and sibling communication, to topics not covered in other textbooks such as estrangement and marginalization. 33 chapters cover theories of family communication, family communication processes, and communicating in family relationships. The authors, noted researchers and educators in the field, complement discussions of standard topics with those of growing contemporary interest, such as LGBTQ family communication, step-family and half-sibling relationships, and the influence of technology on family. This textbook: Provides a well-rounded examination of the major elements of Family Communication studies Explains the foundational theories of the field, including Family Communication Patterns Theory and Relational Dialectics Theory Features numerous practical application exercises to enable students apply theory to practice Includes a complete set pedagogical features, such as case studies, visualizations and models of theories, illustrations, and discussion questions Offers a flexible organizational structure that allows instructors to pick and choose chapters to meet the needs of their courses *Communication in Family Contexts: Theories and*

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Processes is an important resource for instructors and students in the field of family communication, the wider discipline of Communication Studies, and related areas such as social psychology and sociology.

'Applying the Roper-Logan-Tierney Model in Practice' has been written to enable students and their teachers (in higher education and clinical practice) to explore the different dimensions of the model through a variety of case studies and exercises. For this new edition the book has been completely revised, bringing the subject up to date in line with recent developments. Key changes address issues surrounding government policy and public sector leisure provision, the National Lottery, global conditions such as the world economic climate and the European Union, and communication and travel advances. New content also covers: play, recreation, leisure and the needs of people leisure trends, planning and government the legacy of CCT and the introduction of Best Value management, training and operational aspect of Leisure & Recreation management Leisure and Recreation Management deals with the theory of leisure studies as well as the day-to-day practicalities of managing sport, leisure and recreation facilities, ensuring this book's continued success as a student textbook and a guide for the practitioner.

Drawing on history, mythology, literature, and pop culture, this fascinating critique of "work" in America asks why so many people allow work to take over their lives, what happened to the unspoken "contract" between worker and employer, why has

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downsizing become a norm, and many other important questions. Reprint. 15,000 first printing.

### Lab Manual

This volume analyses the positive effects that tourism generates on resident's quality of life, and how this influences tourists' quality of life as they enjoy an enriching experience in the destination they visit. It provides significant theoretical and empirical contributions, as well as, case studies related to quality of life in hospitality and tourism marketing and management. This volume is the result of the effort that many researchers from all over the world have done to spread some new light on this outstanding research line and add knowledge on the relationship between tourism and quality of life of both residents and tourists. This last is highlighted as a fundamental factor to take into account for the development of new tourism practices. This volume is a true reference for researchers, students and professionals working in tourism marketing and management.

Offers an in-depth ethnography of paradigm shifts in the lifestyles and values of youth in post-growth Japan. *Urban Migrants in Rural Japan* provides a fresh perspective on theoretical notions of rurality and emerging modes of working and living in post-growth Japan. By exploring narratives and trajectories of individuals who relocate from urban to rural areas and seek new modes of working and living, this multisited ethnography reveals the changing role of rurality, from postwar notions of a stagnant backwater to

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contemporary sites of experimentation. The individual cases presented in the book vividly illustrate changing lifestyles and perceptions of work. What emerges from *Urban Migrants in Rural Japan* is the emotionally fraught quest of many individuals for a personally fulfilling lifestyle and the conflicting neoliberal constraints many settlers face. In fact, flexibility often coincides with precarity and self-exploitation. Susanne Klien shows how mobility serves as a strategic mechanism for neophytes in rural Japan who hedge their bets; gain time; and seek assurance, inspiration, and courage to do (or further postpone doing) what they ultimately feel makes sense to them. “This book is a valuable contribution to knowledge about diversifying rural Japan and evokes reflection about the future of post-growth Japan. Klien’s study benefits from assiduous and long-term field research and insightful analysis. She excels at locating the specifics of the study in theoretical observations and concepts, thereby setting the work into a larger consideration of Japan’s paradigm shifts in lifestyle and values.” — Nancy Rosenberger, author of *Gambling with Virtue: Japanese Women and the Search for Self in a Changing Nation*

*Quality of Life: An Interdisciplinary Perspective* presents the Quality of Life using a contemporary and interdisciplinary approach. Various socio-cultural, spiritual, technological, and human factors aspects, which have an immense bearing on our lives, are an integral part of this book. This book highlights cultural differences in terms of Quality of Life. It recognizes the presence of cultural differences resulting from the

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social status attributed to an individual's age, gender, class, race, and ethnicity. It can be used as a guide in the field of global well-being and for future research. It presents clues to complex problems and empirical materials, and attempts to bring out a more comprehensive picture of global and contemporary Quality of Life and well-being. This book can also fill a gap in teaching and research. Those who will find this book useful are researchers, academicians, practitioners, and students of management, behavioral science, human factors, psychology, health economics, sociology, public health, and politics.

It is a platitude that most people, as they say, 'work to live' rather than 'live to work.' And in the late twentieth and early twenty-first centuries, work weeks have expanded and the divide between work time and personal time has significantly blurred due to innovations in such things as electronic communications. Concerns over the value of work in our lives, as well as with the balance or use of time between work and leisure, confront most people in contemporary society. Discussions over the values of time, leisure, and work are directly related to the time-honored question of what makes a life good. And this question is of particular interest to philosophers, especially ethicists. In this volume, leading scholars address a range of value considerations related to peoples' thoughts and practices around time utilization, leisure, and work with masterful insight. In addressing various practical issues, these scholars demonstrate the timeless relevance and practical import of Philosophy to human lived experience.

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A collection of critical essays which reject the assumptions that leisure relations are relations of freedom, self determination, life satisfaction and growth. The essays look at power and policy issues in leisure relations and attempt to produce a critical sociology of the subject.

Download free NCERT Solutions of chapter 18- 'Work, Life and Leisure' available at Bright Tutee. NCERT solutions are the answers of all the questions of textbook questions of Social Science. Textbook's questions help you in understanding a chapter in a better way and in scoring higher marks. These solutions are available in Ebook at free of cost. You just have to click the 'download' button and it will be downloaded on your desktop, laptop or mobile phones. 'Work, Life and Leisure' is the eighteenth chapter in class 10th Social Science which talks about the topics like 'Characteristics of the city', 'Social change in the city and Politics in the city', and 'The city in colonial India and Cities and the challenges of the Environment'. Why you must download the NCERT solutions of the chapter 'Work, Life and Leisure'? The NCERT solutions consist of the solutions of all the questions of the textbook in detail and easy language.

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This book reviews employment and leisure trends in Japan from the post-war era to the present. In addition, it also examines how these trends will affect tourism destinations and businesses that rely heavily on Japanese overseas tourism. Topics that are of particular interest to readers include the most current Japanese employment and leisure data and how the data compares with the earlier, postwar era that made up the boom-years of Japanese overseas travel. The latest data provides insight into how today's working and living conditions in Japan impact overseas travel expenditures today. Readers, ranging from academics to business practitioners, will benefit from the book that provides the latest information that can be used in a practical manner to assist tourism-related businesses and organizations meet the current and future needs of the Japan overseas travel market.

The tourism industry is the largest service industry and the largest employment generator in the world. This was made possible by increasing globalization and

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disposable income, with the labor force playing an important role. Factors such as quality of services and business performance depend on a well-educated, well-trained, skilled, enthusiastic, and committed workforce. Contemporary Human Resources Management in the Tourism Industry is a pivotal reference source that provides research on the role of human resource departments in creating value for the workplace through innovation and efficient work processes. While highlighting topics such as organizational structure, gender equality, and employee motivation, this publication explores the development of organizational culture, as well as methods of translating business strategy into action through dramatically managing staff on all levels in the tourism industry. This book is ideally designed for human resources managers, business owners, business professionals, researchers, and academicians seeking current research on the organizational skills and strategies necessary in creating effective tourism businesses.

How did Americans come to believe that working at home is feasible, productive, and desirable? Easy Living examines how the idea of working within the home was constructed and disseminated in popular culture and mass media during the twentieth century. Through the analysis of national magazines and newspapers, television and film, and marketing and advertising materials from the housing, telecommunications, and office technology industries, Easy Living traces changing concepts about what it meant to work in the home. These ideas reflected larger social, political-economic, and

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technological trends of the times. Elizabeth A. Patton reveals that the notion of the home as a space that exists solely in the private sphere is a myth, as the social meaning of the home and its market value in relation to the public sphere are intricately linked.

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