

Your Life In My Hands A Junior Doctors Story

Your Life in My Hands is a collection of various poems that any reader can relate to. Separated into the three emotions of Love, Melancholy, and Hope, a reader can share the experience that the poems are sharing. "Just like your favorite song that you put on repeat, just like your favorite movie that you rewind, my poems will imprint in your heart and embed in your brain simply because you can relate to them."

In this powerful and sometimes shocking account, a surgeon reveals her experience of hospital life with rare frankness. In her mid-twenties, Gabriel Weston - an arts graduate with no scientific qualification beyond high school-level biology - decided to become a surgeon. She enrolled at night school, then went through many years of medical school and surgical training. Now in her late thirties, she has achieved her ambition and is working as a surgeon in a British hospital. "But I have never quite managed to shake off the feeling that I am an imposter," she says. "Even when operating, it sometimes seems like I am on the outside looking in." *Direct Red* is the result of those observations. It is a superbly written, startlingly raw account of her experience of life in a hospital. All her own doubts, mistakes, and incongruous triumphs are faithfully recorded. It is also a revealing and at times chilling account of what she sees around her. The world of surgery is secret and closed - or was until now. Excerpt I knew that this man needed to be opened up immediately. I phoned the on-call consultant, offering to meet him in theatre. "Not so fast," he objected. "You youngsters are always in such a hurry." When he finally did concede that we needed to go to theatre, he picked up a coffee on the way. Physiology forced pace on the situation: once we cut the man open, we were confronted with the sight of the hollow cavern of the patient's abdomen filling with blood as quickly as a basin fills with water. This consultant did not have a clue what to do; didn't know the simplest emergency measures. He dressed his incompetence in a mannered slowness of action. It took him almost an hour to admit he wasn't coping, at which point he shouted at the scrub nurse: "Get me another surgeon! Any surgeon!" The night taught me the paramount value of a quick response.

"An absorbing account." -- Jhumpa Lahiri An encouraging and inspiring true story on how a boy from India overcame a difficult childhood and devastating hand injuries and became one of the most prolific cardiac surgeons in U.S. history. Leaving a life marked by crippling setbacks and his father's doubt, in 1967 a twenty-something doctor from India arrived in America with only five dollars and the desire to claim his American dream. The journey still awaiting Dr. Arun K. Singh would be unparalleled. Faced with an entirely new culture, racism, and the lasting effects of disabling childhood injuries, through hard work and perseverance he overcame all odds. Now having performed over 15,000 open heart surgeries, more than nearly every surgeon in history, Dr. Singh reflects on his most memorable patients and his incredible personal life. Shared for the first time, these intimate and uplifting accounts, along with photos, will have you cheering for the underdog and appreciating the enduring determination of the human spirit.

Your Life In My Hands - a Junior Doctor's Story A Junior Doctor's Story Metro Publishing

Do you often come up with reasons not to wash your hands? Zinny is a little girl who always made up reasons not to wash her hands. In this beautiful story, Zinny and her friend learns a great lesson. Let's dive into the book and find out more.

Considered by many to be mentally retarded, a brilliant, impatient fifth-grader with cerebral palsy discovers a technological device that will allow her to speak for the first time.

As a specialist in palliative medicine, Dr Rachel Clarke chooses to inhabit a place many people would find too tragic to contemplate. Every day she tries to bring care and comfort to those reaching the end of their lives and to help make dying more bearable. Rachel's training was put to the test in 2017 when her GP father was diagnosed with terminal cancer. She learned that nothing - even the best palliative care - can sugar-coat the pain of losing someone you love. And yet, she argues, in a hospice there is more of what matters in life - more love, more strength, more kindness, more joy, more tenderness, more grace, more compassion - than you could ever imagine. For if there is a difference between people who know they are dying and the rest of us, it is simply this: that the terminally ill know their time is running out, while we live as though we have all the time in the world.

Originally published: New York: Alfred A. Knopf, an imprint of Random House Children's Books, 1999.

'I think it's wrong for me to complain that people don't understand disability and then refuse to talk about my personal life.

Telling my story is the best way I know to make issues I care about understood' In autumn 2005, Alison Lapper's body became familiar to thousands of people when Marc Quinn's 16-foot marble statue of her - Alison Lapper: Pregnant - was placed on Trafalgar Square's fourth plinth. MY LIFE IN MY HANDS is Alison's story: from her mother's rejection at birth, through a childhood deprived of affection in children's homes, to independence, a first class art degree, motherhood and critical success. Her resilience, fortitude and humour are humbling, yet she rejects any notion of 'bravery'. From the beginning, Alison was different to most children, yet through the strength of her personality and the nurturing of her artistic talents, she was determined to live as full a life as possible. MY LIFE IN MY HANDS challenges our perceptions of disability by showing how Alison overcame pain, prejudice, violence and loneliness to reach a state of happy independence. MY LIFE IN MY HANDS is an extraordinary and compelling story like no other.

The author recounts her childhood in late-nineteenth-century Nebraska, describes her adult life on a ranch, and discusses her lifelong interest in making quilts

The rules are simple: Never speak to outsiders. Never yearn for something more. And never, ever seek the pleasure of a stolen kiss...or a whispered promise that with him, she can finally be free. Abby Merkley has been a member of the Church of the Apocalyptic Faith since she was a child, and there's no way out...until her darkly handsome, brooding neighbor defies the rules and takes her into the safety of his arms. He should frighten her, but everything inside Abby thrills at Luc Stanek's rough manners and shockingly gentle touch. He excites her, ignites her, leaves her shaken and wanting more. But evil men follow in her footsteps, and it may take more than one fierce beauty to defend her loving beast. Blank Canvas series: Under Her Skin (Book 1) By Her Touch (Book 2) In His Hands (Book 3) Praise for Blank Canvas: "A dark and emotional tale that will make your spine tingle as well as your heart."-SARINA BOWEN, USA Today bestselling author of Bittersweet for Under Her Skin "The perfect romance...a hint of danger, a whole lot of spice, and an HEA you believe in."-ANNE CALHOUN, award-winning author of Under the Surface for Under Her Skin "Emotionally riveting page-turner."-Publishers Weekly STARRED for Under Her Skin "Incredibly sexy, heartbreaking, and intense."-Kirkus for Under Her Skin "Gripping [and] emotionally satisfying."-Publishers Weekly STARRED for By Her Touch "Anders has created wonderful variations on the beauty and the beast theme [with] a greatly tormented hero, and a powerful mix of menace and romance."-Booklist for By Her Touch

Abuse happens everywhere and sometimes it can happen right in front of us and we still won't see it, or maybe we just don't want to. This is my true story about living with a monster, a monster that only those in my household would have

ever had the unfortunate chance to meet, the monster I called my daddy!!! We cannot choose who we are related to, but we can sure as hell despise them. My story is hard to read in parts I am not going to lie, but was even harder to live it. It has taken 35 years but I am living proof that just because your life starts out feeling pointless and a punishment that you don't have to accept it. As an adult. you are the only person in control of your life and only you can make the changes if they are needed. My life was in his hands for a long time!!! Now you have chance to hold my life in your own

Professor Jane Plant's international bestseller on combating breast cancer through diet and lifestyle changes has been fully revised and updated, including new information on ovarian cancer and other types of cancer. In this groundbreaking book, Professor Plant details her own experiences of suffering with breast cancer, and how she learnt of the relationship between cancer and diet. The book explains the science behind the 'no dairy' diet and gives practical advice on how diet and lifestyle changes can help prevent and overcome breast and ovarian cancer. For sufferers, their families and anyone who is concerned about the risk of cancer, this book is essential reading.

Hands Clapping, waving, pushing, pulling, scratching, digging, tickling--how many ways do you use your hands every day? Find out how important your hands are!

Life of Pi is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas, and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.

Thumbs up foods are just the beginning! A fantastic book that associates each finger with foods to eat, making choices easy and fun! Cyndi Dale, author of The Subtle Body Encyclopedia Here is a must-have book for every parent trying to teach their children healthy eating habits. Lindsey Smith, author of Junk Foods & Junk Moods This book helps parents start their kids on a healthy path that will benefit them the rest of their lives. Lisa Mentgen-Gordon, CEO, Healing Touch Program The illustrations are luminous and help kids take a colorful, energetic interest in what they eat. Marla Feingold, Certified Clinical Nutritionist and Dietician

Set in 1960s and '70s Australia, "The Blood on My Hands" is the dramatic tale of Shannon O'Leary's childhood years. O'Leary grew up under the shadow of horrific domestic violence, sexual and physical abuse, and serial murder. Her story is one of courageous resilience in the face of unimaginable horrors. The responses of those whom O'Leary and her immediate family reach out to for help are almost as disturbing as the crimes of her violent father. Relatives are afraid to bring disgrace to the family's good name, nuns condemn the child's objections as disobedience and noncompliance, and laws at the time prevent the police from interfering unless someone is killed. "The Blood on My Hands" is a heartbreaking-yet riveting-narrative of a childhood spent in pain and terror, betrayed by the people who are supposed to provide safety and understanding, and the strength and courage it takes, not just to survive and escape, but to flourish and thrive.

We are wrapped in a mantle of awe at the beauty around us. But there is one particular experience transcending all others—a baby's first breath, that primal cry of a brand-new human being that's so powerful, so rich, and so pure, it brings instant tears. The cycle of life begins anew—full of expectation, hope, and love. Every baby is magnificent, beautiful, perfection itself, whose grand entrance into this world is never commonplace. How could it be? For those first several minutes, it seems as if one can sense the very breath of God come to earth. This brief exchange with holiness is undeniable, a treasured memory forever, and certainly a story worth sharing. These are the stories Nancy Spencer shares in Heaven in My Hands. Accept the invitation to laugh and be surprised and inspired as you read some of the most humorous, tender, poignant, and life-altering births Nancy has encountered in her decades-long midwifery practice. Journey with these families and see the glory of God shining in the face of each sweet little boy and girl. When the miracle of life changes everything, these gifts from God truly are heaven in our hands.

A riveting exploration of the most difficult and important part of what doctors do, by Yale School of Medicine physician Dr. Lisa Sanders, author of the monthly New York Times Magazine column "Diagnosis," the inspiration for the hit Fox TV series House, M.D. "The experience of being ill can be like waking up in a foreign country. Life, as you formerly knew it, is on hold while you travel through this other world as unknown as it is unexpected. When I see patients in the hospital or in my office who are suddenly, surprisingly ill, what they really want to know is, 'What is wrong with me?' They want a road map that will help them manage their new surroundings. The ability to give this unnerving and unfamiliar place a name, to know it—on some level—restores a measure of control, independent of whether or not that diagnosis comes attached to a cure. Because, even today, a diagnosis is frequently all a good doctor has to offer." A healthy young man suddenly loses his memory—making him unable to remember the events of each passing hour. Two patients diagnosed with Lyme disease improve after antibiotic treatment—only to have their symptoms mysteriously return. A young woman lies dying in the ICU—bleeding, jaundiced, incoherent—and none of her doctors know what is killing her. In Every Patient Tells a Story, Dr. Lisa Sanders takes us bedside to witness the process of solving these and other diagnostic dilemmas, providing a firsthand account of the expertise and intuition that lead a doctor to make the right diagnosis. Never in human history have doctors had the knowledge, the tools, and the skills that they have today to diagnose illness and disease. And yet mistakes are made, diagnoses missed, symptoms or tests misunderstood. In this high-tech world of modern medicine, Sanders shows us that knowledge, while essential, is not sufficient to unravel the complexities of illness. She presents an unflinching look inside the detective story that marks nearly every illness—the diagnosis—revealing the combination of uncertainty and intrigue that doctors face when confronting patients who are sick or dying. Through dramatic stories of patients with baffling symptoms, Sanders portrays the absolute necessity and surprising difficulties of getting the patient's story, the challenges of the physical exam, the pitfalls of doctor-to-doctor communication, the vagaries of tests, and the near calamity of diagnostic errors. In Every Patient Tells a Story, Dr. Sanders chronicles the real-life drama of doctors solving these difficult medical mysteries that not only illustrate the art and science of diagnosis, but often save the patients' lives.

'Hand Book' is a print version of the ebook 'Real Palmistry'. It contains the same basic content. The images are black and white. It was created for the many people who have asked for a 'real' book. Before you read another word, look at your hands. What do you see, a confused jumble of lines and bumps? Look again. You are looking at a topographical map of your character in the past, present, and future. You can navigate your map and chart your course. You don't have to be a palmist or even know palmistry to be able to see your relationship, career, and health potentials in your hands. Reading hands is simple and fun. The value of

reading hands is in being able to readily recognize personality traits, habits and patterns, and motivations. As we identify our strengths and weaknesses, we can alter our thinking, exercise our free will, and transform negative thought patterns into positive behavioral patterns. We can take charge of our thinking, feelings, and actions. Interpreting our hands and understanding our character can inspire and empower us to transform our destinies. The beauty of reading hands is that hands change as thinking and circumstances change. A tiny change in a hand can represent a huge change in a life. As we make decisions and exercise our free will, we are able to see our successes and failures reflected in our hands over time. Palmistry is the 5500-year-old science and art of interpreting character from hands. Size, shape, and proportions of hands reveal one or more of four basic archetypes: Intuitive, Practical, Thinking, and Feeling. Texture, color, elasticity and consistency of skin, and the flexibility of joints explain how we initiate, maintain, and adapt to new ideas and circumstances. Lengths and proportions of fingers, knots, shapes of fingertips, and the qualities of nails represent our health, career, and relationships, and how we are fulfilling our potentials in our world around us. Lines of the hands, dermatoglyphics (fixed skin ridge patterns), and gestures reveal more detailed information about our life choices and circumstances. The arts and crafts of interpretation and counseling require study and practice. Hand Book will affirm, confirm, and inform readers in helpful and hopeful ways. Readers will ask their hands: Who am I? What do I want? What do I value? What do I think? How do I feel? How can I be happier? How can I be healthier? How are my relationships? What are my obligations? What are my responsibilities? How can I be prosperous? How can I be more creative? What's my purpose? What's my philosophy? How can I be more spiritual? What's next? We can all be our own best friends and bullshit detectors. Astrology had been around for thousands of years, when suddenly in 1968, Linda Goodman's Sun Signs set mass market astrology in motion. Paradoxically, while astrology reveals potential character, hands reveal true character; what we've done, do, and are likely to do with our character. After 5,500 years of being relegated to obscurity, misinformation, and deception, the time has come for the ancient science and art of palmistry to be reborn, creating new opportunities for people to interact and get to know themselves and others better. The paradigm of palmistry as a gypsy fortunetelling scam will finally be dispelled. An inspiring new catchphrase for the 21st Century will be "Let me see your hands". Hand Book captures the imagination of the masses while addressing their real concerns. In addition to answering fundamental life issues and questions, Hand Book covers topics such as: hands of family and friends, hands of celebrities, insight into intimate relationships, and gaining insight into the hands of children. Palmistry will eventually become accessible to billions of curious hand owners who will be able to experience the power of palmistry firsthand. Courtney Carver shows us the power of simplicity to improve our health, build more meaningful relationships, and relieve stress in our professional and personal lives. We are often on a quest for more—we give in to pressure every day to work more, own more, and do more. For Carver, this constant striving had to come to a stop when she was diagnosed with Multiple Sclerosis (MS). Stress was like gasoline on the fire of symptoms, and it became clear that she needed to root out the physical and psychological clutter that were the source of her debt and discontent. In this book, she shows us how to pursue practical minimalism so we can create more with less—more space, more time, and even more love. Carver invites us to look at the big picture, discover what's most important to us, and reclaim lightness and ease by getting rid of all the excess things. Here at last is the book horse lovers have long awaited - a thorough collection of the training techniques and philosophies of Monty Roberts.

Your Life in My Hands vividly describes Gods pursuit of His created, and the lengths to which He goes to draw them into His presence. Pamela Rose is one such creature, and recalls her lifes journey thus far; the good, the bad and the ugly of it all. She attests to the fact that God is in the business of the impossible talking birds! She witnesses to the removal, in one split second, of alcohols long-time addiction, and she illustrates her miraculous transfer from the darks hold into Gods dazzling light. Gracefully broken and mercifully healed, her years of empty busyness and endless striving are no more. Today she walks freely against the ever-rising tide of resistance to our Creator, God, firmly grounded and eternally grateful. With arms locked in inseparable love, and protected by swathes of invisible forces, she seeks to share the heart of God with any and all who will listen and hear, just as she did.

Are you ready to graduate? after putting down a lot of efforts during the whole year now you can enjoy your vacation. Why don't you grab this journal cover and write down every unforgettable moments you had. This journal is perfect ideal gift for students who going to graduate or to finish their semester. This is perfect gift for people who want something customized and personal.

A children's guide to properly washing hands

A true story of a neurosurgeon and a pianist In 2001 the brilliant young concert pianist Aaron McMillan was diagnosed with a rare type of brain tumour and given six weeks to live. He was just 24 years old. He underwent 12 hours of emergency surgery; days later he was back at the piano, preparing to perform. Years later, he was still performing. His doctor was Charlie Teo, one of Australia's most celebrated and controversial neurosurgeons. Charlie's specialty is inoperable brain tumours and his radical techniques have earned him praise around the world. But in his own country he is regarded by some as reckless and even dangerous. Aaron McMillan presented Charlie with his most challenging case yet. In return, Charlie Teo gave Aaron hope. Life In His Hands is the remarkable true story of a medical maverick and an artist who refused to be daunted by death. It is a book full of heartache and joy and scientific marvels, written by a journalist who found that with some stories, staying on the sidelines is the hardest thing to do.

Nora Ephron struck a chord with I Feel Bad about My Neck. Women's advocate and acclaimed writer Shari Graydon set out to counter the supposed downhill slide—inspired grief by inviting notable women from across Canada — all over 50 — to provide an alternative perspective. I Feel Great about My Hands is a collection of stories, essays and poems embracing the changes, discoveries and wisdom that come with age. This colourful anthology includes: Gemini award—honoured funnywoman Mary Walsh on playing a "big, loud, opinionated old bag" Celebrated poet Lorna Crozier's hilariously graphic "My Last Erotic Poem" Val Napoleon, an adopted Gitksan member of Cree heritage applying Aboriginal trickster tales to modern attitudes about aging Shari Graydon herself focusing her "face-half-unwrinkled" attention on the hands that have helped her nurture life and express creativity and joy Royalties from the book will benefit Media Action, an organization dedicated to challenging the under-representation and sexualization of women in the media.

From beloved children's author and illustrator Tony Ross, comes a fun to read and humorous take on the importance of handwashing. The Little Princess does not want to wash her hands. After all, she's already washed her hands so many times! She's washed her hands before eating and after going outside. She's washed her hands after sneezing and using the potty. Why should she wash her hands anymore? Well, because of germs and nasties, she's told, which are too small to even see! But if they

get inside your body, they can make you ill. Not even a Princess wants to be in bed all day! Now the Little Princess knows just what to do! She's got just one more question... "Have you washed your hands?"

In His Hands is the real-life story of Latasha Holcy, a survivor of unimaginable child abuse who now shares the details of her painful past in order to reveal a message of hope through even the darkest of times. Holcy candidly tells of the horrific events that traumatized her... Her experience of abuse between her parents: The house was swimming with pools of blood. I never in my life had seen so much blood, but I guess I shouldn't have, I was only four years old. The struggles of becoming a mother: I am only eleven years old, I thought. What in the world will I do with a baby? And The devastation of her father's suicide: His death haunted me...In my mind I could hear him say, 'It's better off this way kids.' These are just a few of the many tragedies which increasingly overwhelmed Holcy with hurt, anger, bitterness, and despair. While these painful memories clamored for control of her future, she discovered a faith, hope, and forgiveness more powerful than she'd ever believed possible. Her story will bring tears to your eyes, but hope to your heart, serving as a reminder that we are all in His Hands.

A black mother expresses the many hopes and dreams she has for her child in this powerful picture book masterpiece that's perfect for gift-giving. When you are a newborn, I hold your hand and study your face. I cradle you as you drift to sleep. But I know that I will not always hold your hand; not the older you get. Then, I will hold you in my heart And hope that God holds you in his hands.

This extraordinary memoir offers a glimpse into a life spent between the operating room and the bedside, the mortuary and the doctors' mess, telling powerful truths about today's NHS frontline.

'I am a junior doctor. It is 4 a.m. I have run arrest calls, treated life-threatening bleeding, held the hand of a young woman dying of cancer, scuttled down miles of dim corridors wanting to sob with sheer exhaustion, forgotten to eat, forgotten to drink, drawn on every fibre of strength that I possess to keep my patients safe from harm.' How does it feel to be spat out of medical school into a world of pain, loss and trauma that you feel wholly ill-equipped to handle? To be a medical novice who makes decisions which - if you get them wrong - might forever alter, or end, a person's life? To toughen up the hard way, through repeated exposure to life-and-death situations, until you are finally a match for them? In this heartfelt, deeply personal account of life as a junior doctor in today's health service, former television journalist turned doctor, Rachel Clarke, captures the extraordinary realities of ordinary life on the NHS front line. From the historic junior doctor strikes of 2016 to the 'humanitarian crisis' declared by the Red Cross, the overstretched health service is on the precipice, calling for junior doctors to draw on extraordinary reserves of what compelled them into medicine in the first place - and the value the NHS can least afford to lose - kindness. Your Life in My Hands is at once a powerful polemic on the systematic degradation of Britain's most vital public institution, and a love letter of optimism and hope to that same health service and those who support it. This extraordinary memoir offers a glimpse into a life spent between the operating room and the bedside, the mortuary and the doctors' mess, telling powerful truths about today's NHS frontline, and capturing with tenderness and humanity the highs and lows of a new doctor's first steps onto the wards in the context of a health service at breaking point - and what it means to be entrusted with carrying another's life in your hands. 'Eloquent and moving' - Henry Marsh 'There have been many books written by young doctors... but none comes close to Clarke's' - Sunday Times 'From the very heart of the NHS comes this brilliant insight into the continuing crisis in the health service. Rachel Clarke writes as the accomplished journalist she once was and as the leading junior doctor she now is - writing with humanity and compassion that at times reduced me to tears.' - Jon Snow, Channel 4 News 'Dr Clarke has written a blockbuster, a page-turner, a tear-jerker. This is a "from-the-heart" front-line account of the human cost of the wanton erosion of a magnificent ideal - healthcare free at the point of need, funded through public taxation, available to all - made real in the UK for near 70 years. It is a love-song for the wonderful National Health Service that has embodied - to an extent equalled nowhere in the world - the principle that healthcare is not a commodity but a great duty of state.' - Prof. Neena Modi, President of the Royal College of Paediatrics and Child Health 'A powerful account of life on the NHS frontline. If only Theresa May and Jeremy Hunt could see the passion behind the people in the NHS, they might stop treating them as the enemy, and understand that without them we don't have an NHS worth the name.' - Alastair Campbell

One out of nine women in the United States will develop breast cancer in her lifetime. In fact, it is the second leading cause of cancer death for women (after lung cancer) and the leading overall cause of death in women between the ages of forty and fifty-five. For too long women have erroneously believed that there is little or nothing they can do to prevent this dread illness. Our major medical efforts are directed toward detecting and treating, rather than preventing, breast cancer. Professor Jane Plant, one of Britain's most eminent scientists, contracted breast cancer in 1987. She had five recurrences, and, by 1993, the cancer had spread to her lymph system. When orthodox medicine gave up and she was told that she only had three months to live, she determined to use her extensive scientific training and her knowledge of other cultures to find a way to survive. In her research, she was startled to find that in China breast cancer affects far fewer women than in Western countries. Plant considered that there could be a dietary trigger for the illness. As she continued her scientific investigations, she became convinced that there was a causal link between consumption of dairy products and breast cancer. Jane Plant finally defeated her breast cancer, in part because she used her training and knowledge as a natural scientist to understand it-- and then overcome it. Combining the diet her research had led to with traditional medical treatment, Professor Plant was not only able to triumph over her own disease but also to pass on what she had discovered to help more than sixty other women successfully fight their breast cancer. In this book, women will be presented for the first time with a compelling body of evidence strongly suggesting that consumption of dairy products may cause breast cancer. It will demonstrate the specific changes that women can make in their day-to-day lives to help prevent and treat breast cancer. With a clear statement of the scientific principles behind her discovery, Professor Plant includes detailed suggestions for ways to alter your diet by eliminating or reducing consumption of many suspected cancer-causing agents, especially dairy products, and replacing them with healthful alternatives. She offers as well detailed menus and recipes to help you make the transition and enjoy it. Your Life in Your Hands is a revolutionary book that will change the lives of millions of women.

Palermo, Sicily, 1978. The Christian Democrat leader Aldo Moro has just been kidnapped in Rome by members of the notorious Red Brigades. Two months after his disappearance on 9th May, Moro is found dead in the boot of a car. A trio

of eleven-year-old schoolboys, Nimbo, Raggio, and Volo, avidly follow the news of the abduction as their admiration for the brigatisti grows. When the boys themselves resolve to abduct a classmate and incarcerate him in a makeshift 'people's prison', the darkness within their world, and the world of the novel, becomes all-pervasive. A vivid and hellish description of Sicily in the late seventies, *Time on my Hands* is an unforgettable novel from a significant new voice in Italian fiction.

Children of all ages are invited to a bright and colorful multicultural celebration with *We've Got the Whole World in Our Hands!*

"*I Held the Sun in My Hands*" is the story of a young girl raised in a traditional Jewish family in Hungary prior to and during WWII. When Germany occupied Hungary on March 19th, 1944, Erika Jacoby was deported to Auschwitz, together with her mother. She was among the youngest that escaped the selection of Dr. Mengele and together with her mother, who was among the oldest, she endured and outlasted the atrocities and deprivations of the Nazi persecutors. In her book she describes how the teachings and values that she absorbed and incorporated into her life in her home helped her survive Auschwitz and the other concentration camps. She writes movingly about her painful disappointments in the behavior of her fellow human beings, while never losing her faith in God. This unshakable trust in the divine personal protection inspired others as well not to give up hope. In her memoir we witness how this young girl took upon herself the enormous responsibility for her mother's survival, and the impact of that on their relationship after the war and, indeed, throughout their lives. The author, a clinical social worker, examines this relationship with much insight and compassion. This book is a remarkable account of one person's resiliency, ability to cope with adversity and survive not only physically but also spiritually.

"Lyrical and down-to-earth, wry and heartbreaking, *This Life Is in Your Hands* is a fascinating and powerful memoir. Melissa Coleman doesn't just tell the story of her family's brave experiment and private tragedy; she brings to life an important and underappreciated chapter of our recent history." —Tom Perrotta In a work of power and beauty reminiscent of Tobias Wolff, Jeannette Walls, and Dave Eggers, Melissa Coleman delivers a luminous, evocative childhood memoir exploring the hope and struggle behind her family's search for a sustainable lifestyle. With echoes of *The Liars' Club* and *Don't Let's Go to the Dogs Tonight*, Coleman's searing chronicle tells the true story of her upbringing on communes and sustainable farms along the rugged Maine coastline in the 1970's, embedded within a moving, personal quest for truth that her experiences produced.

Struggling newspaper-editor Hissam is finding it harder and harder to pretend that believing in your work is just as satisfying as landing a big promotion. His old college friend Kaiser has fared considerably better as one of the city's wealthiest property developers, who also happens to be married to the woman of Hissam's dreams. Hissam's chance to strike it big presents itself in the form of a military-backed Emergency that upends the country's social order. Choosing to back different sides, Hissam and Kaiser find themselves trading places in a way that changes their relationship, and their lives, forever. This richly satirical novel heralds a major new voice from Bangladesh.

A Publishers Weekly Best Book of 2019 Why do we make things by hand? And why do we make them beautiful? Led by the question of why working with our hands remains vital and valuable in the modern world, author and maker Melanie Falick went on a transformative, inspiring journey. Traveling across continents, she met quilters and potters, weavers and painters, metalsmiths, printmakers, woodworkers, and more, and uncovered truths that have been speaking to us for millennia yet feel urgently relevant today: We make in order to slow down. To connect with others. To express ideas and emotions, feel competent, create something tangible and long-lasting. And to feed the soul. In revealing stories and gorgeous original photographs, *Making a Life* captures all the joy of making and the power it has to give our lives authenticity and meaning.

This extraordinary memoir offers a glimpse into a life spent between the operating room and the bedside, the mortuary and the doctors' mess, telling powerful truths about today's NHS UK frontline. 'I am a junior doctor. It is 4 a.m. I have run arrest calls, treated life threatening bleeding, held the hand of a young woman dying of cancer, scuttled down miles of dim corridors wanting to sob with sheer exhaustion, forgotten to eat, forgotten to drink, drawn on every fibre of strength that I possess to keep my patients safe from harm.' How does it feel to be spat out of medical school into a world of pain, loss and trauma that you feel wholly ill-equipped to handle? To be a medical novice who makes decisions which - if you get them wrong - might forever alter, or end, a person's life? In *Your Life in My Hands*, television journalist turned junior doctor Rachel Clarke captures the extraordinary realities of life on the NHS frontline. During 2016's historic junior doctor strikes, Rachel was at the forefront of the campaign against the government's imposed contract upon young doctors. Her heartfelt, deeply personal account of life as a junior doctor in today's NHS is both a powerful polemic on the degradation of Britain's most vital public institution and a love letter of optimism and hope to that same health service.

[Copyright: 6791eb24d0e9b0d88bd4181047022bb8](https://www.amazon.com/dp/B0791eb24d0e9b0d88bd4181047022bb8)